

LEVERS et COUCHERS SOLEIL - LUNE LE BLANC 2025

par www.calendriergratuit.fr

JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:38	17:20	10:17	18:49	
J 2	08:38	17:21	10:47	20:09	
V 3	08:38	17:22	11:11	21:29	
S 4	08:38	17:23	11:31	22:47	
D 5	08:37	17:24	11:49		
L 6	08:37	17:25	12:06	00:05	
M 7	08:37	17:26	12:24	01:24	
M 8	08:37	17:27	12:46	02:44	
J 9	08:36	17:29	13:13	04:06	
V 10	08:36	17:30	13:48	05:28	
S 11	08:35	17:31	14:34	06:46	
D 12	08:35	17:32	15:35	07:53	
L 13	08:34	17:34	16:46	08:46	
M 14	08:34	17:35	18:02	09:25	
M 15	08:33	17:36	19:18	09:54	
J 16	08:33	17:38	20:30	10:16	
V 17	08:32	17:39	21:40	10:33	
S 18	08:31	17:40	22:46	10:49	
D 19	08:30	17:42	23:52	11:03	
L 20	08:30	17:43		11:18	
M 21	08:29	17:44	00:57	11:33	
M 22	08:28	17:46	02:03	11:51	
J 23	08:27	17:47	03:12	12:12	
V 24	08:26	17:49	04:21	12:40	
S 25	08:25	17:50	05:30	13:18	
D 26	08:24	17:52	06:34	14:08	
L 27	08:23	17:53	07:29	15:12	
M 28	08:22	17:55	08:13	16:26	
M 29	08:21	17:56	08:47	17:48	
J 30	08:19	17:58	09:13	19:10	
V 31	08:18	17:59	09:35	20:31	
● Premier Quartier le 07					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 29					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	08:17	18:01	09:54	21:52	
D 2	08:16	18:02	10:11	23:12	
L 3	08:14	18:04	10:29		
M 4	08:13	18:05	10:50	00:33	
M 5	08:12	18:07	11:15	01:55	
J 6	08:10	18:08	11:47	03:17	
V 7	08:09	18:10	12:29	04:35	
S 8	08:08	18:11	13:24	05:45	
D 9	08:06	18:13	14:30	06:41	
L 10	08:05	18:14	15:44	07:24	
M 11	08:03	18:16	16:59	07:55	
M 12	08:02	18:17	18:12	08:19	
J 13	08:00	18:19	19:23	08:38	
V 14	07:58	18:20	20:31	08:54	
S 15	07:57	18:22	21:37	09:09	
D 16	07:55	18:23	22:43	09:23	
L 17	07:54	18:25	23:49	09:38	
M 18	07:52	18:26		09:54	
M 19	07:50	18:28	00:56	10:13	
J 20	07:49	18:29	02:05	10:38	
V 21	07:47	18:31	03:14	11:11	
S 22	07:45	18:32	04:19	11:55	
D 23	07:43	18:34	05:17	12:51	
L 24	07:42	18:35	06:05	14:00	
M 25	07:40	18:37	06:43	15:18	
M 26	07:38	18:38	07:13	16:40	
J 27	07:36	18:40	07:37	18:04	
V 28	07:34	18:41	07:57	19:28	
● Premier Quartier le 05					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 28					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:32	18:42	08:15	20:50	
D 2	07:31	18:44	08:34	22:14	
L 3	07:29	18:45	08:54	23:39	
M 4	07:27	18:47	09:18		
M 5	07:25	18:48	09:48	01:04	
J 6	07:23	18:50	10:26	02:25	
V 7	07:21	18:51	11:18	03:39	
S 8	07:19	18:53	12:20	04:39	
D 9	07:17	18:54	13:32	05:25	
L 10	07:16	18:55	14:46	05:59	
M 11	07:14	18:57	15:59	06:24	
M 12	07:12	18:58	17:10	06:44	
J 13	07:10	19:00	18:18	07:01	
V 14	07:08	19:01	19:25	07:16	
S 15	07:06	19:02	20:30	07:30	
D 16	07:04	19:04	21:37	07:44	
L 17	07:02	19:05	22:43	08:00	
M 18	07:00	19:06	23:52	08:18	
M 19	06:58	19:08		08:40	
J 20	06:56	19:09	01:00	09:09	
V 21	06:54	19:11	02:06	09:48	
S 22	06:52	19:12	03:07	10:37	
D 23	06:50	19:13	03:58	11:40	
L 24	06:48	19:15	04:39	12:52	
M 25	06:46	19:16	05:11	14:11	
M 26	06:44	19:17	05:37	15:33	
J 27	06:42	19:19	05:58	16:55	
V 28	06:40	19:20	06:17	18:18	
S 29	06:38	19:22	06:36	19:44	
D 30	07:36	20:23	07:56	22:10	
L 31	07:34	20:24	08:18	23:39	
● Premier Quartier le 06					
○ Pleine Lune le 14					
● Dernier Quartier le 22					
● Nouvelle Lune le 29					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:32	20:26	08:46		
M 2	07:30	20:27	09:23	01:06	
J 3	07:28	20:28	10:11	02:25	
V 4	07:27	20:30	11:12	03:33	
S 5	07:25	20:31	12:22	04:24	
D 6	07:23	20:32	13:36	05:02	
L 7	07:21	20:34	14:50	05:30	
M 8	07:19	20:35	16:01	05:51	
M 9	07:17	20:37	17:09	06:08	
J 10	07:15	20:38	18:15	06:23	
V 11	07:13	20:39	19:21	06:37	
S 12	07:11	20:41	20:26	06:52	
D 13	07:09	20:42	21:33	07:07	
L 14	07:08	20:43	22:40	07:24	
M 15	07:06	20:45	23:49	07:45	
M 16	07:04	20:46		08:11	
J 17	07:02	20:47	00:56	08:46	
V 18	07:00	20:49	01:58	09:32	
S 19	06:58	20:50	02:52	10:28	
D 20	06:57	20:51	03:36	11:36	
L 21	06:55	20:53	04:10	12:49	
M 22	06:53	20:54	04:38	14:07	
M 23	06:51	20:56	05:00	15:27	
J 24	06:50	20:57	05:20	16:48	
V 25	06:48	20:58	05:38	18:10	
S 26	06:46	21:00	05:57	19:36	
D 27	06:45	21:01	06:17	21:03	
L 28	06:43	21:02	06:42	22:33	
M 29	06:41	21:04	07:16	23:59	
M 30	06:40	21:05	07:59		
● Premier Quartier le 05					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 27					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:38	21:06	08:57	01:16	
V 2	06:37	21:08	10:06	02:16	
S 3	06:35	21:09	11:22	03:01	
D 4	06:34	21:10	12:38	03:33	
L 5	06:32	21:12	13:51	03:56	
M 6	06:31	21:13	15:01	04:15	
M 7	06:29	21:14	16:07	04:31	
J 8	06:28	21:16	17:13	04:45	
V 9	06:27	21:17	18:17	04:59	
S 10	06:25	21:18	19:24	05:14	
D 11	06:24	21:19	20:30	05:31	
L 12	06:23	21:21	21:39	05:50	
M 13	06:21	21:22	22:47	06:15	
M 14	06:20	21:23	23:51	06:47	
J 15	06:19	21:24		07:30	
V 16	06:18	21:26	00:48	08:23	
S 17	06:16	21:27	01:35	09:27	
D 18	06:15	21:28	02:11	10:38	
L 19	06:14	21:29	02:40	11:53	
M 20	06:13	21:30	03:04	13:10	
M 21	06:12	21:32	03:23	14:27	
J 22	06:11	21:33	03:41	15:46	
V 23	06:10	21:34	03:59	17:06	
S 24	06:09	21:35	04:18	18:30	
D 25	06:09	21:36	04:40	19:59	
L 26	06:08	21:37	05:09	21:27	
M 27	06:07	21:38	05:47	22:50	
M 28	06:06	21:39	06:38	23:59	
J 29	06:05	21:40	07:44		
V 30	06:05	21:41	09:00	00:52	
S 31	06:04	21:42	10:18	01:31	
● Premier Quartier le 04					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 27					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	06:03	21:43	11:36	01:58	
L 2	06:03	21:44	12:48	02:19	
M 3	06:02	21:45	13:57	02:36	
M 4	06:02	21:45	15:03	02:51	
J 5	06:01	21:46	16:08	03:06	
V 6	06:01	21:47	17:14	03:20	
S 7	06:01	21:48	18:20	03:37	
D 8	06:00	21:48	19:29	03:55	
L 9	06:00	21:49	20:36	04:18	
M 10	06:00	21:50	21:43	04:48	
M 11	06:00	21:50	22:42	05:27	
J 12	05:59	21:51	23:33	06:17	
V 13	05:59	21:51		07:19	
S 14	05:59	21:52	00:12	08:29	
D 15	05:59	21:52	00:43	09:44	
L 16	05:59	21:53	01:08	11:00	
M 17	05:59	21:53	01:29	12:15	
M 18	05:59	21:53	01:47	13:32	
J 19	06:00	21:54	02:04	14:49	
V 20	06:00	21:54	02:21	16:09	
S 21	06:00	21:54	02:41	17:33	
D 22	06:00	21:54	03:06	18:58	
L 23	06:00	21:55	03:39	20:23	
M 24	06:01	21:55	04:23	21:39	
M 25	06:01	21:55	05:22	22:39	
J 26	06:02	21:55	06:34	23:25	
V 27	06:02	21:55	07:54	23:57	
S 28	06:03	21:55	09:13		
D 29	06:03	21:55	10:29	00:21	
L 30	06:04	21:54	11:41	00:40	
● Premier Quartier le 03					
○ Pleine Lune le 11					
● Dernier Quartier le 18					
● Nouvelle Lune le 25					

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	06:04	21:54	12:49	00:56	
M 2	06:05	21:54	13:56	01:11	
J 3	06:05	21:54	15:02	01:26	
V 4	06:06	21:53	16:08	01:41	
S 5	06:07	21:53	17:16	01:59	
D 6	06:08	21:53	18:24	02:20	
L 7	06:08	21:52	19:32	02:47	
M 8	06:09	21:52	20:34	03:23	
M 9	06:10	21:51	21:28	04:10	
J 10	06:11	21:51	22:12	05:09	
V 11	06:12	21:50	22:46	06:17	
S 12	06:13	21:49	23:13	07:32	
D 13	06:14	21:49	23:34	08:49	
L 14	06:14	21:48	23:53	10:05	
M 15	06:15	21:47		11:22	
M 16	06:16	21:46	00:10	12:38	
J 17	06:17	21:45	00:27	13:57	