

# LEVERS et COUCHERS SOLEIL - LUNE MAURIAC 2025

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:27	17:20	10:05	18:49	
J 2	08:27	17:21	10:37	20:08	
V 3	08:27	17:22	11:02	21:26	
S 4	08:27	17:23	11:24	22:43	
D 5	08:27	17:24	11:43	23:59	
L 6	08:27	17:25	12:01		
M 7	08:27	17:26	12:21	01:17	
M 8	08:27	17:27	12:44	02:35	
J 9	08:26	17:29	13:13	03:56	
V 10	08:26	17:30	13:49	05:17	
S 11	08:26	17:31	14:37	06:33	
D 12	08:25	17:32	15:38	07:40	
L 13	08:25	17:33	16:48	08:33	
M 14	08:24	17:35	18:02	09:14	
M 15	08:24	17:36	19:17	09:44	
J 16	08:23	17:37	20:28	10:07	
V 17	08:22	17:38	21:36	10:26	
S 18	08:22	17:40	22:41	10:43	
D 19	08:21	17:41	23:45	10:58	
L 20	08:20	17:42		11:14	
M 21	08:19	17:44	00:49	11:31	
M 22	08:19	17:45	01:54	11:50	
J 23	08:17	17:46	03:01	12:12	
V 24	08:17	17:48	04:09	12:42	
S 25	08:16	17:49	05:17	13:21	
D 26	08:15	17:51	06:20	14:11	
L 27	08:14	17:52	07:16	15:14	
M 28	08:13	17:53	08:01	16:28	
M 29	08:12	17:55	08:36	17:47	
J 30	08:11	17:56	09:04	19:08	
V 31	08:10	17:58	09:28	20:28	
● Premier Quartier le 07					
○ Pleine Lune le 13					
● Dernier Quartier le 23					
● Nouvelle Lune le 29					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	08:08	17:59	09:48	21:47	
D 2	08:07	18:01	10:07	23:06	
L 3	08:06	18:02	10:26		
M 4	08:05	18:03	10:48	00:25	
M 5	08:03	18:05	11:15	01:45	
J 6	08:02	18:06	11:48	03:06	
V 7	08:01	18:08	12:31	04:22	
S 8	07:59	18:09	13:26	05:32	
D 9	07:58	18:11	14:32	06:28	
L 10	07:57	18:12	15:45	07:12	
M 11	07:55	18:13	16:58	07:45	
M 12	07:54	18:15	18:11	08:10	
J 13	07:52	18:16	19:20	08:30	
V 14	07:51	18:18	20:26	08:48	
S 15	07:49	18:19	21:32	09:04	
D 16	07:48	18:21	22:35	09:19	
L 17	07:46	18:22	23:41	09:35	
M 18	07:45	18:23		09:53	
M 19	07:43	18:25	00:46	10:13	
J 20	07:41	18:26	01:54	10:39	
V 21	07:40	18:28	03:01	11:13	
S 22	07:38	18:29	04:06	11:57	
D 23	07:36	18:30	05:04	12:54	
L 24	07:35	18:32	05:53	14:02	
M 25	07:33	18:33	06:32	15:19	
M 26	07:31	18:35	07:03	16:39	
J 27	07:30	18:36	07:29	18:01	
V 28	07:28	18:37	07:50	19:23	
● Premier Quartier le 05					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 28					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:26	18:39	08:10	20:44	
D 2	07:24	18:40	08:30	22:06	
L 3	07:23	18:42	08:52	23:30	
M 4	07:21	18:43	09:17		
M 5	07:19	18:44	09:49	00:53	
J 6	07:17	18:46	10:29	02:13	
V 7	07:15	18:47	11:21	03:26	
S 8	07:13	18:48	12:23	04:26	
D 9	07:12	18:50	13:34	05:13	
L 10	07:10	18:51	14:46	05:48	
M 11	07:08	18:52	15:58	06:15	
M 12	07:06	18:54	17:08	06:36	
J 13	07:04	18:55	18:14	06:54	
V 14	07:02	18:56	19:20	07:10	
S 15	07:01	18:57	20:24	07:25	
D 16	06:59	18:59	21:29	07:41	
L 17	06:57	19:00	22:34	07:58	
M 18	06:55	19:01	23:41	08:17	
M 19	06:53	19:03		08:41	
J 20	06:51	19:04	00:48	09:11	
V 21	06:49	19:05	01:53	09:50	
S 22	06:47	19:07	02:53	10:40	
D 23	06:45	19:08	03:45	11:42	
L 24	06:44	19:09	04:27	12:53	
M 25	06:42	19:10	05:01	14:10	
M 26	06:40	19:12	05:28	15:31	
J 27	06:38	19:13	05:51	16:52	
V 28	06:36	19:14	06:11	18:13	
S 29	06:34	19:16	06:31	19:37	
D 30	07:32	20:17	07:53	22:02	
L 31	07:30	20:18	08:16	23:28	
● Premier Quartier le 06					
○ Pleine Lune le 14					
● Dernier Quartier le 22					
● Nouvelle Lune le 29					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:28	20:19	08:46		
M 2	07:27	20:21	09:24	00:53	
J 3	07:25	20:22	10:13	02:12	
V 4	07:23	20:23	11:14	03:20	
S 5	07:21	20:25	12:23	04:12	
D 6	07:19	20:26	13:37	04:51	
L 7	07:17	20:27	14:49	05:20	
M 8	07:15	20:28	15:59	05:43	
M 9	07:14	20:30	17:06	06:01	
J 10	07:12	20:31	18:11	06:17	
V 11	07:10	20:32	19:15	06:32	
S 12	07:08	20:34	20:19	06:48	
D 13	07:06	20:35	21:24	07:04	
L 14	07:05	20:36	22:30	07:23	
M 15	07:03	20:37	23:38	07:45	
M 16	07:01	20:39		08:13	
J 17	06:59	20:40	00:43	08:48	
V 18	06:58	20:41	01:45	09:35	
S 19	06:56	20:42	02:39	10:31	
D 20	06:54	20:44	03:24	11:37	
L 21	06:53	20:45	03:59	12:50	
M 22	06:51	20:46	04:28	14:06	
M 23	06:49	20:48	04:52	15:25	
J 24	06:48	20:49	05:13	16:43	
V 25	06:46	20:50	05:33	18:04	
S 26	06:44	20:51	05:53	19:28	
D 27	06:43	20:53	06:15	20:54	
L 28	06:41	20:54	06:42	22:22	
M 29	06:40	20:55	07:16	23:48	
M 30	06:38	20:56	08:01		
● Premier Quartier le 05					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 27					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:37	20:58	08:59	01:03	
V 2	06:35	20:59	10:08	02:03	
S 3	06:34	21:00	11:23	02:49	
D 4	06:32	21:01	12:37	03:22	
L 5	06:31	21:03	13:49	03:47	
M 6	06:30	21:04	14:57	04:07	
M 7	06:28	21:05	16:03	04:24	
J 8	06:27	21:06	17:07	04:40	
V 9	06:26	21:08	18:10	04:55	
S 10	06:24	21:09	19:15	05:11	
D 11	06:23	21:10	20:21	05:29	
L 12	06:22	21:11	21:28	05:50	
M 13	06:21	21:12	22:34	06:16	
M 14	06:19	21:14	23:38	06:49	
J 15	06:18	21:15		07:32	
V 16	06:17	21:16	00:34	08:25	
S 17	06:16	21:17	01:22	09:29	
D 18	06:15	21:18	02:00	10:39	
L 19	06:14	21:19	02:30	11:53	
M 20	06:13	21:20	02:55	13:08	
M 21	06:12	21:21	03:16	14:23	
J 22	06:11	21:23	03:35	15:40	
V 23	06:10	21:24	03:54	16:59	
S 24	06:09	21:25	04:15	18:22	
D 25	06:09	21:26	04:39	19:48	
L 26	06:08	21:27	05:09	21:15	
M 27	06:07	21:28	05:49	22:37	
M 28	06:06	21:29	06:41	23:47	
J 29	06:06	21:30	07:47		
V 30	06:05	21:30	09:01	00:40	
S 31	06:04	21:31	10:19	01:20	
● Premier Quartier le 04					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 27					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	06:04	21:32	11:34	01:49	
L 2	06:03	21:33	12:45	02:11	
M 3	06:03	21:34	13:53	02:29	
M 4	06:02	21:35	14:58	02:46	
J 5	06:02	21:35	16:01	03:01	
V 6	06:02	21:36	17:06	03:17	
S 7	06:01	21:37	18:11	03:34	
D 8	06:01	21:38	19:18	03:54	
L 9	06:01	21:38	20:25	04:18	
M 10	06:01	21:39	21:30	04:50	
M 11	06:00	21:39	22:29	05:30	
J 12	06:00	21:40	23:20	06:20	
V 13	06:00	21:40		07:22	
S 14	06:00	21:41	00:01	08:30	
D 15	06:00	21:41	00:33	09:44	
L 16	06:00	21:42	00:59	10:58	
M 17	06:00	21:42	01:21	12:12	
M 18	06:00	21:42	01:40	13:27	
J 19	06:00	21:43	01:59	14:42	
V 20	06:01	21:43	02:18	16:01	
S 21	06:01	21:43	02:39	17:23	
D 22	06:01	21:43	03:06	18:47	
L 23	06:01	21:44	03:40	20:10	
M 24	06:02	21:44	04:25	21:26	
M 25	06:02	21:44	05:25	22:27	
J 26	06:02	21:44	06:36	23:13	
V 27	06:03	21:44	07:54	23:47	
S 28	06:03	21:44	09:13		
D 29	06:04	21:44	10:27	00:12	
L 30	06:04	21:43	11:38	00:33	
● Premier Quartier le 03					
○ Pleine Lune le 11					
● Dernier Quartier le 18					
● Nouvelle Lune le 25					

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	06:05	21:43	12:44	00:50	
M 2	06:06	21:43	13:50	01:06	
J 3	06:06	21:43	14:54	01:22	
V 4	06:07	21:43	15:59	01:39	
S 5	06:07	21:42	17:06	01:58	
D 6	06:08	21:42	18:13	02:20	
L 7	06:09	21:41	19:19	02:49	
M 8	06:10	21:41	20:21	03:26	
M 9	06:10	21:40	21:15	04:12	
J 10	06:11	21:40	21:59	05:11	
V 11	06:12	21:39	22:35	06:18	
S 12	06:13	21:39	23:03	07:32	
D 13	06:14	21:38	23:26	08:47	
L 14	06:15	21:37	23:46	10:03	
M 15	06:16	21:37		11:18	
M 16	06:17	21:36	00:04	12:32	
J 17	06:18	21:35	00:23	13:49	