

LEVERS et COUCHERS SOLEIL - LUNE MONTDIDIER 2025

par www.calendriergratuit.fr

JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:24	16:48	10:04	18:14	
J 2	08:24	16:49	10:32	19:37	
V 3	08:24	16:50	10:53	20:59	
S 4	08:24	16:51	11:11	22:20	
D 5	08:23	16:52	11:26	23:41	
L 6	08:23	16:53	11:41		
M 7	08:23	16:54	11:57	01:02	
M 8	08:22	16:56	12:15	02:25	
J 9	08:22	16:57	12:39	03:50	
V 10	08:22	16:58	13:12	05:16	
S 11	08:21	17:00	13:57	06:35	
D 12	08:20	17:01	14:56	07:44	
L 13	08:20	17:02	16:09	08:35	
M 14	08:19	17:04	17:28	09:13	
M 15	08:18	17:05	18:46	09:39	
J 16	08:18	17:06	20:01	09:59	
V 17	08:17	17:08	21:13	10:14	
S 18	08:16	17:09	22:22	10:27	
D 19	08:15	17:11	23:30	10:39	
L 20	08:14	17:12		10:51	
M 21	08:13	17:14	00:37	11:05	
M 22	08:12	17:15	01:46	11:20	
J 23	08:11	17:17	02:56	11:40	
V 24	08:10	17:19	04:08	12:05	
S 25	08:09	17:20	05:19	12:41	
D 26	08:08	17:22	06:24	13:30	
L 27	08:07	17:23	07:19	14:34	
M 28	08:06	17:25	08:02	15:51	
M 29	08:04	17:27	08:33	17:14	
J 30	08:03	17:28	08:57	18:39	
V 31	08:02	17:30	09:16	20:04	
● Premier Quartier le 07					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 29					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	08:00	17:31	09:32	21:27	
D 2	07:59	17:33	09:48	22:50	
L 3	07:57	17:35	10:03		
M 4	07:56	17:36	10:21	00:14	
M 5	07:54	17:38	10:43	01:39	
J 6	07:53	17:40	11:12	03:04	
V 7	07:51	17:41	11:52	04:24	
S 8	07:50	17:43	12:45	05:35	
D 9	07:48	17:45	13:52	06:31	
L 10	07:47	17:46	15:08	07:12	
M 11	07:45	17:48	16:26	07:42	
M 12	07:43	17:50	17:42	08:03	
J 13	07:42	17:51	18:55	08:19	
V 14	07:40	17:53	20:06	08:33	
S 15	07:38	17:54	21:14	08:46	
D 16	07:36	17:56	22:22	08:58	
L 17	07:35	17:58	23:30	09:10	
M 18	07:33	17:59		09:25	
M 19	07:31	18:01	00:40	09:42	
J 20	07:29	18:03	01:51	10:04	
V 21	07:27	18:04	03:02	10:34	
S 22	07:25	18:06	04:09	11:17	
D 23	07:24	18:07	05:08	12:12	
L 24	07:23	18:09	05:55	13:23	
M 25	07:20	18:11	06:31	14:43	
M 26	07:18	18:12	06:58	16:09	
J 27	07:16	18:14	07:19	17:35	
V 28	07:14	18:16	07:37	19:01	
● Premier Quartier le 05					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 28					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:12	18:17	07:52	20:27	
D 2	07:10	18:19	08:08	21:54	
L 3	07:08	18:20	08:25	23:22	
M 4	07:06	18:22	08:46		
M 5	07:04	18:23	09:14	00:49	
J 6	07:02	18:25	09:50	02:14	
V 7	07:00	18:27	10:39	03:29	
S 8	06:58	18:28	11:43	04:29	
D 9	06:56	18:30	12:55	05:14	
L 10	06:54	18:31	14:12	05:46	
M 11	06:52	18:33	15:28	06:09	
M 12	06:49	18:34	16:41	06:26	
J 13	06:47	18:36	17:52	06:41	
V 14	06:45	18:37	19:01	06:53	
S 15	06:43	18:39	20:09	07:05	
D 16	06:41	18:40	21:17	07:18	
L 17	06:39	18:42	22:26	07:31	
M 18	06:37	18:43	23:37	07:47	
M 19	06:35	18:45		08:07	
J 20	06:33	18:47	00:47	08:33	
V 21	06:31	18:48	01:56	09:10	
S 22	06:28	18:50	02:57	09:59	
D 23	06:26	18:51	03:48	11:01	
L 24	06:24	18:53	04:27	12:16	
M 25	06:22	18:54	04:58	13:38	
M 26	06:20	18:56	05:21	15:02	
J 27	06:18	18:57	05:40	16:27	
V 28	06:16	18:59	05:56	17:54	
S 29	06:14	19:00	06:12	19:22	
D 30	07:12	20:02	07:28	21:52	
L 31	07:10	20:03	07:48	23:23	
● Premier Quartier le 06					
○ Pleine Lune le 14					
● Dernier Quartier le 22					
● Nouvelle Lune le 29					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:07	20:05	08:13		
M 2	07:05	20:06	08:46	00:53	
J 3	07:03	20:08	09:33	02:15	
V 4	07:01	20:09	10:33	03:24	
S 5	06:59	20:11	11:45	04:14	
D 6	06:57	20:12	13:01	04:50	
L 7	06:55	20:14	14:18	05:15	
M 8	06:53	20:15	15:32	05:34	
M 9	06:51	20:17	16:42	05:49	
J 10	06:49	20:18	17:51	06:02	
V 11	06:47	20:20	18:58	06:14	
S 12	06:45	20:21	20:06	06:26	
D 13	06:43	20:23	21:15	06:39	
L 14	06:41	20:24	22:25	06:54	
M 15	06:39	20:26	23:36	07:13	
M 16	06:37	20:27		07:37	
J 17	06:35	20:29	00:45	08:09	
V 18	06:33	20:30	01:49	08:53	
S 19	06:31	20:32	02:43	09:50	
D 20	06:29	20:33	03:26	10:59	
L 21	06:27	20:35	03:58	12:15	
M 22	06:25	20:36	04:22	13:36	
M 23	06:23	20:38	04:42	14:58	
J 24	06:22	20:39	04:59	16:21	
V 25	06:20	20:41	05:15	17:47	
S 26	06:18	20:42	05:31	19:15	
D 27	06:16	20:44	05:49	20:46	
L 28	06:14	20:45	06:11	22:19	
M 29	06:13	20:47	06:41	23:49	
M 30	06:11	20:48	07:22		
● Premier Quartier le 05					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 27					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:09	20:50	08:18	01:07	
V 2	06:07	20:51	09:29	02:06	
S 3	06:06	20:52	10:46	02:49	
D 4	06:04	20:54	12:05	03:19	
L 5	06:02	20:55	13:21	03:40	
M 6	06:01	20:57	14:33	03:56	
M 7	05:59	20:58	15:42	04:10	
J 8	05:58	21:00	16:49	04:22	
V 9	05:56	21:01	17:57	04:34	
S 10	05:55	21:02	19:05	04:47	
D 11	05:53	21:04	20:14	05:01	
L 12	05:52	21:05	21:25	05:19	
M 13	05:51	21:07	22:35	05:41	
M 14	05:49	21:08	23:41	06:11	
J 15	05:48	21:09		06:52	
V 16	05:47	21:11	00:38	07:45	
S 17	05:45	21:12	01:25	08:49	
D 18	05:44	21:13	01:59	10:03	
L 19	05:43	21:15	02:26	11:21	
M 20	05:42	21:16	02:46	12:40	
M 21	05:41	21:17	03:04	14:00	
J 22	05:39	21:18	03:19	15:21	
V 23	05:38	21:20	03:35	16:44	
S 24	05:37	21:21	03:51	18:12	
D 25	05:36	21:22	04:10	19:43	
L 26	05:35	21:23	04:36	21:14	
M 27	05:35	21:24	05:11	22:39	
M 28	05:34	21:25	06:00	23:50	
J 29	05:33	21:27	07:06		
V 30	05:32	21:28	08:23	00:41	
S 31	05:31	21:29	09:45	01:18	
● Premier Quartier le 04					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 27					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	05:31	21:30	11:04	01:43	
L 2	05:30	21:31	12:19	02:01	
M 3	05:29	21:31	13:31	02:16	
M 4	05:29	21:32	14:39	02:29	
J 5	05:28	21:33	15:47	02:41	
V 6	05:28	21:34	16:54	02:54	
S 7	05:27	21:35	18:03	03:08	
D 8	05:27	21:36	19:14	03:24	
L 9	05:27	21:36	20:24	03:45	
M 10	05:26	21:37	21:32	04:12	
M 11	05:26	21:38	22:33	04:50	
J 12	05:26	21:38	23:23	05:40	
V 13	05:26	21:39		06:42	
S 14	05:26	21:39	00:01	07:54	
D 15	05:26	21:40	00:30	09:11	
L 16	05:26	21:40	00:52	10:29	
M 17	05:26	21:41	01:10	11:48	
M 18	05:26	21:41	01:26	13:06	
J 19	05:26	21:41	01:40	14:26	
V 20	05:26	21:42	01:55	15:49	
S 21	05:26	21:42	02:13	17:15	
D 22	05:27	21:42	02:35	18:44	
L 23	05:27	21:42	03:04	20:12	
M 24	05:27	21:42	03:46	21:29	
M 25	05:28	21:42	04:43	22:29	
J 26	05:28	21:42	05:57	23:13	
V 27	05:28	21:42	07:18	23:43	
S 28	05:29	21:42	08:40		
D 29	05:30	21:42	10:00	00:04	
L 30	05:30	21:42	11:14	00:21	
● Premier Quartier le 03					
○ Pleine Lune le 11					
● Dernier Quartier le 18					
● Nouvelle Lune le 25					

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	05:31	21:42	12:25	00:35	
M 2	05:31	21:41	13:34	00:47	
J 3	05:32	21:41	14:41	01:00	
V 4	05:33	21:41	15:51	01:13	
S 5	05:34	21:40	17:00	01:29	
D 6	05:34	21:40	18:11	01:48	
L 7	05:35	21:39	19:21	02:12	
M 8	05:36	21:39	20:24	02:46	
M 9	05:37	21:38	21:19	03:32	
J 10	05:38	21:37	22:01	04:30	
V 11	05:39	21:37	22:33	05:41	
S 12	05:40	21:36	22:57	06:58	
D 13	05:41	21:35	23:16	08:17	
L 14	05:42	21:34	23:32	09:37	
M 15	05:43	21:33	23:47	10:56	
M 16	05:44	21:33		12:15	
J 17	05:45	21:32	00:02	13:36	