

LEVERS et COUCHERS SOLEIL - LUNE NANTUA 2025

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:18	17:04	09:56	18:32	
J 2	08:18	17:05	10:27	19:51	
V 3	08:18	17:06	10:51	21:10	
S 4	08:18	17:07	11:12	22:28	
D 5	08:17	17:08	11:30	23:46	
L 6	08:17	17:09	11:48		
M 7	08:17	17:10	12:06	01:04	
M 8	08:17	17:11	12:28	02:23	
J 9	08:16	17:12	12:56	03:45	
V 10	08:16	17:13	13:31	05:07	
S 11	08:16	17:15	14:18	06:24	
D 12	08:15	17:16	15:19	07:32	
L 13	08:15	17:17	16:29	08:24	
M 14	08:14	17:18	17:45	09:04	
M 15	08:13	17:20	19:00	09:34	
J 16	08:13	17:21	20:12	09:56	
V 17	08:12	17:22	21:21	10:14	
S 18	08:11	17:24	22:27	10:30	
D 19	08:11	17:25	23:32	10:45	
L 20	08:10	17:26		11:00	
M 21	08:09	17:28	00:37	11:15	
M 22	08:08	17:29	01:43	11:34	
J 23	08:07	17:31	02:51	11:56	
V 24	08:06	17:32	04:00	12:24	
S 25	08:05	17:33	05:08	13:02	
D 26	08:04	17:35	06:12	13:52	
L 27	08:03	17:36	07:07	14:55	
M 28	08:02	17:38	07:52	16:09	
M 29	08:01	17:39	08:26	17:30	
J 30	08:00	17:41	08:53	18:52	
V 31	07:59	17:42	09:16	20:13	
● Premier Quartier le 07 ○ Pleine Lune le 13 ● Dernier Quartier le 21 ● Nouvelle Lune le 29					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:58	17:44	09:35	21:33	
D 2	07:56	17:45	09:53	22:52	
L 3	07:55	17:47	10:12		
M 4	07:54	17:48	10:33	00:13	
M 5	07:52	17:50	10:58	01:34	
J 6	07:51	17:51	11:31	02:56	
V 7	07:50	17:53	12:12	04:13	
S 8	07:48	17:54	13:07	05:23	
D 9	07:47	17:56	14:13	06:19	
L 10	07:45	17:57	15:27	07:03	
M 11	07:44	17:59	16:41	07:35	
M 12	07:42	18:00	17:55	07:59	
J 13	07:41	18:01	19:05	08:19	
V 14	07:39	18:03	20:12	08:35	
S 15	07:38	18:04	21:18	08:50	
D 16	07:36	18:06	22:23	09:05	
L 17	07:35	18:07	23:29	09:20	
M 18	07:33	18:09		09:37	
M 19	07:31	18:10	00:35	09:57	
J 20	07:30	18:12	01:44	10:22	
V 21	07:28	18:13	02:52	10:55	
S 22	07:26	18:15	03:57	11:39	
D 23	07:24	18:16	04:55	12:35	
L 24	07:23	18:18	05:44	13:44	
M 25	07:21	18:19	06:22	15:01	
M 26	07:19	18:20	06:53	16:23	
J 27	07:17	18:22	07:17	17:46	
V 28	07:16	18:23	07:38	19:09	
● Premier Quartier le 05 ○ Pleine Lune le 12 ● Dernier Quartier le 20 ● Nouvelle Lune le 28					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:14	18:25	07:57	20:31	
D 2	07:12	18:26	08:16	21:54	
L 3	07:10	18:28	08:36	23:18	
M 4	07:08	18:29	09:01		
M 5	07:07	18:30	09:31	00:42	
J 6	07:05	18:32	10:10	02:04	
V 7	07:03	18:33	11:02	03:17	
S 8	07:01	18:35	12:04	04:17	
D 9	06:59	18:36	13:15	05:04	
L 10	06:57	18:37	14:29	05:39	
M 11	06:55	18:39	15:42	06:04	
M 12	06:53	18:40	16:52	06:25	
J 13	06:51	18:41	18:00	06:42	
V 14	06:49	18:43	19:06	06:57	
S 15	06:48	18:44	20:11	07:12	
D 16	06:46	18:46	21:17	07:26	
L 17	06:44	18:47	22:23	07:42	
M 18	06:42	18:48	23:31	08:01	
M 19	06:40	18:50		08:24	
J 20	06:38	18:51	00:38	08:53	
V 21	06:36	18:52	01:45	09:32	
S 22	06:34	18:54	02:45	10:21	
D 23	06:32	18:55	03:37	11:23	
L 24	06:30	18:56	04:18	12:35	
M 25	06:28	18:58	04:51	13:53	
M 26	06:26	18:59	05:17	15:15	
J 27	06:24	19:00	05:39	16:36	
V 28	06:22	19:02	05:59	18:00	
S 29	06:20	19:03	06:18	19:24	
D 30	07:18	20:04	07:38	21:50	
L 31	07:17	20:06	08:01	23:18	
● Premier Quartier le 06 ○ Pleine Lune le 14 ● Dernier Quartier le 22 ● Nouvelle Lune le 29					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:15	20:07	08:29		
M 2	07:13	20:08	09:06	00:44	
J 3	07:11	20:10	09:55	02:04	
V 4	07:09	20:11	10:55	03:11	
S 5	07:07	20:12	12:05	04:03	
D 6	07:05	20:14	13:19	04:41	
L 7	07:03	20:15	14:32	05:10	
M 8	07:01	20:16	15:43	05:32	
M 9	06:59	20:18	16:51	05:50	
J 10	06:58	20:19	17:57	06:05	
V 11	06:56	20:20	19:02	06:19	
S 12	06:54	20:22	20:06	06:34	
D 13	06:52	20:23	21:13	06:49	
L 14	06:50	20:24	22:20	07:07	
M 15	06:48	20:26	23:28	07:29	
M 16	06:47	20:27		07:55	
J 17	06:45	20:28	00:34	08:30	
V 18	06:43	20:30	01:37	09:16	
S 19	06:41	20:31	02:30	10:12	
D 20	06:39	20:32	03:15	11:19	
L 21	06:38	20:34	03:50	12:32	
M 22	06:36	20:35	04:18	13:50	
M 23	06:34	20:36	04:40	15:09	
J 24	06:33	20:38	05:01	16:29	
V 25	06:31	20:39	05:20	17:51	
S 26	06:29	20:40	05:39	19:15	
D 27	06:28	20:42	06:00	20:43	
L 28	06:26	20:43	06:25	22:12	
M 29	06:24	20:44	06:59	23:38	
M 30	06:23	20:46	07:43		
● Premier Quartier le 05 ○ Pleine Lune le 13 ● Dernier Quartier le 21 ● Nouvelle Lune le 27					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:21	20:47	08:40	00:54	
V 2	06:20	20:48	09:50	01:55	
S 3	06:18	20:49	11:05	02:39	
D 4	06:17	20:51	12:20	03:12	
L 5	06:15	20:52	13:33	03:37	
M 6	06:14	20:53	14:42	03:56	
M 7	06:13	20:55	15:49	04:12	
J 8	06:11	20:56	16:53	04:27	
V 9	06:10	20:57	17:58	04:41	
S 10	06:08	20:58	19:03	04:56	
D 11	06:07	21:00	20:10	05:13	
L 12	06:06	21:01	21:18	05:34	
M 13	06:05	21:02	22:25	05:59	
M 14	06:03	21:03	23:30	06:31	
J 15	06:02	21:05		07:14	
V 16	06:01	21:06	00:26	08:07	
S 17	06:00	21:07	01:13	09:10	
D 18	05:59	21:08	01:51	10:21	
L 19	05:58	21:09	02:20	11:36	
M 20	05:57	21:10	02:44	12:51	
M 21	05:56	21:12	03:04	14:08	
J 22	05:55	21:13	03:23	15:26	
V 23	05:54	21:14	03:41	16:46	
S 24	05:53	21:15	04:00	18:10	
D 25	05:52	21:16	04:23	19:38	
L 26	05:51	21:17	04:52	21:06	
M 27	05:51	21:18	05:31	22:28	
M 28	05:50	21:19	06:22	23:38	
J 29	05:49	21:20	07:28		
V 30	05:48	21:21	08:43	00:31	
S 31	05:48	21:22	10:01	01:10	
● Premier Quartier le 04 ○ Pleine Lune le 12 ● Dernier Quartier le 20 ● Nouvelle Lune le 27					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	05:47	21:23	11:18	01:38	
L 2	05:47	21:24	12:29	02:00	
M 3	05:46	21:24	13:38	02:17	
M 4	05:46	21:25	14:44	02:33	
J 5	05:45	21:26	15:49	02:47	
V 6	05:45	21:27	16:54	03:03	
S 7	05:44	21:27	18:00	03:19	
D 8	05:44	21:28	19:08	03:38	
L 9	05:44	21:29	20:15	04:02	
M 10	05:44	21:29	21:21	04:32	
M 11	05:43	21:30	22:20	05:11	
J 12	05:43	21:31	23:11	06:02	
V 13	05:43	21:31	23:52	07:03	
S 14	05:43	21:32		08:12	
D 15	05:43	21:32	00:23	09:27	
L 16	05:43	21:32	00:48	10:41	
M 17	05:43	21:33	01:09	11:57	
M 18	05:43	21:33	01:28	13:13	
J 19	05:43	21:34	01:45	14:29	
V 20	05:44	21:34	02:03	15:49	
S 21	05:44	21:34	02:24	17:12	
D 22	05:44	21:34	02:49	18:37	
L 23	05:44	21:34	03:23	20:01	
M 24	05:44	21:34	04:07	21:17	
M 25	05:45	21:34	05:06	22:18	
J 26	05:45	21:35	06:17	23:04	
V 27	05:46	21:34	07:37	23:37	
S 28	05:46	21:34	08:55		
D 29	05:47	21:34	10:11	00:01	
L 30	05:47	21:34	11:23	00:21	
● Premier Quartier le 03 ○ Pleine Lune le 11 ● Dernier Quartier le 18 ● Nouvelle Lune le 25					

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	05:48	21:34	12:30	00:37	
M 2	05:49	21:34	13:37	00:53	
J 3	05:49	21:33	14:42	01:08	
V 4	05:50	21:33	15:48	01:24	
S 5	05:51	21:33	16:55	01:42	
D 6	05:51	21:32	18:03	02:03	
L 7	05:52	21:32	19:10	02:31	
M 8	05:53	21:32	20:12	03:07	
M 9	05:54	21:31	21:07	03:54	
J 10	05:55	21:30	21:51	04:52	
V 11	05:55	21:30	22:25	06:00	
S 12	05:56	21:29	22:52	07:15	
D 13	05:57	21:29	23:15	08:31	
L 14	05:58	21:28	23:34	09:47	
M 15	05:59	21:27	23:52	11:03	
M 16	06:00	21:26		12:19	
J 17	06:01	21:25	00:09	13:37	
V 18	06:02	21:25	00:28	14:57	
S 19	06:03	21:24	00:51	16:19	
D 20	06:04	21:23	01:20	17:42	
L 21	06				