

# LEVERS et COUCHERS SOLEIL - LUNE NICE 2025

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:02	17:06	09:39	18:35	
J 2	08:03	17:07	10:12	19:52	
V 3	08:02	17:08	10:39	21:08	
S 4	08:02	17:09	11:02	22:23	
D 5	08:02	17:10	11:22	23:39	
L 6	08:02	17:11	11:43		
M 7	08:02	17:12	12:04	00:54	
M 8	08:02	17:13	12:28	02:11	
J 9	08:02	17:14	12:58	03:30	
V 10	08:01	17:15	13:36	04:49	
S 11	08:01	17:16	14:24	06:05	
D 12	08:01	17:17	15:25	07:12	
L 13	08:00	17:18	16:34	08:06	
M 14	08:00	17:20	17:48	08:47	
M 15	07:59	17:21	19:01	09:19	
J 16	07:59	17:22	20:10	09:44	
V 17	07:58	17:23	21:17	10:04	
S 18	07:57	17:24	22:21	10:22	
D 19	07:57	17:26	23:24	10:39	
L 20	07:56	17:27		10:55	
M 21	07:55	17:28	00:26	11:13	
M 22	07:55	17:30	01:30	11:34	
J 23	07:54	17:31	02:35	11:58	
V 24	07:54	17:32	03:43	12:28	
S 25	07:52	17:34	04:49	13:08	
D 26	07:51	17:35	05:52	13:59	
L 27	07:50	17:36	06:48	15:01	
M 28	07:49	17:38	07:34	16:14	
M 29	07:48	17:39	08:10	17:32	
J 30	07:47	17:40	08:40	18:51	
V 31	07:46	17:42	09:05	20:09	
● Premier Quartier le 07					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 29					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:45	17:43	09:27	21:27	
D 2	07:44	17:44	09:48	22:43	
L 3	07:43	17:46	10:08		
M 4	07:42	17:47	10:32	00:01	
M 5	07:41	17:48	11:00	01:20	
J 6	07:39	17:50	11:35	02:38	
V 7	07:38	17:51	12:18	03:55	
S 8	07:37	17:53	13:14	05:03	
D 9	07:35	17:54	14:19	06:00	
L 10	07:34	17:55	15:30	06:45	
M 11	07:33	17:57	16:43	07:19	
M 12	07:31	17:58	17:54	07:46	
J 13	07:30	17:59	19:02	08:08	
V 14	07:29	18:01	20:07	08:26	
S 15	07:27	18:02	21:10	08:43	
D 16	07:26	18:03	22:13	09:00	
L 17	07:24	18:05	23:17	09:17	
M 18	07:23	18:06		09:36	
M 19	07:21	18:07	00:21	09:58	
J 20	07:20	18:09	01:28	10:25	
V 21	07:18	18:10	02:33	11:00	
S 22	07:16	18:11	03:37	11:45	
D 23	07:15	18:13	04:35	12:41	
L 24	07:13	18:14	05:25	13:49	
M 25	07:12	18:15	06:06	15:04	
M 26	07:10	18:17	06:38	16:23	
J 27	07:08	18:18	07:05	17:44	
V 28	07:07	18:19	07:29	19:03	
● Premier Quartier le 05					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 28					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:05	18:20	07:50	20:23	
D 2	07:03	18:22	08:11	21:43	
L 3	07:02	18:23	08:34	23:05	
M 4	07:00	18:24	09:01		
M 5	06:58	18:26	09:35	00:26	
J 6	06:57	18:27	10:16	01:45	
V 7	06:55	18:28	11:08	02:57	
S 8	06:53	18:29	12:10	03:58	
D 9	06:51	18:31	13:20	04:45	
L 10	06:50	18:32	14:31	05:22	
M 11	06:48	18:33	15:42	05:50	
M 12	06:46	18:34	16:50	06:13	
J 13	06:44	18:36	17:55	06:32	
V 14	06:42	18:37	18:59	06:49	
S 15	06:41	18:38	20:02	07:06	
D 16	06:39	18:39	21:05	07:23	
L 17	06:37	18:41	22:09	07:41	
M 18	06:35	18:42	23:15	08:01	
M 19	06:33	18:43		08:26	
J 20	06:32	18:44	00:20	08:58	
V 21	06:30	18:45	01:25	09:38	
S 22	06:28	18:47	02:24	10:28	
D 23	06:26	18:48	03:17	11:29	
L 24	06:24	18:49	04:00	12:39	
M 25	06:23	18:50	04:35	13:55	
M 26	06:21	18:51	05:04	15:14	
J 27	06:19	18:53	05:29	16:33	
V 28	06:17	18:54	05:51	17:53	
S 29	06:15	18:55	06:12	19:14	
D 30	07:14	19:56	07:35	21:38	
L 31	07:12	19:57	08:00	23:02	
● Premier Quartier le 06					
○ Pleine Lune le 14					
● Dernier Quartier le 22					
● Nouvelle Lune le 29					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:10	19:59	08:31		
M 2	07:08	20:00	09:11	00:26	
J 3	07:06	20:01	10:01	01:44	
V 4	07:05	20:02	11:02	02:51	
S 5	07:03	20:03	12:10	03:44	
D 6	07:01	20:05	13:22	04:24	
L 7	06:59	20:06	14:33	04:55	
M 8	06:58	20:07	15:42	05:19	
M 9	06:56	20:08	16:47	05:39	
J 10	06:54	20:09	17:51	05:57	
V 11	06:52	20:11	18:53	06:13	
S 12	06:51	20:12	19:56	06:29	
D 13	06:49	20:13	21:00	06:47	
L 14	06:47	20:14	22:05	07:07	
M 15	06:46	20:15	23:11	07:30	
M 16	06:44	20:17		07:59	
J 17	06:42	20:18	00:15	08:36	
V 18	06:41	20:19	01:17	09:22	
S 19	06:39	20:20	02:10	10:18	
D 20	06:37	20:21	02:56	11:24	
L 21	06:36	20:23	03:33	12:35	
M 22	06:34	20:24	04:03	13:50	
M 23	06:33	20:25	04:28	15:06	
J 24	06:31	20:26	04:51	16:24	
V 25	06:30	20:27	05:12	17:43	
S 26	06:28	20:29	05:34	19:05	
D 27	06:26	20:30	05:58	20:29	
L 28	06:25	20:31	06:26	21:56	
M 29	06:24	20:32	07:02	23:19	
M 30	06:22	20:33	07:49		
● Premier Quartier le 05					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 27					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:21	20:34	08:47	00:34	
V 2	06:19	20:36	09:55	01:36	
S 3	06:18	20:37	11:09	02:22	
D 4	06:17	20:38	12:22	02:57	
L 5	06:15	20:39	13:32	03:24	
M 6	06:14	20:40	14:39	03:45	
M 7	06:13	20:41	15:43	04:03	
J 8	06:11	20:43	16:46	04:20	
V 9	06:10	20:44	17:48	04:36	
S 10	06:09	20:45	18:51	04:53	
D 11	06:08	20:46	19:56	05:13	
L 12	06:07	20:47	21:02	05:35	
M 13	06:05	20:48	22:07	06:02	
M 14	06:04	20:49	23:10	06:36	
J 15	06:03	20:50		07:20	
V 16	06:02	20:52	00:06	08:13	
S 17	06:01	20:53	00:54	09:16	
D 18	06:00	20:54	01:34	10:24	
L 19	05:59	20:55	02:05	11:37	
M 20	05:58	20:56	02:31	12:50	
M 21	05:57	20:57	02:54	14:04	
J 22	05:56	20:58	03:15	15:20	
V 23	05:56	20:59	03:35	16:37	
S 24	05:55	21:00	03:57	17:58	
D 25	05:54	21:01	04:22	19:23	
L 26	05:53	21:02	04:54	20:48	
M 27	05:53	21:03	05:35	22:09	
M 28	05:52	21:04	06:28	23:18	
J 29	05:51	21:04	07:34		
V 30	05:51	21:05	08:48	00:12	
S 31	05:50	21:06	10:04	00:53	
● Premier Quartier le 04					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 27					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	05:50	21:07	11:18	01:24	
L 2	05:49	21:08	12:27	01:48	
M 3	05:49	21:09	13:34	02:08	
M 4	05:48	21:09	14:37	02:25	
J 5	05:48	21:10	15:40	02:42	
V 6	05:48	21:11	16:42	02:59	
S 7	05:47	21:11	17:47	03:18	
D 8	05:47	21:12	18:52	03:39	
L 9	05:47	21:13	19:58	04:04	
M 10	05:47	21:13	21:02	04:36	
M 11	05:47	21:14	22:01	05:17	
J 12	05:47	21:14	22:52	06:08	
V 13	05:46	21:15	23:34	07:09	
S 14	05:46	21:15		08:16	
D 15	05:46	21:16	00:07	09:28	
L 16	05:46	21:16	00:35	10:41	
M 17	05:47	21:16	00:58	11:54	
M 18	05:47	21:17	01:19	13:07	
J 19	05:47	21:17	01:39	14:21	
V 20	05:47	21:17	02:00	15:38	
S 21	05:47	21:18	02:22	16:58	
D 22	05:47	21:18	02:50	18:20	
L 23	05:48	21:18	03:26	19:43	
M 24	05:48	21:18	04:12	20:57	
M 25	05:48	21:18	05:12	21:59	
J 26	05:49	21:18	06:23	22:46	
V 27	05:49	21:18	07:40	23:22	
S 28	05:50	21:18	08:56	23:49	
D 29	05:50	21:18	10:09		
L 30	05:51	21:18	11:19	00:10	
● Premier Quartier le 03					
○ Pleine Lune le 11					
● Dernier Quartier le 18					
● Nouvelle Lune le 25					

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	05:51	21:18	12:24	00:29	
M 2	05:52	21:18	13:28	00:46	
J 3	05:52	21:17	14:31	01:04	
V 4	05:53	21:17	15:36	01:22	
S 5	05:54	21:17	16:40	01:42	
D 6	05:54	21:16	17:46	02:05	
L 7	05:55	21:16	18:51	02:35	
M 8	05:56	21:16	19:53	03:13	
M 9	05:56	21:15	20:47	04:00	
J 10	05:57	21:15	21:32	04:58	
V 11	05:58	21:14	22:09	06:05	
S 12	05:59	21:14	22:38	07:17	
D 13	06:00	21:13	23:03	08:30	
L 14	06:00	21:12	23:25	09:45	
M 15	06:01	21:12	23:45	10:58	
M 16	06:02	21:11		12:11	
J 17	06:03	21:10	00:04	13:27	