

# LEVERS et COUCHERS SOLEIL - LUNE NANCY 2025

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:25	16:51	10:06	18:18	
J 2	08:25	16:52	10:33	19:40	
V 3	08:25	16:53	10:55	21:02	
S 4	08:25	16:54	11:13	22:23	
D 5	08:25	16:56	11:29	23:44	
L 6	08:25	16:57	11:44		
M 7	08:24	16:58	12:00	01:05	
M 8	08:24	16:59	12:19	02:27	
J 9	08:23	17:00	12:43	03:52	
V 10	08:23	17:02	13:16	05:17	
S 11	08:22	17:03	14:01	06:36	
D 12	08:22	17:04	15:01	07:45	
L 13	08:21	17:06	16:13	08:36	
M 14	08:21	17:07	17:31	09:14	
M 15	08:20	17:08	18:49	09:41	
J 16	08:19	17:10	20:04	10:00	
V 17	08:18	17:12	21:16	10:16	
S 18	08:18	17:13	22:24	10:29	
D 19	08:17	17:14	23:32	10:42	
L 20	08:16	17:16		10:54	
M 21	08:15	17:17	00:39	11:08	
M 22	08:14	17:19	01:48	11:24	
J 23	08:13	17:20	02:58	11:43	
V 24	08:12	17:22	04:09	12:09	
S 25	08:11	17:23	05:20	12:45	
D 26	08:10	17:25	06:25	13:34	
L 27	08:08	17:27	07:20	14:38	
M 28	08:07	17:28	08:03	15:55	
M 29	08:06	17:30	08:34	17:18	
J 30	08:05	17:31	08:59	18:42	
V 31	08:03	17:33	09:18	20:07	
● Premier Quartier le 07					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 29					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	08:02	17:35	09:35	21:30	
D 2	08:01	17:36	09:50	22:52	
L 3	07:59	17:38	10:06		
M 4	07:58	17:39	10:24	00:16	
M 5	07:56	17:41	10:46	01:41	
J 6	07:55	17:43	11:16	03:05	
V 7	07:53	17:44	11:56	04:25	
S 8	07:52	17:46	12:49	05:36	
D 9	07:50	17:48	13:56	06:32	
L 10	07:49	17:49	15:12	07:13	
M 11	07:47	17:51	16:29	07:43	
M 12	07:45	17:53	17:46	08:05	
J 13	07:44	17:54	18:58	08:21	
V 14	07:42	17:56	20:08	08:35	
S 15	07:40	17:57	21:17	08:48	
D 16	07:38	17:59	22:24	09:00	
L 17	07:37	18:01		09:13	
M 18	07:35	18:02		09:28	
M 19	07:33	18:04	00:41	09:45	
J 20	07:31	18:06	01:53	10:08	
V 21	07:29	18:07	03:03	10:38	
S 22	07:28	18:09	04:10	11:21	
D 23	07:26	18:10	05:09	12:17	
L 24	07:24	18:12	05:56	13:27	
M 25	07:22	18:14	06:32	14:47	
M 26	07:20	18:15	06:59	16:12	
J 27	07:18	18:17	07:21	17:39	
V 28	07:16	18:18	07:39	19:04	
● Premier Quartier le 05					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 28					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:14	18:20	07:55	20:29	
D 2	07:12	18:21	08:11	21:56	
L 3	07:10	18:23	08:28	23:24	
M 4	07:08	18:25	08:50		
M 5	07:06	18:26	09:17	00:51	
J 6	07:04	18:28	09:54	02:15	
V 7	07:02	18:29	10:43	03:30	
S 8	07:00	18:31	11:47	04:30	
D 9	06:58	18:32	12:59	05:15	
L 10	06:56	18:34	14:16	05:47	
M 11	06:54	18:35	15:32	06:10	
M 12	06:52	18:37	16:45	06:28	
J 13	06:50	18:38	17:55	06:43	
V 14	06:48	18:40	19:03	06:56	
S 15	06:46	18:41	20:11	07:08	
D 16	06:44	18:43	21:19	07:21	
L 17	06:41	18:44	22:28	07:34	
M 18	06:39	18:46	23:39	07:50	
M 19	06:37	18:47		08:10	
J 20	06:35	18:49	00:49	08:37	
V 21	06:33	18:50	01:57	09:14	
S 22	06:31	18:52	02:58	10:03	
D 23	06:29	18:53	03:49	11:06	
L 24	06:27	18:55	04:29	12:20	
M 25	06:25	18:56	04:59	13:41	
M 26	06:23	18:58	05:23	15:05	
J 27	06:21	18:59	05:42	16:30	
V 28	06:18	19:01	05:58	17:57	
S 29	06:16	19:02	06:14	19:24	
D 30	07:14	20:04	07:31	21:53	
L 31	07:12	20:05	07:52	23:25	
● Premier Quartier le 06					
○ Pleine Lune le 14					
● Dernier Quartier le 22					
● Nouvelle Lune le 29					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:10	20:07	08:16		
M 2	07:08	20:08	08:50	00:54	
J 3	07:06	20:10	09:37	02:16	
V 4	07:04	20:11	10:37	03:25	
S 5	07:02	20:13	11:49	04:15	
D 6	07:00	20:14	13:05	04:51	
L 7	06:58	20:16	14:21	05:17	
M 8	06:56	20:17	15:35	05:36	
M 9	06:54	20:19	16:45	05:51	
J 10	06:52	20:20	17:54	06:04	
V 11	06:50	20:22	19:01	06:16	
S 12	06:48	20:23	20:08	06:28	
D 13	06:46	20:25	21:17	06:42	
L 14	06:44	20:26	22:26	06:57	
M 15	06:42	20:28	23:37	07:16	
M 16	06:40	20:29		07:41	
J 17	06:38	20:31	00:46	08:13	
V 18	06:36	20:32	01:50	08:57	
S 19	06:34	20:34	02:43	09:54	
D 20	06:32	20:35	03:27	11:03	
L 21	06:30	20:37	03:59	12:19	
M 22	06:28	20:38	04:24	13:39	
M 23	06:26	20:40	04:44	15:01	
J 24	06:25	20:41	05:01	16:24	
V 25	06:23	20:42	05:18	17:50	
S 26	06:21	20:44	05:34	19:17	
D 27	06:19	20:45	05:52	20:48	
L 28	06:17	20:47	06:14	22:20	
M 29	06:16	20:48	06:45	23:50	
M 30	06:14	20:50	07:26		
● Premier Quartier le 05					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 27					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:12	20:51	08:22	01:07	
V 2	06:11	20:53	09:33	02:07	
S 3	06:09	20:54	10:50	02:50	
D 4	06:07	20:56	12:08	03:20	
L 5	06:06	20:57	13:24	03:42	
M 6	06:04	20:58	14:36	03:58	
M 7	06:03	21:00	15:45	04:12	
J 8	06:01	21:01	16:52	04:24	
V 9	06:00	21:03	17:59	04:37	
S 10	05:58	21:04	19:07	04:50	
D 11	05:57	21:06	20:16	05:04	
L 12	05:55	21:07	21:27	05:22	
M 13	05:54	21:08	22:36	05:45	
M 14	05:53	21:10	23:42	06:15	
J 15	05:51	21:11		06:56	
V 16	05:50	21:12	00:39	07:49	
S 17	05:49	21:14	01:26	08:54	
D 18	05:47	21:15	02:01	10:07	
L 19	05:46	21:16	02:27	11:24	
M 20	05:45	21:17	02:48	12:43	
M 21	05:44	21:19	03:06	14:03	
J 22	05:43	21:20	03:22	15:24	
V 23	05:42	21:21	03:37	16:47	
S 24	05:41	21:22	03:54	18:14	
D 25	05:40	21:23	04:14	19:45	
L 26	05:39	21:25	04:39	21:16	
M 27	05:38	21:26	05:15	22:40	
M 28	05:37	21:27	06:04	23:51	
J 29	05:36	21:28	07:10		
V 30	05:36	21:29	08:27	00:42	
S 31	05:35	21:30	09:49	01:19	
● Premier Quartier le 04					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 27					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	05:34	21:31	11:08	01:44	
L 2	05:34	21:32	12:22	02:03	
M 3	05:33	21:33	13:34	02:18	
M 4	05:32	21:34	14:41	02:31	
J 5	05:32	21:35	15:49	02:44	
V 6	05:32	21:35	16:56	02:57	
S 7	05:31	21:36	18:05	03:11	
D 8	05:31	21:37	19:15	03:28	
L 9	05:30	21:38	20:25	03:49	
M 10	05:30	21:38	21:33	04:16	
M 11	05:30	21:39	22:34	04:54	
J 12	05:30	21:40	23:24	05:44	
V 13	05:30	21:40		06:46	
S 14	05:29	21:41	00:02	07:58	
D 15	05:29	21:41	00:31	09:14	
L 16	05:29	21:42	00:54	10:32	
M 17	05:29	21:42	01:12	11:51	
M 18	05:29	21:42	01:28	13:09	
J 19	05:30	21:43	01:43	14:28	
V 20	05:30	21:43	01:58	15:51	
S 21	05:30	21:43	02:16	17:17	
D 22	05:30	21:43	02:38	18:46	
L 23	05:31	21:43	03:08	20:13	
M 24	05:31	21:44	03:50	21:30	
M 25	05:31	21:44	04:48	22:30	
J 26	05:32	21:44	06:01	23:14	
V 27	05:32	21:44	07:22	23:44	
S 28	05:33	21:43	08:44		
D 29	05:33	21:43	10:03	00:06	
L 30	05:34	21:41	11:17	00:23	
● Premier Quartier le 11					
○ Pleine Lune le 11					
● Dernier Quartier le 18					
● Nouvelle Lune le 25					

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	05:34	21:43	12:27	00:37	
M 2	05:35	21:43	13:36	00:50	
J 3	05:36	21:42	14:44	01:03	
V 4	05:36	21:42	15:52	01:16	
S 5	05:37	21:41	17:02	01:32	
D 6	05:38	21:41	18:12	01:51	
L 7	05:39	21:41	19:22	02:16	
M 8	05:40	21:40	20:25	02:50	
M 9	05:41	21:39	21:19	03:36	
J 10	05:42	21:39	22:02	04:34	
V 11	05:43	21:38	22:34	05:45	
S 12	05:44	21:37	22:59	07:01	
D 13	05:45	21:37	23:18	08:21	
L 14	05:46	21:36	23:35	09:40	
M 15	05:47	21:35	23:50	10:59	
M 16	05:48	21:34		12:17	
J 17	05:49	21:33	00:04	13:38	
V 18</					