

# LEVERS et COUCHERS SOLEIL - LUNE RODEZ 2025

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:23	17:22	10:01	18:52	
J 2	08:23	17:23	10:33	20:09	
V 3	08:23	17:24	10:59	21:27	
S 4	08:23	17:25	11:22	22:43	
D 5	08:23	17:26	11:42	23:58	
L 6	08:23	17:27	12:01		
M 7	08:23	17:28	12:22	01:14	
M 8	08:23	17:29	12:46	02:32	
J 9	08:22	17:31	13:15	03:52	
V 10	08:22	17:32	13:52	05:12	
S 11	08:22	17:33	14:40	06:27	
D 12	08:21	17:34	15:41	07:35	
L 13	08:21	17:35	16:51	08:28	
M 14	08:20	17:36	18:05	09:09	
M 15	08:20	17:38	19:19	09:40	
J 16	08:19	17:39	20:29	10:04	
V 17	08:19	17:40	21:36	10:24	
S 18	08:18	17:41	22:40	10:41	
D 19	08:17	17:43	23:44	10:58	
L 20	08:17	17:44		11:14	
M 21	08:16	17:45	00:47	11:31	
M 22	08:15	17:47	01:51	11:51	
J 23	08:14	17:48	02:57	12:14	
V 24	08:13	17:49	04:05	12:45	
S 25	08:13	17:51	05:12	13:24	
D 26	08:12	17:52	06:15	14:15	
L 27	08:11	17:53	07:10	15:18	
M 28	08:10	17:55	07:56	16:31	
M 29	08:08	17:56	08:32	17:49	
J 30	08:08	17:58	09:01	19:09	
V 31	08:06	17:59	09:25	20:28	
● Premier Quartier le 07 ○ Pleine Lune le 13 ● Dernier Quartier le 21 ● Nouvelle Lune le 29					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	08:05	18:00	09:46	21:46	
D 2	08:04	18:02	10:06	23:04	
L 3	08:03	18:03	10:27		
M 4	08:02	18:04	10:50	00:22	
M 5	08:01	18:06	11:17	01:42	
J 6	07:59	18:07	11:51	03:01	
V 7	07:58	18:09	12:34	04:17	
S 8	07:57	18:10	13:30	05:26	
D 9	07:55	18:11	14:35	06:22	
L 10	07:54	18:13	15:47	07:07	
M 11	07:53	18:14	17:01	07:41	
M 12	07:51	18:16	18:12	08:07	
J 13	07:50	18:17	19:21	08:28	
V 14	07:48	18:18	20:26	08:46	
S 15	07:47	18:20	21:30	09:03	
D 16	07:45	18:21	22:33	09:19	
L 17	07:44	18:23	23:38	09:35	
M 18	07:42	18:24		09:54	
M 19	07:41	18:25	00:43	10:15	
J 20	07:39	18:27	01:49	10:42	
V 21	07:38	18:28	02:56	11:17	
S 22	07:36	18:29	04:00	12:01	
D 23	07:34	18:31	04:58	12:58	
L 24	07:33	18:32	05:48	14:05	
M 25	07:31	18:33	06:27	15:21	
M 26	07:29	18:35	06:59	16:41	
J 27	07:28	18:36	07:26	18:02	
V 28	07:26	18:37	07:48	19:23	
● Premier Quartier le 05 ○ Pleine Lune le 12 ● Dernier Quartier le 20 ● Nouvelle Lune le 28					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:24	18:39	08:09	20:43	
D 2	07:23	18:40	08:30	22:04	
L 3	07:21	18:41	08:52	23:26	
M 4	07:19	18:43	09:19		
M 5	07:17	18:44	09:51	00:48	
J 6	07:16	18:45	10:32	02:08	
V 7	07:14	18:46	11:24	03:20	
S 8	07:12	18:48	12:27	04:20	
D 9	07:10	18:49	13:37	05:08	
L 10	07:08	18:50	14:48	05:44	
M 11	07:07	18:52	16:00	06:11	
M 12	07:05	18:53	17:08	06:33	
J 13	07:03	18:54	18:14	06:52	
V 14	07:01	18:55	19:19	07:09	
S 15	06:59	18:57	20:22	07:25	
D 16	06:58	18:58	21:26	07:41	
L 17	06:56	18:59	22:30	07:58	
M 18	06:54	19:00	23:37	08:18	
M 19	06:52	19:02		08:43	
J 20	06:50	19:03	00:43	09:14	
V 21	06:48	19:04	01:48	09:54	
S 22	06:47	19:05	02:47	10:44	
D 23	06:45	19:07	03:39	11:46	
L 24	06:43	19:08	04:22	12:56	
M 25	06:41	19:09	04:56	14:12	
M 26	06:39	19:10	05:25	15:32	
J 27	06:37	19:12	05:49	16:52	
V 28	06:36	19:13	06:10	18:12	
S 29	06:34	19:14	06:31	19:35	
D 30	07:32	20:15	07:53	21:59	
L 31	07:30	20:17	08:18	23:24	
● Premier Quartier le 06 ○ Pleine Lune le 14 ● Dernier Quartier le 22 ● Nouvelle Lune le 29					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:28	20:18	08:48		
M 2	07:26	20:19	09:28	00:49	
J 3	07:25	20:20	10:17	02:07	
V 4	07:23	20:22	11:18	03:14	
S 5	07:21	20:23	12:27	04:06	
D 6	07:19	20:24	13:39	04:46	
L 7	07:17	20:25	14:51	05:16	
M 8	07:16	20:26	16:00	05:40	
M 9	07:14	20:28	17:06	05:59	
J 10	07:12	20:29	18:10	06:16	
V 11	07:10	20:30	19:13	06:32	
S 12	07:09	20:31	20:16	06:48	
D 13	07:07	20:33	21:21	07:05	
L 14	07:05	20:34	22:26	07:24	
M 15	07:03	20:35	23:33	07:47	
M 16	07:02	20:36		08:16	
J 17	07:00	20:38	00:38	08:52	
V 18	06:58	20:39	01:40	09:38	
S 19	06:57	20:40	02:33	10:34	
D 20	06:55	20:41	03:19	11:41	
L 21	06:53	20:42	03:55	12:52	
M 22	06:52	20:44	04:24	14:08	
M 23	06:50	20:45	04:49	15:25	
J 24	06:49	20:46	05:11	16:43	
V 25	06:47	20:47	05:32	18:03	
S 26	06:45	20:49	05:53	19:26	
D 27	06:44	20:50	06:16	20:51	
L 28	06:42	20:51	06:44	22:17	
M 29	06:41	20:52	07:19	23:42	
M 30	06:39	20:53	08:05		
● Premier Quartier le 05 ○ Pleine Lune le 13 ● Dernier Quartier le 21 ● Nouvelle Lune le 27					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:38	20:55	09:03	00:57	
V 2	06:37	20:56	10:12	01:58	
S 3	06:35	20:57	11:26	02:44	
D 4	06:34	20:58	12:39	03:18	
L 5	06:32	21:00	13:51	03:44	
M 6	06:31	21:01	14:58	04:05	
M 7	06:30	21:02	16:02	04:22	
J 8	06:28	21:03	17:06	04:39	
V 9	06:27	21:04	18:08	04:55	
S 10	06:26	21:05	19:12	05:12	
D 11	06:25	21:07	20:17	05:30	
L 12	06:23	21:08	21:24	05:52	
M 13	06:22	21:09	22:29	06:18	
M 14	06:21	21:10	23:33	06:53	
J 15	06:20	21:11		07:36	
V 16	06:19	21:12	00:29	08:29	
S 17	06:18	21:13	01:17	09:32	
D 18	06:17	21:14	01:55	10:41	
L 19	06:16	21:16	02:26	11:54	
M 20	06:15	21:17	02:52	13:08	
M 21	06:14	21:18	03:14	14:23	
J 22	06:13	21:19	03:34	15:39	
V 23	06:12	21:20	03:54	16:57	
S 24	06:12	21:21	04:15	18:19	
D 25	06:11	21:22	04:40	19:45	
L 26	06:10	21:23	05:11	21:10	
M 27	06:09	21:24	05:52	22:31	
M 28	06:09	21:25	06:44	23:41	
J 29	06:08	21:25	07:50		
V 30	06:07	21:26	09:05	00:35	
S 31	06:07	21:27	10:21	01:15	
● Premier Quartier le 04 ○ Pleine Lune le 12 ● Dernier Quartier le 20 ● Nouvelle Lune le 27					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	06:06	21:28	11:36	01:45	
L 2	06:06	21:29	12:46	02:08	
M 3	06:05	21:30	13:53	02:27	
M 4	06:05	21:30	14:57	02:44	
J 5	06:04	21:31	16:00	03:01	
V 6	06:04	21:32	17:03	03:17	
S 7	06:04	21:33	18:08	03:35	
D 8	06:04	21:33	19:14	03:56	
L 9	06:03	21:34	20:20	04:21	
M 10	06:03	21:34	21:25	04:53	
M 11	06:03	21:35	22:23	05:33	
J 12	06:03	21:35	23:14	06:24	
V 13	06:03	21:36	23:56	07:25	
S 14	06:03	21:36		08:33	
D 15	06:03	21:37	00:29	09:46	
L 16	06:03	21:37	00:56	10:59	
M 17	06:03	21:38	01:18	12:12	
M 18	06:03	21:38	01:39	13:26	
J 19	06:03	21:38	01:58	14:41	
V 20	06:03	21:39	02:18	15:58	
S 21	06:03	21:39	02:40	17:20	
D 22	06:04	21:39	03:08	18:43	
L 23	06:04	21:39	03:43	20:05	
M 24	06:04	21:39	04:28	21:20	
M 25	06:05	21:39	05:28	22:21	
J 26	06:05	21:39	06:39	23:08	
V 27	06:05	21:39	07:57	23:43	
S 28	06:06	21:39	09:14		
D 29	06:06	21:39	10:28	00:09	
L 30	06:07	21:39	11:38	00:30	
● Premier Quartier le 03 ○ Pleine Lune le 11 ● Dernier Quartier le 18 ● Nouvelle Lune le 25					

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	06:07	21:39	12:44	00:49	
M 2	06:08	21:39	13:48	01:05	
J 3	06:09	21:38	14:52	01:22	
V 4	06:09	21:38	15:56	01:40	
S 5	06:10	21:38	17:02	01:59	
D 6	06:11	21:38	18:08	02:22	
L 7	06:11	21:37	19:14	02:51	
M 8	06:12	21:37	20:15	03:29	
M 9	06:13	21:36	21:09	04:16	
J 10	06:14	21:36	21:54	05:15	
V 11	06:14	21:35	22:30	06:21	
S 12	06:15	21:35	22:59	07:34	
D 13	06:16	21:34	23:23	08:49	
L 14	06:17	21:33	23:44	10:03	
M 15	06:18	21:33		11:17	
M 16	06:19	21:32	00:03	12:31	
J 17	06:20	21:31	00:23	13:47	
V 18	06:21	21:30	00:44	15:05	
S 19	06:22	21:30	01:09	16:25	
D 20	06:23	21:29	01:40	17:47	
L 21	06				