

LEVERS et COUCHERS SOLEIL - LUNE NYONS 2025

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:13	17:12	09:51	18:41	
J 2	08:13	17:13	10:23	19:59	
V 3	08:13	17:14	10:49	21:16	
S 4	08:13	17:15	11:11	22:32	
D 5	08:13	17:16	11:31	23:48	
L 6	08:13	17:17	11:51		
M 7	08:13	17:18	12:11	01:04	
M 8	08:12	17:19	12:35	02:21	
J 9	08:12	17:20	13:04	03:41	
V 10	08:12	17:21	13:42	05:01	
S 11	08:12	17:22	14:30	06:17	
D 12	08:11	17:24	15:30	07:24	
L 13	08:11	17:25	16:40	08:17	
M 14	08:10	17:26	17:54	08:59	
M 15	08:10	17:27	19:08	09:30	
J 16	08:09	17:28	20:18	09:54	
V 17	08:09	17:30	21:25	10:14	
S 18	08:08	17:31	22:30	10:31	
D 19	08:07	17:32	23:33	10:47	
L 20	08:06	17:34		11:03	
M 21	08:06	17:35	00:36	11:21	
M 22	08:05	17:36	01:41	11:41	
J 23	08:04	17:38	02:47	12:04	
V 24	08:03	17:39	03:54	12:34	
S 25	08:02	17:40	05:01	13:13	
D 26	08:01	17:42	06:04	14:04	
L 27	08:00	17:43	07:00	15:07	
M 28	07:59	17:44	07:46	16:20	
M 29	07:58	17:46	08:21	17:38	
J 30	07:57	17:47	08:50	18:58	
V 31	07:56	17:49	09:15	20:17	
● Premier Quartier le 07					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 29					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:55	17:50	09:36	21:35	
D 2	07:54	17:51	09:56	22:53	
L 3	07:53	17:53	10:16		
M 4	07:52	17:54	10:39	00:11	
M 5	07:50	17:56	11:06	01:31	
J 6	07:49	17:57	11:40	02:50	
V 7	07:48	17:58	12:24	04:07	
S 8	07:47	18:00	13:19	05:15	
D 9	07:45	18:01	14:24	06:12	
L 10	07:44	18:02	15:37	06:56	
M 11	07:42	18:04	16:49	07:31	
M 12	07:41	18:05	18:01	07:57	
J 13	07:40	18:07	19:10	08:17	
V 14	07:38	18:08	20:15	08:35	
S 15	07:37	18:09	21:20	08:52	
D 16	07:35	18:11	22:23	09:08	
L 17	07:34	18:12	23:27	09:25	
M 18	07:32	18:14		09:43	
M 19	07:31	18:15	00:32	10:05	
J 20	07:29	18:16	01:39	10:31	
V 21	07:27	18:18	02:45	11:06	
S 22	07:26	18:19	03:50	11:50	
D 23	07:24	18:20	04:47	12:47	
L 24	07:23	18:22	05:37	13:55	
M 25	07:21	18:23	06:17	15:10	
M 26	07:19	18:24	06:49	16:30	
J 27	07:18	18:26	07:15	17:51	
V 28	07:16	18:27	07:38	19:12	
● Premier Quartier le 05					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 28					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:14	18:28	07:59	20:32	
D 2	07:12	18:30	08:19	21:53	
L 3	07:11	18:31	08:42	23:15	
M 4	07:09	18:32	09:08		
M 5	07:07	18:34	09:41	00:37	
J 6	07:05	18:35	10:21	01:57	
V 7	07:04	18:36	11:14	03:10	
S 8	07:02	18:37	12:16	04:10	
D 9	07:00	18:39	13:26	04:57	
L 10	06:58	18:40	14:37	05:33	
M 11	06:56	18:41	15:49	06:01	
M 12	06:55	18:43	16:57	06:23	
J 13	06:53	18:44	18:03	06:42	
V 14	06:51	18:45	19:08	06:58	
S 15	06:49	18:46	20:11	07:14	
D 16	06:47	18:48	21:15	07:31	
L 17	06:46	18:49	22:20	07:48	
M 18	06:44	18:50	23:26	08:08	
M 19	06:42	18:51		08:32	
J 20	06:40	18:53	00:32	09:04	
V 21	06:38	18:54	01:37	09:43	
S 22	06:36	18:55	02:37	10:33	
D 23	06:34	18:56	03:29	11:35	
L 24	06:33	18:58	04:11	12:45	
M 25	06:31	18:59	04:46	14:02	
M 26	06:29	19:00	05:14	15:21	
J 27	06:27	19:01	05:38	16:41	
V 28	06:25	19:03	06:00	18:02	
S 29	06:23	19:04	06:20	19:24	
D 30	07:22	20:05	07:42	21:48	
L 31	07:20	20:06	08:07	23:14	
● Premier Quartier le 06					
○ Pleine Lune le 14					
● Dernier Quartier le 22					
● Nouvelle Lune le 29					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:18	20:08	08:38		
M 2	07:16	20:09	09:17	00:38	
J 3	07:14	20:10	10:06	01:56	
V 4	07:12	20:11	11:07	03:03	
S 5	07:11	20:13	12:16	03:56	
D 6	07:09	20:14	13:29	04:35	
L 7	07:07	20:15	14:40	05:06	
M 8	07:05	20:16	15:49	05:29	
M 9	07:04	20:17	16:55	05:49	
J 10	07:02	20:19	17:59	06:05	
V 11	07:00	20:20	19:02	06:21	
S 12	06:58	20:21	20:06	06:37	
D 13	06:56	20:22	21:10	06:54	
L 14	06:55	20:24	22:16	07:14	
M 15	06:53	20:25	23:22	07:37	
M 16	06:51	20:26		08:05	
J 17	06:50	20:27	00:27	08:41	
V 18	06:48	20:29	01:29	09:27	
S 19	06:46	20:30	02:23	10:23	
D 20	06:45	20:31	03:08	11:30	
L 21	06:43	20:32	03:45	12:41	
M 22	06:41	20:33	04:14	13:57	
M 23	06:40	20:35	04:38	15:14	
J 24	06:38	20:36	05:00	16:32	
V 25	06:37	20:37	05:21	17:52	
S 26	06:35	20:38	05:42	19:15	
D 27	06:34	20:40	06:05	20:40	
L 28	06:32	20:41	06:33	22:07	
M 29	06:31	20:42	07:08	23:32	
M 30	06:29	20:43	07:54		
● Premier Quartier le 05					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 27					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:28	20:44	08:52	00:46	
V 2	06:26	20:46	10:01	01:48	
S 3	06:25	20:47	11:15	02:33	
D 4	06:23	20:48	12:28	03:08	
L 5	06:22	20:49	13:40	03:34	
M 6	06:21	20:51	14:47	03:55	
M 7	06:19	20:52	15:52	04:12	
J 8	06:18	20:53	16:55	04:28	
V 9	06:17	20:54	17:58	04:44	
S 10	06:16	20:55	19:02	05:01	
D 11	06:14	20:56	20:07	05:20	
L 12	06:13	20:58	21:13	05:42	
M 13	06:12	20:59	22:19	06:08	
M 14	06:11	21:00	23:22	06:42	
J 15	06:10	21:01		07:25	
V 16	06:09	21:02	00:18	08:18	
S 17	06:08	21:03	01:06	09:21	
D 18	06:07	21:04	01:45	10:30	
L 19	06:06	21:05	02:16	11:44	
M 20	06:05	21:06	02:41	12:57	
M 21	06:04	21:07	03:03	14:12	
J 22	06:03	21:08	03:24	15:29	
V 23	06:02	21:10	03:44	16:47	
S 24	06:01	21:11	04:05	18:08	
D 25	06:00	21:12	04:29	19:34	
L 26	06:00	21:12	05:01	21:00	
M 27	05:59	21:13	05:41	22:21	
M 28	05:58	21:14	06:33	23:31	
J 29	05:58	21:15	07:39		
V 30	05:57	21:16	08:54	00:24	
S 31	05:56	21:17	10:10	01:05	
● Premier Quartier le 04					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 27					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	05:56	21:18	11:25	01:35	
L 2	05:55	21:19	12:35	01:58	
M 3	05:55	21:19	13:42	02:17	
M 4	05:54	21:20	14:46	02:34	
J 5	05:54	21:21	15:49	02:50	
V 6	05:54	21:22	16:52	03:07	
S 7	05:53	21:22	17:57	03:25	
D 8	05:53	21:23	19:03	03:46	
L 9	05:53	21:24	20:09	04:10	
M 10	05:53	21:24	21:14	04:42	
M 11	05:53	21:25	22:13	05:23	
J 12	05:52	21:25	23:04	06:13	
V 13	05:52	21:26	23:46	07:14	
S 14	05:52	21:26		08:22	
D 15	05:52	21:27	00:18	09:35	
L 16	05:52	21:27	00:45	10:48	
M 17	05:52	21:28	01:08	12:02	
M 18	05:53	21:28	01:28	13:15	
J 19	05:53	21:28	01:48	14:30	
V 20	05:53	21:28	02:07	15:48	
S 21	05:53	21:29	02:30	17:09	
D 22	05:53	21:29	02:57	18:32	
L 23	05:54	21:29	03:32	19:55	
M 24	05:54	21:29	04:18	21:10	
M 25	05:54	21:29	05:17	22:11	
J 26	05:55	21:29	06:28	22:58	
V 27	05:55	21:29	07:46	23:33	
S 28	05:56	21:29	09:03	23:59	
D 29	05:56	21:29	10:17		
L 30	05:57	21:29	11:27	00:20	
● Premier Quartier le 03					
○ Pleine Lune le 11					
● Dernier Quartier le 18					
● Nouvelle Lune le 25					

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	05:57	21:29	12:33	00:38	
M 2	05:58	21:29	13:38	00:55	
J 3	05:58	21:28	14:41	01:12	
V 4	05:59	21:28	15:46	01:29	
S 5	06:00	21:28	16:51	01:49	
D 6	06:00	21:27	17:58	02:12	
L 7	06:01	21:27	19:03	02:41	
M 8	06:02	21:27	20:05	03:18	
M 9	06:02	21:26	20:59	04:05	
J 10	06:03	21:26	21:44	05:04	
V 11	06:04	21:25	22:20	06:11	
S 12	06:05	21:24	22:49	07:24	
D 13	06:06	21:24	23:13	08:38	
L 14	06:07	21:23	23:34	09:53	
M 15	06:08	21:23	23:53	11:06	
M 16	06:08	21:22		12:20	
J 17	06:09	21:21	00:12	13:37	