

LEVERS et COUCHERS SOLEIL - LUNE SAINT-GIRONS 2025

par www.calendriergratuit.fr

| JANVIER | | | | | |
|--------------------------|--------|-------|-------|-------|--|
| Dates | Soleil | | Lune | | |
| | L | C | L | C | |
| M 1 | 08:24 | 17:33 | 10:01 | 19:03 | |
| J 2 | 08:25 | 17:34 | 10:34 | 20:19 | |
| V 3 | 08:25 | 17:34 | 11:02 | 21:35 | |
| S 4 | 08:24 | 17:35 | 11:26 | 22:50 | |
| D 5 | 08:24 | 17:36 | 11:47 | | |
| L 6 | 08:24 | 17:37 | 12:08 | 00:04 | |
| M 7 | 08:24 | 17:38 | 12:29 | 01:19 | |
| M 8 | 08:24 | 17:39 | 12:55 | 02:35 | |
| V 9 | 08:24 | 17:41 | 13:26 | 03:53 | |
| J 10 | 08:23 | 17:42 | 14:04 | 05:12 | |
| S 11 | 08:23 | 17:43 | 14:53 | 06:27 | |
| D 12 | 08:23 | 17:44 | 15:54 | 07:34 | |
| L 13 | 08:22 | 17:45 | 17:03 | 08:27 | |
| M 14 | 08:22 | 17:46 | 18:16 | 09:10 | |
| M 15 | 08:21 | 17:47 | 19:28 | 09:42 | |
| J 16 | 08:21 | 17:49 | 20:37 | 10:07 | |
| V 17 | 08:20 | 17:50 | 21:43 | 10:28 | |
| S 18 | 08:20 | 17:51 | 22:47 | 10:46 | |
| D 19 | 08:19 | 17:52 | 23:49 | 11:04 | |
| L 20 | 08:19 | 17:53 | | 11:21 | |
| M 21 | 08:18 | 17:55 | 00:51 | 11:40 | |
| M 22 | 08:17 | 17:56 | 01:54 | 12:00 | |
| V 23 | 08:16 | 17:57 | 02:59 | 12:25 | |
| J 24 | 08:16 | 17:59 | 04:05 | 12:56 | |
| S 25 | 08:15 | 18:00 | 05:11 | 13:37 | |
| D 26 | 08:14 | 18:01 | 06:14 | 14:27 | |
| L 27 | 08:13 | 18:02 | 07:10 | 15:31 | |
| M 28 | 08:12 | 18:04 | 07:56 | 16:42 | |
| M 29 | 08:11 | 18:05 | 08:33 | 18:00 | |
| J 30 | 08:10 | 18:06 | 09:03 | 19:18 | |
| V 31 | 08:09 | 18:08 | 09:29 | 20:35 | |
| ● Premier Quartier le 07 | | | | | |
| ○ Pleine Lune le 13 | | | | | |
| ● Dernier Quartier le 21 | | | | | |
| ● Nouvelle Lune le 29 | | | | | |

| FÉVRIER | | | | | |
|--------------------------|--------|-------|-------|-------|--|
| Dates | Soleil | | Lune | | |
| | L | C | L | C | |
| S 1 | 08:08 | 18:09 | 09:51 | 21:52 | |
| D 2 | 08:07 | 18:10 | 10:12 | 23:09 | |
| L 3 | 08:06 | 18:10 | 10:34 | | |
| M 4 | 08:05 | 18:13 | 10:58 | 00:25 | |
| M 5 | 08:03 | 18:14 | 11:27 | 01:44 | |
| J 6 | 08:02 | 18:16 | 12:02 | 03:02 | |
| V 7 | 08:01 | 18:17 | 12:47 | 04:17 | |
| S 8 | 08:00 | 18:18 | 13:43 | 05:25 | |
| D 9 | 07:58 | 18:20 | 14:48 | 06:22 | |
| L 10 | 07:57 | 18:21 | 15:59 | 07:07 | |
| M 11 | 07:56 | 18:22 | 17:11 | 07:42 | |
| M 12 | 07:54 | 18:24 | 18:21 | 08:09 | |
| J 13 | 07:53 | 18:25 | 19:28 | 08:31 | |
| V 14 | 07:52 | 18:26 | 20:32 | 08:50 | |
| S 15 | 07:50 | 18:28 | 21:36 | 09:08 | |
| D 16 | 07:49 | 18:29 | 22:38 | 09:25 | |
| L 17 | 07:47 | 18:30 | 23:41 | 09:43 | |
| M 18 | 07:46 | 18:32 | | 10:02 | |
| M 19 | 07:45 | 18:33 | 00:45 | 10:25 | |
| J 20 | 07:43 | 18:34 | 01:50 | 10:53 | |
| V 21 | 07:41 | 18:35 | 02:56 | 11:29 | |
| S 22 | 07:40 | 18:37 | 03:59 | 12:14 | |
| D 23 | 07:38 | 18:38 | 04:57 | 13:10 | |
| L 24 | 07:37 | 18:39 | 05:47 | 14:17 | |
| M 25 | 07:35 | 18:41 | 06:28 | 15:33 | |
| M 26 | 07:34 | 18:42 | 07:01 | 16:51 | |
| J 27 | 07:32 | 18:43 | 07:29 | 18:10 | |
| V 28 | 07:30 | 18:44 | 07:53 | 19:30 | |
| ● Premier Quartier le 05 | | | | | |
| ○ Pleine Lune le 12 | | | | | |
| ● Dernier Quartier le 20 | | | | | |
| ● Nouvelle Lune le 28 | | | | | |

| MARS | | | | | |
|--------------------------|--------|-------|-------|-------|--|
| Dates | Soleil | | Lune | | |
| | L | C | L | C | |
| S 1 | 07:29 | 18:46 | 08:14 | 20:48 | |
| D 2 | 07:27 | 18:47 | 08:37 | 22:08 | |
| L 3 | 07:25 | 18:48 | 09:01 | 23:29 | |
| M 4 | 07:24 | 18:49 | 09:29 | | |
| M 5 | 07:22 | 18:50 | 10:02 | 00:49 | |
| J 6 | 07:20 | 18:52 | 10:44 | 02:08 | |
| V 7 | 07:19 | 18:53 | 11:37 | 03:19 | |
| S 8 | 07:17 | 18:54 | 12:39 | 04:19 | |
| D 9 | 07:15 | 18:55 | 13:48 | 05:07 | |
| L 10 | 07:14 | 18:57 | 14:59 | 05:44 | |
| M 11 | 07:12 | 18:58 | 16:09 | 06:13 | |
| M 12 | 07:10 | 18:59 | 17:17 | 06:36 | |
| J 13 | 07:08 | 19:00 | 18:21 | 06:56 | |
| V 14 | 07:07 | 19:01 | 19:25 | 07:14 | |
| S 15 | 07:05 | 19:03 | 20:27 | 07:31 | |
| D 16 | 07:03 | 19:04 | 21:30 | 07:48 | |
| L 17 | 07:01 | 19:05 | 22:33 | 08:07 | |
| M 18 | 07:00 | 19:06 | 23:38 | 08:28 | |
| M 19 | 06:58 | 19:07 | 08:54 | | |
| J 20 | 06:56 | 19:09 | 00:43 | 09:26 | |
| V 21 | 06:54 | 19:10 | 01:47 | 10:06 | |
| S 22 | 06:53 | 19:11 | 02:46 | 10:57 | |
| D 23 | 06:51 | 19:12 | 03:39 | 11:58 | |
| L 24 | 06:49 | 19:13 | 04:22 | 13:08 | |
| M 25 | 06:47 | 19:14 | 04:57 | 14:23 | |
| M 26 | 06:45 | 19:16 | 05:27 | 15:41 | |
| J 27 | 06:44 | 19:17 | 05:52 | 16:59 | |
| V 28 | 06:42 | 19:18 | 06:15 | 18:19 | |
| S 29 | 06:40 | 19:19 | 06:37 | 19:40 | |
| D 30 | 07:38 | 20:20 | 08:01 | 22:02 | |
| L 31 | 07:37 | 20:21 | 08:27 | 23:26 | |
| ● Premier Quartier le 06 | | | | | |
| ○ Pleine Lune le 14 | | | | | |
| ● Dernier Quartier le 22 | | | | | |
| ● Nouvelle Lune le 29 | | | | | |

| AVRIL | | | | | |
|--------------------------|--------|-------|-------|-------|--|
| Dates | Soleil | | Lune | | |
| | L | C | L | C | |
| M 1 | 07:35 | 20:23 | 08:59 | | |
| M 2 | 07:33 | 20:24 | 09:39 | 00:49 | |
| J 3 | 07:31 | 20:25 | 10:29 | 02:06 | |
| V 4 | 07:30 | 20:26 | 11:31 | 03:13 | |
| S 5 | 07:28 | 20:27 | 12:39 | 04:06 | |
| D 6 | 07:26 | 20:28 | 13:50 | 04:46 | |
| L 7 | 07:24 | 20:29 | 15:01 | 05:18 | |
| M 8 | 07:23 | 20:31 | 16:08 | 05:42 | |
| M 9 | 07:21 | 20:32 | 17:13 | 06:03 | |
| J 10 | 07:19 | 20:33 | 18:16 | 06:21 | |
| V 11 | 07:18 | 20:34 | 19:18 | 06:38 | |
| S 12 | 07:16 | 20:35 | 20:20 | 06:55 | |
| D 13 | 07:14 | 20:36 | 21:24 | 07:13 | |
| L 14 | 07:13 | 20:38 | 22:28 | 07:34 | |
| M 15 | 07:11 | 20:39 | 23:34 | 07:58 | |
| M 16 | 07:09 | 20:40 | 08:27 | | |
| J 17 | 07:08 | 20:41 | 00:38 | 09:04 | |
| V 18 | 07:06 | 20:42 | 01:39 | 09:51 | |
| S 19 | 07:05 | 20:43 | 02:32 | 10:47 | |
| D 20 | 07:03 | 20:45 | 03:18 | 11:52 | |
| L 21 | 07:01 | 20:46 | 03:55 | 13:03 | |
| M 22 | 07:00 | 20:47 | 04:26 | 14:17 | |
| M 23 | 06:58 | 20:48 | 04:52 | 15:33 | |
| J 24 | 06:57 | 20:49 | 05:15 | 16:50 | |
| V 25 | 06:55 | 20:50 | 05:37 | 18:08 | |
| S 26 | 06:54 | 20:52 | 05:59 | 19:30 | |
| D 27 | 06:52 | 20:53 | 06:24 | 20:53 | |
| L 28 | 06:51 | 20:54 | 06:53 | 22:18 | |
| M 29 | 06:49 | 20:55 | 07:30 | 23:42 | |
| M 30 | 06:48 | 20:56 | 08:17 | | |
| ● Premier Quartier le 05 | | | | | |
| ○ Pleine Lune le 13 | | | | | |
| ● Dernier Quartier le 21 | | | | | |
| ● Nouvelle Lune le 27 | | | | | |

| MAI | | | | | |
|--------------------------|--------|-------|-------|-------|--|
| Dates | Soleil | | Lune | | |
| | L | C | L | C | |
| J 1 | 06:47 | 20:57 | 09:16 | 00:56 | |
| V 2 | 06:45 | 20:58 | 10:24 | 01:57 | |
| S 3 | 06:44 | 21:00 | 11:37 | 02:44 | |
| D 4 | 06:43 | 21:01 | 12:50 | 03:19 | |
| L 5 | 06:41 | 21:02 | 13:59 | 03:47 | |
| M 6 | 06:40 | 21:03 | 15:06 | 04:08 | |
| M 7 | 06:39 | 21:04 | 16:09 | 04:27 | |
| J 8 | 06:38 | 21:05 | 17:11 | 04:44 | |
| V 9 | 06:36 | 21:06 | 18:13 | 05:02 | |
| S 10 | 06:35 | 21:07 | 19:16 | 05:19 | |
| D 11 | 06:34 | 21:09 | 20:19 | 05:39 | |
| L 12 | 06:33 | 21:10 | 21:25 | 06:02 | |
| M 13 | 06:32 | 21:11 | 22:29 | 06:29 | |
| M 14 | 06:31 | 21:12 | 23:32 | 07:05 | |
| J 15 | 06:30 | 21:13 | 07:49 | | |
| V 16 | 06:29 | 21:14 | 00:28 | 08:42 | |
| S 17 | 06:28 | 21:15 | 01:16 | 09:44 | |
| D 18 | 06:27 | 21:16 | 01:56 | 10:53 | |
| L 19 | 06:26 | 21:17 | 02:27 | 12:04 | |
| M 20 | 06:25 | 21:18 | 02:54 | 13:17 | |
| M 21 | 06:24 | 21:19 | 03:18 | 14:30 | |
| J 22 | 06:23 | 21:20 | 03:39 | 15:45 | |
| V 23 | 06:22 | 21:21 | 04:00 | 17:02 | |
| S 24 | 06:22 | 21:22 | 04:23 | 18:22 | |
| D 25 | 06:21 | 21:23 | 04:49 | 19:46 | |
| L 26 | 06:20 | 21:24 | 05:22 | 21:11 | |
| M 27 | 06:20 | 21:25 | 06:03 | 22:31 | |
| M 28 | 06:19 | 21:26 | 06:57 | 23:40 | |
| J 29 | 06:18 | 21:26 | 08:03 | | |
| V 30 | 06:18 | 21:27 | 09:17 | 00:34 | |
| S 31 | 06:17 | 21:28 | 10:32 | 01:16 | |
| ● Premier Quartier le 04 | | | | | |
| ○ Pleine Lune le 12 | | | | | |
| ● Dernier Quartier le 20 | | | | | |
| ● Nouvelle Lune le 27 | | | | | |

| JUIN | | | | | |
|--------------------------|--------|-------|-------|-------|--|
| Dates | Soleil | | Lune | | |
| | L | C | L | C | |
| D 1 | 06:17 | 21:29 | 11:45 | 01:47 | |
| L 2 | 06:16 | 21:30 | 12:54 | 02:11 | |
| M 3 | 06:16 | 21:30 | 13:59 | 02:32 | |
| M 4 | 06:15 | 21:31 | 15:02 | 02:50 | |
| J 5 | 06:15 | 21:32 | 16:04 | 03:07 | |
| V 6 | 06:15 | 21:33 | 17:07 | 03:25 | |
| S 7 | 06:14 | 21:33 | 18:10 | 03:44 | |
| D 8 | 06:14 | 21:34 | 19:15 | 04:05 | |
| L 9 | 06:14 | 21:34 | 20:20 | 04:31 | |
| M 10 | 06:14 | 21:35 | 21:24 | 05:05 | |
| M 11 | 06:14 | 21:36 | 22:22 | 05:46 | |
| J 12 | 06:14 | 21:36 | 23:14 | 06:37 | |
| V 13 | 06:14 | 21:37 | 23:56 | 07:38 | |
| S 14 | 06:14 | 21:37 | 08:45 | | |
| D 15 | 06:14 | 21:37 | 00:30 | 09:56 | |
| L 16 | 06:14 | 21:38 | 00:58 | 11:08 | |
| M 17 | 06:14 | 21:38 | 01:22 | 12:20 | |
| M 18 | 06:14 | 21:39 | 01:43 | 13:33 | |
| J 19 | 06:14 | 21:39 | 02:04 | 14:46 | |
| V 20 | 06:14 | 21:39 | 02:25 | 16:02 | |
| S 21 | 06:14 | 21:39 | 02:49 | 17:22 | |
| D 22 | 06:15 | 21:39 | 03:18 | 18:44 | |
| L 23 | 06:15 | 21:40 | 03:54 | 20:05 | |
| M 24 | 06:15 | 21:40 | 04:41 | 21:19 | |
| M 25 | 06:15 | 21:40 | 05:41 | 22:21 | |
| J 26 | 06:16 | 21:40 | 06:52 | 23:08 | |
| V 27 | 06:16 | 21:40 | 08:08 | 23:44 | |
| S 28 | 06:17 | 21:40 | 09:24 | | |
| D 29 | 06:17 | 21:40 | 10:36 | 00:12 | |
| L 30 | 06:18 | 21:40 | 11:45 | 00:34 | |
| ● Premier Quartier le 03 | | | | | |
| ○ Pleine Lune le 11 | | | | | |
| ● Dernier Quartier le 18 | | | | | |
| ● Nouvelle Lune le 25 | | | | | |

| JUILLET | | | | | |
|---------|--------|-------|-------|-------|--|
| Dates | Soleil | | Lune | | |
| | L | C | L | C | |
| M 1 | 06:18 | 21:40 | 12:50 | 00:54 | |
| M 2 | 06:19 | 21:39 | 13:53 | 01:11 | |
| J 3 | 06:19 | 21:39 | 14:56 | 01:29 | |
| V 4 | 06:20 | 21:39 | 15:59 | 01:48 | |
| S 5 | 06:21 | 21:39 | 17:04 | 02:08 | |
| D 6 | 06:21 | 21:38 | 18:09 | 02:32 | |
| L 7 | 06:22 | 21:38 | 19:13 | 03:03 | |
| M 8 | 06:23 | 21:38 | 20:14 | 03:41 | |
| M 9 | 06:23 | 21:37 | 21:09 | 04:29 | |
| J 10 | 06:24 | 21:37 | 21:54 | 05:27 | |
| V 11 | 06:25 | 21:36 | 22:31 | 06:33 | |
| S 12 | 06:26 | 21:36 | 23:01 | 07:45 | |
| D 13 | 06:26 | 21:35 | 23:27 | 08:58 | |
| L 14 | 06:27 | 21:34 | 23:49 | 10:11 | |
| M 15 | 06:28 | 21:34 | | 11:24 | |
| M 16 | 06:29 | 21:33 | 00:09 | 12:37 | |
| J 17 | 06:30 | 21:32 | 00:30 | 13:51 | |