

LEVERS et COUCHERS SOLEIL - LUNE TOUL 2025

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:27	16:53	10:07	18:19	
J 2	08:27	16:54	10:35	19:42	
V 3	08:26	16:55	10:56	21:04	
S 4	08:26	16:56	11:14	22:24	
D 5	08:26	16:57	11:30	23:45	
L 6	08:26	16:58	11:45		
M 7	08:25	16:59	12:01	01:06	
M 8	08:25	17:00	12:20	02:28	
J 9	08:25	17:02	12:44	03:53	
V 10	08:24	17:03	13:17	05:18	
S 11	08:24	17:04	14:02	06:38	
D 12	08:23	17:05	15:02	07:46	
L 13	08:23	17:07	16:14	08:37	
M 14	08:22	17:08	17:33	09:15	
M 15	08:21	17:10	18:50	09:42	
J 16	08:20	17:11	20:05	10:02	
V 17	08:20	17:12	21:17	10:17	
S 18	08:19	17:14	22:25	10:31	
D 19	08:18	17:15	23:33	10:43	
L 20	08:17	17:17		10:55	
M 21	08:16	17:18	00:40	11:09	
M 22	08:15	17:20	01:49	11:25	
J 23	08:14	17:21	02:59	11:45	
V 24	08:13	17:23	04:11	12:10	
S 25	08:12	17:25	05:22	12:46	
D 26	08:11	17:26	06:26	13:36	
L 27	08:10	17:28	07:22	14:39	
M 28	08:08	17:29	08:04	15:56	
M 29	08:07	17:31	08:36	17:19	
J 30	08:06	17:33	09:00	18:44	
V 31	08:05	17:34	09:19	20:08	

● Premier Quartier le 07
 ○ Pleine Lune le 13
 ● Dernier Quartier le 21
 ● Nouvelle Lune le 29

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	08:03	17:36	09:36	21:31	
D 2	08:02	17:37	09:51	22:54	
L 3	08:00	17:39	10:07		
M 4	07:59	17:41	10:25	00:17	
M 5	07:58	17:42	10:47	01:42	
J 6	07:56	17:44	11:17	03:06	
V 7	07:54	17:46	11:57	04:27	
S 8	07:53	17:47	12:50	05:38	
D 9	07:51	17:49	13:57	06:33	
L 10	07:50	17:50	15:13	07:15	
M 11	07:48	17:52	16:30	07:44	
M 12	07:46	17:54	17:47	08:06	
J 13	07:45	17:55	19:00	08:23	
V 14	07:43	17:57	20:09	08:37	
S 15	07:41	17:59	21:18	08:49	
D 16	07:40	18:00	22:25	09:02	
L 17	07:38	18:02	23:34	09:15	
M 18	07:36	18:03		09:29	
M 19	07:34	18:05	00:43	09:47	
J 20	07:32	18:07	01:54	10:09	
V 21	07:31	18:08	03:04	10:40	
S 22	07:29	18:10	04:11	11:22	
D 23	07:27	18:12	05:10	12:18	
L 24	07:25	18:13	05:57	13:28	
M 25	07:23	18:15	06:33	14:48	
M 26	07:21	18:16	07:01	16:13	
J 27	07:19	18:18	07:22	17:40	
V 28	07:17	18:19	07:40	19:05	

● Premier Quartier le 05
 ○ Pleine Lune le 12
 ● Dernier Quartier le 20
 ● Nouvelle Lune le 28

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:15	18:21	07:56	20:31	
D 2	07:13	18:23	08:12	21:57	
L 3	07:11	18:24	08:30	23:25	
M 4	07:09	18:26	08:51		
M 5	07:07	18:27	09:19	00:52	
J 6	07:05	18:29	09:55	02:16	
V 7	07:03	18:30	10:45	03:32	
S 8	07:01	18:32	11:48	04:31	
D 9	06:59	18:33	13:01	05:16	
L 10	06:57	18:35	14:17	05:49	
M 11	06:55	18:37	15:33	06:12	
M 12	06:53	18:38	16:46	06:29	
J 13	06:51	18:40	17:56	06:44	
V 14	06:49	18:41	19:05	06:57	
S 15	06:47	18:43	20:12	07:09	
D 16	06:45	18:44	21:20	07:22	
L 17	06:43	18:46	22:29	07:36	
M 18	06:41	18:47	23:40	07:52	
M 19	06:38	18:49		08:12	
J 20	06:36	18:50	00:50	08:39	
V 21	06:34	18:52	01:58	09:15	
S 22	06:32	18:53	02:59	10:04	
D 23	06:30	18:55	03:50	11:07	
L 24	06:28	18:56	04:30	12:21	
M 25	06:26	18:58	05:00	13:42	
M 26	06:24	18:59	05:24	15:07	
J 27	06:22	19:01	05:43	16:32	
V 28	06:20	19:02	05:59	17:58	
S 29	06:18	19:04	06:15	19:25	
D 30	07:15	20:05	07:33	21:55	
L 31	07:13	20:07	07:53	23:26	

● Premier Quartier le 06
 ○ Pleine Lune le 14
 ● Dernier Quartier le 22
 ● Nouvelle Lune le 29

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:11	20:08	08:18		
M 2	07:09	20:10	08:52	00:55	
J 3	07:07	20:11	09:38	02:17	
V 4	07:05	20:13	10:38	03:26	
S 5	07:03	20:14	11:50	04:16	
D 6	07:01	20:16	13:06	04:52	
L 7	06:59	20:17	14:22	05:18	
M 8	06:57	20:18	15:36	05:37	
M 9	06:55	20:20	16:46	05:53	
J 10	06:53	20:21	17:55	06:05	
V 11	06:51	20:23	19:02	06:18	
S 12	06:49	20:24	20:09	06:30	
D 13	06:47	20:26	21:18	06:43	
L 14	06:45	20:27	22:28	06:58	
M 15	06:43	20:29	23:39	07:17	
M 16	06:41	20:30		07:42	
J 17	06:39	20:32	00:47	08:14	
V 18	06:37	20:33	01:51	08:59	
S 19	06:35	20:35	02:45	09:56	
D 20	06:33	20:36	03:28	11:04	
L 21	06:31	20:38	04:00	12:20	
M 22	06:29	20:39	04:25	13:41	
M 23	06:28	20:41	04:45	15:03	
J 24	06:26	20:42	05:03	16:26	
V 25	06:24	20:44	05:19	17:51	
S 26	06:22	20:45	05:35	19:18	
D 27	06:20	20:47	05:53	20:49	
L 28	06:19	20:48	06:16	22:22	
M 29	06:17	20:50	06:46	23:51	
M 30	06:15	20:51	07:28		

● Premier Quartier le 05
 ○ Pleine Lune le 13
 ● Dernier Quartier le 21
 ● Nouvelle Lune le 27

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:13	20:52	08:23	01:09	
V 2	06:12	20:54	09:34	02:09	
S 3	06:10	20:55	10:51	02:51	
D 4	06:09	20:57	12:10	03:21	
L 5	06:07	20:58	13:26	03:43	
M 6	06:05	21:00	14:37	04:00	
M 7	06:04	21:01	15:46	04:13	
J 8	06:02	21:03	16:53	04:26	
V 9	06:01	21:04	18:00	04:38	
S 10	05:59	21:05	19:08	04:51	
D 11	05:58	21:07	20:17	05:06	
L 12	05:56	21:08	21:28	05:23	
M 13	05:55	21:09	22:37	05:46	
M 14	05:54	21:11	23:44	06:16	
J 15	05:52	21:12		06:57	
V 16	05:51	21:13	00:40	07:50	
S 17	05:50	21:15	01:27	08:55	
D 18	05:49	21:16	02:02	10:08	
L 19	05:47	21:17	02:28	11:26	
M 20	05:46	21:19	02:49	12:44	
M 21	05:45	21:20	03:07	14:04	
J 22	05:44	21:21	03:23	15:25	
V 23	05:43	21:22	03:39	16:48	
S 24	05:42	21:24	03:55	18:15	
D 25	05:41	21:25	04:15	19:46	
L 26	05:40	21:26	04:41	21:17	
M 27	05:39	21:27	05:16	22:42	
M 28	05:38	21:28	06:06	23:52	
J 29	05:38	21:29	07:11		
V 30	05:37	21:30	08:28	00:44	
S 31	05:36	21:31	09:50	01:20	

● Premier Quartier le 04
 ○ Pleine Lune le 12
 ● Dernier Quartier le 20
 ● Nouvelle Lune le 27

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	05:35	21:32	11:09	01:46	
L 2	05:35	21:33	12:23	02:04	
M 3	05:34	21:34	13:35	02:19	
M 4	05:34	21:35	14:43	02:33	
J 5	05:33	21:36	15:50	02:45	
V 6	05:33	21:37	16:57	02:58	
S 7	05:32	21:37	18:06	03:12	
D 8	05:32	21:38	19:17	03:29	
L 9	05:32	21:39	20:27	03:50	
M 10	05:31	21:40	21:35	04:17	
M 11	05:31	21:40	22:35	04:55	
J 12	05:31	21:41	23:25	05:45	
V 13	05:31	21:41		06:47	
S 14	05:31	21:42	00:03	07:59	
D 15	05:31	21:42	00:32	09:16	
L 16	05:31	21:43	00:55	10:33	
M 17	05:31	21:43	01:13	11:52	
M 18	05:31	21:44	01:29	13:10	
J 19	05:31	21:44	01:44	14:30	
V 20	05:31	21:44	01:59	15:52	
S 21	05:31	21:44	02:17	17:18	
D 22	05:31	21:45	02:39	18:47	
L 23	05:32	21:45	03:10	20:14	
M 24	05:32	21:45	03:51	21:31	
M 25	05:32	21:45	04:49	22:31	
J 26	05:33	21:45	06:02	23:15	
V 27	05:33	21:45	07:23	23:45	
S 28	05:34	21:45	08:45		
D 29	05:34	21:45	10:04	00:07	
L 30	05:35	21:44	11:18	00:24	

● Premier Quartier le 03
 ○ Pleine Lune le 11
 ● Dernier Quartier le 18
 ● Nouvelle Lune le 25

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	05:36	21:44	12:28	00:38	
M 2	05:36	21:44	13:37	00:51	
J 3	05:37	21:43	14:45	01:04	
V 4	05:3				