

LEVERS et COUCHERS SOLEIL - LUNE SAINT-OMER 2025

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:50	16:58	10:33	18:24	
J 2	08:50	16:59	10:58	19:49	
V 3	08:50	17:00	11:17	21:14	
S 4	08:50	17:01	11:32	22:38	
D 5	08:49	17:03	11:45		
L 6	08:49	17:04	11:58	00:01	
M 7	08:49	17:05	12:12	01:24	
M 8	08:48	17:06	12:28	02:49	
V 9	08:48	17:08	12:50	04:17	
V 10	08:47	17:09	13:20	05:45	
S 11	08:47	17:10	14:03	07:07	
D 12	08:46	17:12	15:03	08:15	
L 13	08:45	17:13	16:16	09:06	
M 14	08:45	17:15	17:38	09:41	
M 15	08:44	17:16	18:58	10:05	
J 16	08:43	17:18	20:16	10:22	
V 17	08:42	17:19	21:30	10:35	
S 18	08:41	17:21	22:40	10:47	
D 19	08:40	17:22	23:50	10:57	
L 20	08:39	17:24		11:08	
M 21	08:38	17:26	00:59	11:19	
M 22	08:37	17:27	02:10	11:33	
J 23	08:36	17:29	03:23	11:50	
V 24	08:35	17:31	04:37	12:13	
S 25	08:33	17:32	05:50	12:47	
D 26	08:32	17:34	06:56	13:36	
L 27	08:31	17:36	07:51	14:40	
M 28	08:30	17:37	08:31	15:59	
M 29	08:28	17:39	09:00	17:26	
J 30	08:27	17:41	09:22	18:53	
V 31	08:25	17:43	09:38	20:20	
● Premier Quartier le 07 ○ Pleine Lune le 13 ● Dernier Quartier le 21 ● Nouvelle Lune le 29					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	08:24	17:44	09:52	21:46	
D 2	08:22	17:46	10:05	23:12	
L 3	08:21	17:48	10:18		
M 4	08:19	17:50	10:34	00:37	
M 5	08:18	17:51	10:54	02:05	
J 6	08:16	17:53	11:21	03:33	
V 7	08:14	17:55	11:58	04:55	
S 8	08:13	17:57	12:51	06:07	
D 9	08:11	17:58	13:59	07:02	
L 10	08:09	18:00	15:17	07:41	
M 11	08:07	18:02	16:37	08:08	
M 12	08:06	18:04	17:56	08:27	
J 13	08:04	18:06	19:11	08:42	
V 14	08:02	18:07	20:23	08:54	
S 15	08:00	18:09	21:34	09:04	
D 16	07:58	18:11	22:44	09:15	
L 17	07:56	18:13	23:54	09:25	
M 18	07:54	18:14		09:38	
M 19	07:52	18:16	01:06	09:53	
J 20	07:51	18:18	02:19	10:13	
V 21	07:49	18:20	03:33	10:42	
S 22	07:47	18:21	04:41	11:23	
D 23	07:45	18:23	05:40	12:18	
L 24	07:43	18:25	06:26	13:31	
M 25	07:40	18:26	06:59	14:53	
M 26	07:38	18:28	07:24	16:21	
J 27	07:36	18:30	07:42	17:51	
V 28	07:34	18:32	07:57	19:19	
● Premier Quartier le 05 ○ Pleine Lune le 12 ● Dernier Quartier le 20 ● Nouvelle Lune le 28					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:32	18:33	08:11	20:47	
D 2	07:30	18:35	08:24	22:16	
L 3	07:28	18:37	08:40	23:47	
M 4	07:26	18:38	08:58		
M 5	07:24	18:40	09:23	01:18	
J 6	07:22	18:42	09:57	02:45	
V 7	07:19	18:44	10:45	04:01	
S 8	07:17	18:45	11:49	05:01	
D 9	07:15	18:47	13:04	05:44	
L 10	07:13	18:49	14:22	06:13	
M 11	07:11	18:50	15:41	06:34	
M 12	07:08	18:52	16:57	06:50	
J 13	07:06	18:54	18:09	07:02	
V 14	07:04	18:55	19:20	07:13	
S 15	07:02	18:57	20:30	07:23	
D 16	07:00	18:59	21:40	07:33	
L 17	06:57	19:00	22:51	07:45	
M 18	06:55	19:02		07:59	
M 19	06:53	19:03	00:04	08:17	
J 20	06:51	19:05	01:17	08:41	
V 21	06:48	19:07	02:27	09:16	
S 22	06:46	19:08	03:30	10:04	
D 23	06:44	19:10	04:19	11:08	
L 24	06:42	19:12	04:57	12:24	
M 25	06:40	19:13	05:25	13:49	
M 26	06:37	19:15	05:45	15:16	
J 27	06:35	19:17	06:01	16:44	
V 28	06:33	19:18	06:16	18:13	
S 29	06:31	19:20	06:29	19:43	
D 30	07:28	20:21	06:44	22:15	
L 31	07:26	20:23	08:01	23:50	
● Premier Quartier le 06 ○ Pleine Lune le 14 ● Dernier Quartier le 22 ● Nouvelle Lune le 29					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:24	20:25	08:23		
J 2	07:22	20:26	08:55	01:23	
V 3	07:20	20:28	09:39	02:47	
S 4	07:17	20:30	10:39	03:55	
D 5	07:15	20:31	11:52	04:44	
L 6	07:13	20:33	13:11	05:18	
M 7	07:11	20:34	14:30	05:41	
M 8	07:09	20:36	15:46	05:58	
J 9	07:06	20:38	16:59	06:11	
V 10	07:04	20:39	18:09	06:22	
S 11	07:02	20:41	19:19	06:32	
D 12	07:00	20:42	20:28	06:42	
L 13	06:58	20:44	21:40	06:53	
M 14	06:56	20:46	22:52	07:06	
M 15	06:54	20:47		07:23	
J 16	06:51	20:49	00:05	07:45	
V 17	06:49	20:51	01:16	08:16	
S 18	06:47	20:52	02:20	08:59	
D 19	06:45	20:54	03:15	09:56	
L 20	06:43	20:55	03:56	11:07	
M 21	06:41	20:57	04:26	12:25	
M 22	06:39	20:59	04:48	13:49	
J 23	06:37	21:00	05:06	15:14	
V 24	06:35	21:02	05:20	16:39	
S 25	06:33	21:04	05:34	18:07	
D 26	06:31	21:05	05:48	19:38	
L 27	06:29	21:07	06:03	21:12	
M 28	06:28	21:08	06:23	22:47	
M 29	06:26	21:10	06:50		
J 30	06:24	21:12	07:29	00:19	
● Premier Quartier le 05 ○ Pleine Lune le 13 ● Dernier Quartier le 21 ● Nouvelle Lune le 27					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:22	21:13	08:24	01:39	
V 2	06:20	21:15	09:36	02:37	
S 3	06:18	21:16	10:55	03:18	
D 4	06:17	21:18	12:16	03:45	
L 5	06:15	21:19	13:35	04:04	
M 6	06:13	21:21	14:49	04:19	
M 7	06:11	21:23	16:00	04:30	
J 8	06:10	21:24	17:09	04:41	
V 9	06:08	21:26	18:18	04:51	
S 10	06:07	21:27	19:29	05:02	
D 11	06:05	21:29	20:40	05:14	
L 12	06:03	21:30	21:53	05:30	
M 13	06:02	21:32	23:06	05:50	
M 14	06:01	21:33		06:18	
J 15	05:59	21:35	00:13	06:58	
V 16	05:58	21:36	01:10	07:51	
S 17	05:56	21:38	01:55	08:57	
D 18	05:55	21:39	02:28	10:12	
L 19	05:54	21:40	02:52	11:33	
M 20	05:52	21:42	03:11	12:54	
M 21	05:51	21:43	03:26	14:16	
J 22	05:50	21:44	03:39	15:40	
V 23	05:49	21:46	03:52	17:06	
S 24	05:48	21:47	04:06	18:36	
D 25	05:47	21:48	04:23	20:09	
L 26	05:46	21:50	04:46	21:44	
M 27	05:45	21:51	05:19	23:11	
M 28	05:44	21:52	06:07		
J 29	05:43	21:53	07:12	00:22	
V 30	05:42	21:54	08:31	01:12	
S 31	05:41	21:55	09:55	01:45	
● Premier Quartier le 04 ○ Pleine Lune le 12 ● Dernier Quartier le 20 ● Nouvelle Lune le 27					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	05:40	21:56	11:17	02:08	
L 2	05:40	21:58	12:34	02:24	
M 3	05:39	21:59	13:48	02:37	
M 4	05:38	21:59	14:58	02:48	
J 5	05:38	22:00	16:08	02:59	
V 6	05:37	22:01	17:18	03:10	
S 7	05:37	22:02	18:28	03:22	
D 8	05:36	22:03	19:41	03:36	
L 9	05:36	22:04	20:54	03:55	
M 10	05:36	22:04	22:03	04:20	
M 11	05:35	22:05	23:05	04:56	
J 12	05:35	22:06	23:54	05:46	
V 13	05:35	22:06		06:49	
S 14	05:35	22:07	00:30	08:03	
D 15	05:35	22:07	00:57	09:22	
L 16	05:35	22:08	01:17	10:43	
M 17	05:35	22:08	01:32	12:04	
M 18	05:35	22:09	01:46	13:25	
J 19	05:35	22:09	01:58	14:47	
V 20	05:35	22:09	02:11	16:12	
S 21	05:35	22:10	02:27	17:41	
D 22	05:35	22:10	02:46	19:13	
L 23	05:36	22:10	03:14	20:41	
M 24	05:36	22:10	03:53	22:02	
M 25	05:37	22:10	04:50	23:00	
J 26	05:37	22:10	06:04	23:42	
V 27	05:37	22:10	07:28		
S 28	05:38	22:10	08:53	00:09	
D 29	05:39	22:10	10:14	00:28	
L 30	05:39	22:09	11:31	00:43	
● Premier Quartier le 03 ○ Pleine Lune le 11 ● Dernier Quartier le 18 ● Nouvelle Lune le 25					

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	05:40	22:09	12:43	00:55	
M 2	05:41	22:09	13:54	01:06	
J 3	05:41	22:08	15:04	01:16	
V 4	05:42	22:08	16:15	01:28	
S 5	05:43	22:07	17:27	01:41	
D 6	05:44	22:07	18:40	01:58	
L 7	05:45	22:06	19:51	02:21	
M 8	05:46	22:06	20:56	02:53	
M 9	05:47	22:05	21:50	03:38	
J 10	05:48	22:04	22:30	04:37	
V 11	05:49	22:04	23:00	05:49	
S 12	05:50	22:03	23:22	07:09	
D 13	05:51	22:02	23:39	08:30	
L 14	05:52	22:01	23:53	09:53	
M 15	05:53	22:00		11:14	
M 16	05:54	21:59	00:06	12:35	
J 17	05:55	21:58	00:18	13:58	
V 18	05:57	21:57	00:32	15:24	
S 19	05:58	21:56	00:50	16:53	
D 20	05:59	21:55	01:13	18:21	
L 21	0				