

# LEVERS et COUCHERS SOLEIL - LUNE LODÈVE 2025

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:18	17:22	09:55	18:51	
J 2	08:18	17:22	10:28	20:08	
V 3	08:18	17:23	10:55	21:25	
S 4	08:18	17:24	11:18	22:40	
<b>D 5</b>	<b>08:18</b>	<b>17:25</b>	<b>11:38</b>	<b>23:55</b>	
L 6	08:18	17:26	11:58		
M 7	08:18	17:27	12:20	01:11	
M 8	08:18	17:28	12:44	02:27	
J 9	08:17	17:30	13:14	03:47	
V 10	08:17	17:31	13:52	05:06	
S 11	08:17	17:32	14:40	06:21	
<b>D 12</b>	<b>08:16</b>	<b>17:33</b>	<b>15:41</b>	<b>07:28</b>	
L 13	08:16	17:34	16:51	08:22	
M 14	08:15	17:35	18:04	09:04	
M 15	08:15	17:36	19:17	09:35	
J 16	08:14	17:38	20:27	10:00	
V 17	08:14	17:39	21:34	10:20	
S 18	08:13	17:40	22:37	10:38	
<b>D 19</b>	<b>08:13</b>	<b>17:41</b>	<b>23:40</b>	<b>10:55</b>	
L 20	08:12	17:43		11:12	
M 21	08:11	17:44	00:43	11:29	
M 22	08:10	17:45	01:47	11:50	
J 23	08:10	17:47	02:52	12:14	
V 24	08:09	17:48	03:59	12:44	
S 25	08:08	17:49	05:06	13:24	
<b>D 26</b>	<b>08:07</b>	<b>17:51</b>	<b>06:08</b>	<b>14:15</b>	
L 27	08:06	17:52	07:04	15:18	
M 28	08:05	17:53	07:50	16:30	
M 29	08:04	17:55	08:27	17:48	
J 30	08:03	17:56	08:56	19:07	
V 31	08:02	17:57	09:21	20:25	

● Premier Quartier le 07  
○ Pleine Lune le 13  
● Dernier Quartier le 21  
● Nouvelle Lune le 29

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	08:01	17:59	09:43	21:43	
<b>D 2</b>	<b>08:00</b>	<b>18:00</b>	<b>10:03</b>	<b>23:00</b>	
L 3	07:59	18:01	10:24		
M 4	07:57	18:03	10:48	00:17	
M 5	07:56	18:04	11:16	01:37	
J 6	07:55	18:06	11:51	02:55	
V 7	07:54	18:07	12:34	04:11	
S 8	07:53	18:08	13:30	05:20	
<b>D 9</b>	<b>07:51</b>	<b>18:10</b>	<b>14:35</b>	<b>06:16</b>	
L 10	07:50	18:11	15:47	07:01	
M 11	07:49	18:12	16:59	07:36	
M 12	07:47	18:14	18:10	08:02	
J 13	07:46	18:15	19:18	08:24	
V 14	07:44	18:16	20:23	08:42	
S 15	07:43	18:18	21:27	08:59	
<b>D 16</b>	<b>07:41</b>	<b>18:19</b>	<b>22:29</b>	<b>09:16</b>	
L 17	07:40	18:20	23:33	09:33	
M 18	07:38	18:22		09:52	
M 19	07:37	18:23	00:38	10:14	
J 20	07:35	18:24	01:44	10:41	
V 21	07:34	18:26	02:50	11:16	
S 22	07:32	18:27	03:54	12:01	
<b>D 23</b>	<b>07:31</b>	<b>18:28</b>	<b>04:52</b>	<b>12:58</b>	
L 24	07:30	18:30	05:42	14:05	
M 25	07:27	18:31	06:22	15:21	
M 26	07:26	18:32	06:54	16:40	
J 27	07:24	18:34	07:21	18:00	
V 28	07:22	18:35	07:45	19:20	

○ Premier Quartier le 05  
○ Pleine Lune le 12  
● Dernier Quartier le 20  
● Nouvelle Lune le 28

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:21	18:36	08:06	20:39	
<b>D 2</b>	<b>07:19</b>	<b>18:37</b>	<b>08:27</b>	<b>22:00</b>	
L 3	07:17	18:39	08:51	23:22	
M 4	07:16	18:40	09:18		
M 5	07:14	18:41	09:51	00:43	
J 6	07:12	18:43	10:32	02:02	
V 7	07:11	18:44	11:25	03:14	
S 8	07:09	18:45	12:26	04:14	
<b>D 9</b>	<b>07:07</b>	<b>18:46</b>	<b>13:36</b>	<b>05:02</b>	
L 10	07:05	18:48	14:47	05:38	
M 11	07:03	18:49	15:58	06:06	
M 12	07:02	18:50	17:06	06:29	
J 13	07:00	18:51	18:11	06:48	
V 14	06:58	18:53	19:16	07:06	
S 15	06:56	18:54	20:18	07:22	
<b>D 16</b>	<b>06:55</b>	<b>18:55</b>	<b>21:22</b>	<b>07:39</b>	
L 17	06:53	18:56	22:26	07:57	
M 18	06:51	18:57	23:32	08:17	
M 19	06:49	18:59		08:42	
J 20	06:47	19:00	00:37	09:14	
V 21	06:46	19:01	01:42	09:54	
S 22	06:44	19:02	02:41	10:44	
<b>D 23</b>	<b>06:42</b>	<b>19:04</b>	<b>03:33</b>	<b>11:46</b>	
L 24	06:40	19:05	04:16	12:55	
M 25	06:38	19:06	04:51	14:11	
M 26	06:36	19:07	05:20	15:30	
J 27	06:35	19:08	05:45	16:49	
V 28	06:33	19:10	06:06	18:09	
S 29	06:31	19:11	06:28	19:31	
<b>D 30</b>	<b>07:29</b>	<b>20:12</b>	<b>07:51</b>	<b>21:54</b>	
L 31	07:27	20:13	08:16	23:19	

○ Premier Quartier le 06  
○ Pleine Lune le 14  
● Dernier Quartier le 22  
● Nouvelle Lune le 29

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:26	20:14	08:47		
M 2	07:24	20:16	09:27	00:43	
J 3	07:22	20:17	10:17	02:01	
V 4	07:20	20:18	11:18	03:08	
S 5	07:19	20:19	12:26	04:00	
<b>D 6</b>	<b>07:17</b>	<b>20:20</b>	<b>13:39</b>	<b>04:40</b>	
L 7	07:15	20:22	14:49	05:11	
M 8	07:13	20:23	15:58	05:35	
M 9	07:12	20:24	17:03	05:55	
J 10	07:10	20:25	18:07	06:12	
V 11	07:08	20:26	19:10	06:29	
S 12	07:06	20:28	20:12	06:45	
<b>D 13</b>	<b>07:05</b>	<b>20:29</b>	<b>21:16</b>	<b>07:03</b>	
L 14	07:03	20:30	22:21	07:23	
M 15	07:01	20:31	23:27	07:46	
M 16	07:00	20:32		08:15	
J 17	06:58	20:34	00:32	08:52	
V 18	06:56	20:35	01:33	09:38	
S 19	06:55	20:36	02:27	10:34	
<b>D 20</b>	<b>06:53</b>	<b>20:37</b>	<b>03:13</b>	<b>11:40</b>	
L 21	06:51	20:38	03:49	12:51	
M 22	06:50	20:40	04:19	14:06	
M 23	06:48	20:41	04:45	15:23	
J 24	06:47	20:42	05:07	16:40	
V 25	06:45	20:43	05:29	18:00	
S 26	06:44	20:44	05:50	19:21	
<b>D 27</b>	<b>06:42</b>	<b>20:46</b>	<b>06:14</b>	<b>20:46</b>	
L 28	06:41	20:47	06:42	22:12	
M 29	06:39	20:48	07:19	23:36	
M 30	06:38	20:49	08:05		

● Premier Quartier le 05  
○ Pleine Lune le 13  
● Dernier Quartier le 21  
● Nouvelle Lune le 27

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:36	20:50	09:03	00:51	
V 2	06:35	20:51	10:12	01:52	
S 3	06:34	20:53	11:25	02:38	
<b>D 4</b>	<b>06:32</b>	<b>20:54</b>	<b>12:38</b>	<b>03:13</b>	
L 5	06:31	20:55	13:49	03:40	
M 6	06:30	20:56	14:55	04:01	
M 7	06:28	20:57	16:00	04:19	
J 8	06:27	20:58	17:02	04:36	
V 9	06:26	21:00	18:05	04:52	
S 10	06:25	21:01	19:08	05:09	
<b>D 11</b>	<b>06:23</b>	<b>21:02</b>	<b>20:12</b>	<b>05:29</b>	
L 12	06:22	21:03	21:18	05:51	
M 13	06:21	21:04	22:23	06:18	
M 14	06:20	21:05	23:26	06:52	
J 15	06:19	21:06		07:36	
V 16	06:18	21:07	00:22	08:29	
S 17	06:17	21:08	01:11	09:32	
<b>D 18</b>	<b>06:16</b>	<b>21:10</b>	<b>01:50</b>	<b>10:41</b>	
L 19	06:15	21:11	02:21	11:53	
M 20	06:14	21:12	02:47	13:07	
M 21	06:13	21:13	03:10	14:20	
J 22	06:12	21:14	03:31	15:36	
V 23	06:11	21:15	03:51	16:54	
<b>D 24</b>	<b>06:11</b>	<b>21:16</b>	<b>04:13</b>	<b>18:15</b>	
L 25	06:10	21:17	04:38	19:39	
M 26	06:09	21:18	05:10	21:05	
M 27	06:08	21:18	05:51	22:25	
J 28	06:08	21:19	06:44	23:35	
V 29	06:07	21:20	07:50		
S 30	06:07	21:21	09:04	00:29	
S 31	06:06	21:22	10:20	01:10	

● Premier Quartier le 04  
○ Pleine Lune le 12  
● Dernier Quartier le 20  
● Nouvelle Lune le 27

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
<b>D 1</b>	<b>06:05</b>	<b>21:23</b>	<b>11:34</b>	<b>01:40</b>	
L 2	06:05	21:24	12:43	02:04	
M 3	06:05	21:24	13:50	02:24	
M 4	06:04	21:25	14:53	02:41	
J 5	06:04	21:26	15:56	02:58	
V 6	06:03	21:27	16:59	03:15	
S 7	06:03	21:27	18:03	03:34	
<b>D 8</b>	<b>06:03</b>	<b>21:28</b>	<b>19:08</b>	<b>03:55</b>	
L 9	06:03	21:28	20:14	04:20	
M 10	06:02	21:29	21:18	04:52	
M 11	06:02	21:30	22:17	05:33	
J 12	06:02	21:30	23:08	06:24	
V 13	06:02	21:31	23:50	07:25	
S 14	06:02	21:31		08:32	
<b>D 15</b>	<b>06:02</b>	<b>21:32</b>	<b>00:23</b>	<b>09:45</b>	
L 16	06:02	21:32	00:51	10:57	
M 17	06:02	21:32	01:14	12:10	
M 18	06:02	21:33	01:35	13:23	
J 19	06:02	21:33	01:55	14:37	
V 20	06:03	21:33	02:15	15:54	
S 21	06:03	21:33	02:38	17:15	
<b>D 22</b>	<b>06:03</b>	<b>21:34</b>	<b>03:07</b>	<b>18:37</b>	
L 23	06:03	21:34	03:42	19:59	
M 24	06:02	21:34	04:28	21:14	
M 25	06:04	21:34	05:28	22:15	
J 26	06:04	21:34	06:39	23:02	
V 27	06:05	21:34	07:56	23:38	
S 28	06:05	21:34	09:13		
<b>D 29</b>	<b>06:06</b>	<b>21:34</b>	<b>10:26</b>	<b>00:05</b>	
L 30	06:06	21:34	11:35	00:26	

● Premier Quartier le 03  
○ Pleine Lune le 11  
● Dernier Quartier le 18  
● Nouvelle Lune le 25

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	06:07	21:34	12:41	00:45	
M 2	06:07	21:33	13:45	01:03	
J 3	06:08	21:33	14:48	01:20	
V 4	06:09	21:33	15:52	01:38	
S 5	06:09	21:33	16:57	01:58	
<b>D 6</b>	<b>06:10</b>	<b>21:32</b>	<b>18:03</b>	<b>02:21</b>	
L 7	06:11	21:32	19:08	02:51	
M 8	06:11	21:31	20:09	03:29	
M 9	06:12	21:31	21:03	04:16	
J 10	06:13	21:31	21:49	05:15	
V 11	06:14	21:30	22:25	06:21	
S 12	06				