

LEVERS et COUCHERS SOLEIL - LUNE SAINTE-MENEHOULD 2025

par www.calendriergratuit.fr

JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:32	16:55	10:13	18:21	
J 2	08:32	16:56	10:40	19:44	
V 3	08:32	16:57	11:02	21:07	
S 4	08:32	16:58	11:19	22:28	
D 5	08:32	16:59	11:34	23:49	
L 6	08:31	17:00	11:49		
M 7	08:31	17:02	12:04	01:11	
M 8	08:31	17:03	12:23	02:33	
V 9	08:30	17:04	12:47	03:59	
V 10	08:30	17:05	13:19	05:25	
S 11	08:29	17:07	14:04	06:44	
D 12	08:29	17:08	15:04	07:53	
L 13	08:28	17:09	16:16	08:44	
M 14	08:27	17:11	17:35	09:21	
M 15	08:27	17:12	18:53	09:47	
V 16	08:26	17:14	20:09	10:07	
V 17	08:25	17:15	21:21	10:22	
S 18	08:24	17:16	22:30	10:35	
D 19	08:23	17:18	23:38	10:47	
L 20	08:22	17:19		10:59	
M 21	08:22	17:21	00:45	11:12	
M 22	08:20	17:23	01:54	11:28	
J 23	08:19	17:24	03:05	11:47	
V 24	08:18	17:26	04:17	12:12	
S 25	08:17	17:27	05:28	12:48	
D 26	08:16	17:29	06:33	13:37	
L 27	08:15	17:30	07:28	14:41	
M 28	08:14	17:32	08:10	15:58	
M 29	08:12	17:34	08:41	17:22	
V 30	08:11	17:35	09:05	18:47	
J 31	08:10	17:37	09:24	20:12	
● Premier Quartier le 07 ○ Pleine Lune le 13 ● Dernier Quartier le 21 ● Nouvelle Lune le 29					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	08:08	17:39	09:40	21:36	
D 2	08:07	17:40	09:55	22:58	
L 3	08:05	17:42	10:10		
M 4	08:04	17:44	10:28	00:22	
M 5	08:03	17:45	10:50	01:48	
J 6	08:01	17:47	11:19	03:13	
V 7	07:59	17:49	11:59	04:33	
S 8	07:58	17:50	12:52	05:44	
D 9	07:56	17:52	13:59	06:40	
L 10	07:55	17:54	15:15	07:21	
M 11	07:53	17:55	16:33	07:50	
M 12	07:51	17:57	17:50	08:11	
J 13	07:50	17:59	19:03	08:27	
V 14	07:48	18:00	20:13	08:41	
S 15	07:46	18:02	21:22	08:53	
D 16	07:44	18:03	22:30	09:05	
L 17	07:43	18:05	23:39	09:18	
M 18	07:41	18:07		09:32	
M 19	07:39	18:08	00:48	09:49	
J 20	07:37	18:10	02:00	10:11	
V 21	07:35	18:12	03:11	10:41	
S 22	07:33	18:13	04:18	11:23	
D 23	07:31	18:15	05:17	12:19	
L 24	07:30	18:17	06:04	13:30	
M 25	07:28	18:18	06:39	14:51	
M 26	07:26	18:20	07:06	16:16	
J 27	07:24	18:21	07:27	17:43	
V 28	07:22	18:23	07:45	19:09	
○ Premier Quartier le 05 ○ Pleine Lune le 12 ● Dernier Quartier le 20 ● Nouvelle Lune le 28					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:20	18:25	08:00	20:35	
D 2	07:18	18:26	08:16	22:02	
L 3	07:16	18:28	08:33	23:30	
M 4	07:14	18:29	08:54		
M 5	07:12	18:31	09:21	00:58	
J 6	07:10	18:33	09:57	02:23	
V 7	07:08	18:34	10:46	03:38	
S 8	07:06	18:36	11:50	04:38	
D 9	07:03	18:37	13:03	05:23	
L 10	07:01	18:39	14:19	05:54	
M 11	06:59	18:40	15:36	06:17	
M 12	06:57	18:42	16:49	06:34	
J 13	06:55	18:43	18:00	06:49	
V 14	06:53	18:45	19:09	07:01	
S 15	06:51	18:47	20:17	07:13	
D 16	06:49	18:48	21:25	07:25	
L 17	06:47	18:50	22:35	07:39	
M 18	06:45	18:51	23:46	07:54	
M 19	06:42	18:53		08:14	
J 20	06:40	18:54	00:56	08:40	
V 21	06:38	18:56	02:05	09:17	
S 22	06:36	18:57	03:06	10:06	
D 23	06:34	18:59	03:57	11:09	
L 24	06:32	19:00	04:36	12:23	
M 25	06:30	19:02	05:06	13:45	
M 26	06:28	19:03	05:29	15:10	
J 27	06:25	19:05	05:48	16:35	
V 28	06:23	19:06	06:04	18:02	
S 29	06:21	19:08	06:19	19:30	
D 30	07:19	20:09	07:36	22:00	
L 31	07:17	20:11	07:56	23:32	
○ Premier Quartier le 06 ○ Pleine Lune le 14 ● Dernier Quartier le 22 ● Nouvelle Lune le 29					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:15	20:12	08:20		
M 2	07:13	20:14	08:54	01:02	
J 3	07:11	20:15	09:40	02:24	
V 4	07:09	20:17	10:40	03:33	
S 5	07:07	20:18	11:52	04:23	
D 6	07:04	20:20	13:09	04:58	
L 7	07:02	20:22	14:25	05:24	
M 8	07:00	20:23	15:39	05:43	
M 9	06:58	20:25	16:50	05:57	
J 10	06:56	20:26	17:59	06:10	
V 11	06:54	20:28	19:07	06:21	
S 12	06:52	20:29	20:14	06:33	
D 13	06:50	20:31	21:23	06:46	
L 14	06:48	20:32	22:33	07:01	
M 15	06:46	20:34	23:45	07:20	
M 16	06:44	20:35		07:44	
J 17	06:42	20:37	00:54	08:16	
V 18	06:40	20:38	01:58	09:00	
S 19	06:38	20:40	02:52	09:57	
D 20	06:36	20:41	03:34	11:06	
L 21	06:34	20:43	04:06	12:22	
M 22	06:33	20:44	04:31	13:44	
M 23	06:31	20:46	04:50	15:06	
J 24	06:29	20:47	05:07	16:29	
V 25	06:27	20:49	05:23	17:55	
S 26	06:25	20:50	05:39	19:23	
D 27	06:23	20:52	05:56	20:55	
L 28	06:22	20:53	06:18	22:28	
M 29	06:20	20:55	06:48	23:58	
M 30	06:18	20:56	07:29		
● Premier Quartier le 05 ○ Pleine Lune le 13 ● Dernier Quartier le 21 ● Nouvelle Lune le 27					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:16	20:58	08:25	01:16	
V 2	06:15	20:59	09:36	02:15	
S 3	06:13	21:01	10:53	02:58	
D 4	06:11	21:02	12:12	03:27	
L 5	06:10	21:03	13:29	03:48	
M 6	06:08	21:05	14:40	04:04	
M 7	06:07	21:06	15:50	04:18	
J 8	06:05	21:08	16:57	04:30	
V 9	06:03	21:09	18:05	04:42	
S 10	06:02	21:11	19:13	04:54	
D 11	06:00	21:12	20:23	05:09	
L 12	05:59	21:13	21:34	05:26	
M 13	05:58	21:15	22:44	05:48	
M 14	05:56	21:16	23:50	06:18	
J 15	05:55	21:18		06:59	
V 16	05:54	21:19	00:47	07:52	
S 17	05:52	21:20	01:33	08:57	
D 18	05:51	21:22	02:08	10:10	
L 19	05:50	21:23	02:34	11:28	
M 20	05:49	21:24	02:55	12:47	
M 21	05:48	21:25	03:12	14:07	
J 22	05:46	21:27	03:27	15:29	
V 23	05:45	21:28	03:42	16:53	
S 24	05:44	21:29	03:59	18:20	
D 25	05:43	21:30	04:18	19:52	
L 26	05:42	21:32	04:43	21:24	
M 27	05:42	21:33	05:18	22:49	
M 28	05:41	21:34	06:07	23:59	
J 29	05:40	21:35	07:13		
V 30	05:39	21:36	08:30	00:50	
S 31	05:38	21:37	09:52	01:26	
● Premier Quartier le 04 ○ Pleine Lune le 12 ● Dernier Quartier le 20 ● Nouvelle Lune le 27					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	05:38	21:38	11:12	01:51	
L 2	05:37	21:39	12:27	02:09	
M 3	05:36	21:40	13:39	02:24	
M 4	05:36	21:41	14:47	02:37	
J 5	05:35	21:42	15:55	02:49	
V 6	05:35	21:42	17:03	03:01	
S 7	05:34	21:43	18:12	03:15	
D 8	05:34	21:44	19:23	03:32	
L 9	05:34	21:45	20:33	03:52	
M 10	05:33	21:45	21:41	04:19	
M 11	05:33	21:46	22:42	04:57	
J 12	05:33	21:47	23:32	05:47	
V 13	05:33	21:47		06:49	
S 14	05:33	21:48	00:09	08:01	
D 15	05:33	21:48	00:38	09:18	
L 16	05:33	21:49	01:00	10:36	
M 17	05:33	21:49	01:18	11:55	
M 18	05:33	21:50	01:33	13:14	
J 19	05:33	21:50	01:48	14:34	
V 20	05:33	21:50	02:03	15:57	
S 21	05:33	21:50	02:20	17:24	
D 22	05:33	21:51	02:42	18:53	
L 23	05:34	21:51	03:12	20:21	
M 24	05:34	21:51	03:53	21:38	
M 25	05:35	21:51	04:50	22:38	
J 26	05:35	21:51	06:04	23:51	
V 27	05:35	21:51	07:26	23:21	
S 28	05:36	21:51	08:48		
D 29	05:36	21:50	10:07	00:12	
L 30	05:37	21:50	11:22	00:29	
● Premier Quartier le 03 ○ Pleine Lune le 11 ● Dernier Quartier le 18 ● Nouvelle Lune le 25					

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	05:38	21:50	12:33	00:43	
M 2	05:38	21:50	13:42	00:55	
J 3	05:39	21:49	14:50	01:07	
V 4	05:40	21:49	15:59	01:21	
S 5	05:41	21:49	17:09	01:36	
D 6	05:41	21:48	18:20	01:55	
L 7	05:42	21:48	19:30	02:19	
M 8	05:43	21:47	20:33	02:53	
M 9	05:44	21:46	21:28	03:39	
J 10	05:45	21:46	22:09	04:37	
V 11	05:46	21:45	22:41	05:48	
S 12	05:47	21:44	23:05	07:05	
D 13	05:48	21:44	23:24	08:25	
L 14	05:49	21:43	23:40	09:45	
M 15	05:50	21:42	23:55	11:04	
M 16	05:51	21:41		12:23	
J 17	05:52	21:40	00:09	13:44	
V 18	05:53	21:39	00:25	15:08	
S 19	05:55	21:38	00:45	16:34	
D 20	05:56	21:37	01:11	18:00	
L 21					