

LEVERS et COUCHERS SOLEIL - LUNE LA TOUR-DU-PIN 2025

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:16	17:07	09:54	18:35	
J 2	08:16	17:07	10:25	19:54	
V 3	08:16	17:08	10:50	21:12	
S 4	08:16	17:09	11:11	22:29	
D 5	08:16	17:10	11:30	23:47	
L 6	08:16	17:12	11:49		
M 7	08:16	17:13	12:08	01:04	
M 8	08:15	17:14	12:31	02:22	
J 9	08:15	17:15	12:59	03:44	
V 10	08:15	17:16	13:35	05:05	
S 11	08:14	17:17	14:22	06:22	
D 12	08:14	17:18	15:23	07:29	
L 13	08:13	17:20	16:33	08:22	
M 14	08:13	17:21	17:48	09:02	
M 15	08:12	17:22	19:03	09:33	
J 16	08:12	17:23	20:14	09:56	
V 17	08:11	17:25	21:23	10:14	
S 18	08:10	17:26	22:28	10:30	
D 19	08:10	17:27	23:33	10:46	
L 20	08:09	17:29		11:01	
M 21	08:08	17:30	00:37	11:17	
M 22	08:07	17:32	01:42	11:36	
J 23	08:06	17:33	02:49	11:58	
V 24	08:05	17:34	03:58	12:27	
S 25	08:04	17:36	05:06	13:06	
D 26	08:03	17:37	06:09	13:56	
L 27	08:02	17:39	07:05	14:59	
M 28	08:01	17:40	07:50	16:13	
M 29	08:00	17:41	08:25	17:33	
J 30	07:59	17:43	08:52	18:54	
V 31	07:58	17:44	09:15	20:14	
● Premier Quartier le 07 ○ Pleine Lune le 13 ● Dernier Quartier le 21 ● Nouvelle Lune le 29					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:57	17:46	09:35	21:34	
D 2	07:56	17:47	09:54	22:53	
L 3	07:54	17:49	10:13		
M 4	07:53	17:50	10:35	00:12	
M 5	07:52	17:52	11:01	01:33	
J 6	07:50	17:53	11:34	02:54	
V 7	07:49	17:54	12:16	04:11	
S 8	07:48	17:56	13:11	05:21	
D 9	07:46	17:57	14:17	06:17	
L 10	07:45	17:59	15:30	07:01	
M 11	07:43	18:00	16:44	07:34	
M 12	07:42	18:02	17:57	07:58	
J 13	07:40	18:03	19:07	08:18	
V 14	07:39	18:05	20:13	08:35	
S 15	07:37	18:06	21:19	08:51	
D 16	07:36	18:08	22:23	09:06	
L 17	07:34	18:09	23:28	09:22	
M 18	07:33	18:10		09:39	
M 19	07:31	18:12	00:34	10:00	
J 20	07:29	18:13	01:42	10:25	
V 21	07:28	18:15	02:50	10:59	
S 22	07:26	18:16	03:55	11:43	
D 23	07:24	18:18	04:53	12:39	
L 24	07:23	18:19	05:42	13:47	
M 25	07:21	18:20	06:21	15:04	
M 26	07:19	18:22	06:51	16:25	
J 27	07:17	18:23	07:17	17:48	
V 28	07:16	18:25	07:38	19:10	
○ Premier Quartier le 05 ○ Pleine Lune le 12 ● Dernier Quartier le 20 ● Nouvelle Lune le 28					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:14	18:26	07:58	20:31	
D 2	07:12	18:27	08:17	21:54	
L 3	07:10	18:29	08:38	23:17	
M 4	07:09	18:30	09:03		
M 5	07:07	18:31	09:34	00:41	
J 6	07:05	18:33	10:14	02:02	
V 7	07:03	18:34	11:06	03:15	
S 8	07:01	18:36	12:08	04:15	
D 9	06:59	18:37	13:19	05:02	
L 10	06:58	18:38	14:32	05:37	
M 11	06:56	18:40	15:44	06:03	
M 12	06:54	18:41	16:54	06:24	
J 13	06:52	18:42	18:01	06:42	
V 14	06:50	18:44	19:07	06:58	
S 15	06:48	18:45	20:11	07:13	
D 16	06:46	18:46	21:16	07:28	
L 17	06:44	18:48	22:22	07:44	
M 18	06:42	18:49	23:29	08:03	
M 19	06:41	18:50		08:27	
J 20	06:39	18:52	00:36	08:57	
V 21	06:37	18:53	01:42	09:36	
S 22	06:35	18:54	02:42	10:25	
D 23	06:33	18:56	03:34	11:27	
L 24	06:31	18:57	04:16	12:38	
M 25	06:29	18:58	04:49	13:56	
M 26	06:27	18:59	05:16	15:17	
J 27	06:25	19:01	05:39	16:38	
V 28	06:23	19:02	05:59	18:00	
S 29	06:21	19:03	06:18	19:24	
D 30	07:20	20:05	07:39	21:49	
L 31	07:18	20:06	08:03	23:16	
○ Premier Quartier le 06 ○ Pleine Lune le 14 ● Dernier Quartier le 22 ● Nouvelle Lune le 29					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:16	20:07	08:32		
M 2	07:14	20:09	09:10	00:42	
J 3	07:12	20:10	09:58	02:01	
V 4	07:10	20:11	10:59	03:09	
S 5	07:08	20:12	12:09	04:01	
D 6	07:06	20:14	13:22	04:39	
L 7	07:04	20:15	14:35	05:08	
M 8	07:03	20:16	15:45	05:31	
M 9	07:01	20:18	16:52	05:49	
J 10	06:59	20:19	17:58	06:05	
V 11	06:57	20:20	19:02	06:20	
S 12	06:55	20:22	20:06	06:35	
D 13	06:54	20:23	21:12	06:51	
L 14	06:52	20:24	22:18	07:09	
M 15	06:50	20:25	23:26	07:31	
M 16	06:48	20:27		07:59	
J 17	06:46	20:28	00:32	08:34	
V 18	06:45	20:29	01:34	09:20	
S 19	06:43	20:31	02:28	10:16	
D 20	06:41	20:32	03:13	11:23	
L 21	06:40	20:33	03:48	12:35	
M 22	06:38	20:35	04:16	13:52	
M 23	06:36	20:36	04:40	15:11	
J 24	06:35	20:37	05:01	16:30	
V 25	06:33	20:38	05:20	17:51	
S 26	06:31	20:40	05:40	19:15	
D 27	06:30	20:41	06:02	20:42	
L 28	06:28	20:42	06:28	22:10	
M 29	06:27	20:44	07:02	23:36	
M 30	06:25	20:45	07:47		
● Premier Quartier le 05 ○ Pleine Lune le 13 ● Dernier Quartier le 21 ● Nouvelle Lune le 27					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:23	20:46	08:44	00:52	
V 2	06:22	20:47	09:54	01:53	
S 3	06:20	20:49	11:08	02:37	
D 4	06:19	20:50	12:23	03:11	
L 5	06:18	20:51	13:36	03:36	
M 6	06:16	20:52	14:44	03:55	
M 7	06:15	20:54	15:50	04:12	
J 8	06:13	20:55	16:54	04:27	
V 9	06:12	20:56	17:58	04:42	
S 10	06:11	20:57	19:03	04:58	
D 11	06:10	20:59	20:09	05:16	
L 12	06:08	21:01	21:16	05:36	
M 13	06:07	21:00	22:23	06:02	
M 14	06:06	21:02	23:27	06:35	
J 15	06:05	21:03		07:18	
V 16	06:04	21:05	00:23	08:11	
S 17	06:03	21:06	01:11	09:14	
D 18	06:01	21:07	01:49	10:24	
L 19	06:00	21:08	02:18	11:38	
M 20	05:59	21:09	02:43	12:53	
M 21	05:58	21:10	03:04	14:09	
J 22	05:58	21:11	03:23	15:27	
V 23	05:57	21:12	03:42	16:46	
S 24	05:56	21:13	04:02	18:10	
D 25	05:55	21:14	04:25	19:36	
L 26	05:54	21:15	04:55	21:04	
M 27	05:53	21:16	05:34	22:26	
M 28	05:53	21:17	06:26	23:36	
J 29	05:52	21:18	07:32		
V 30	05:51	21:19	08:46	00:29	
S 31	05:51	21:20	10:04	01:08	
● Premier Quartier le 04 ○ Pleine Lune le 12 ● Dernier Quartier le 20 ● Nouvelle Lune le 27					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	05:50	21:21	11:20	01:37	
L 2	05:50	21:22	12:31	01:59	
M 3	05:49	21:23	13:40	02:17	
M 4	05:49	21:24	14:44	02:33	
J 5	05:48	21:24	15:49	02:48	
V 6	05:48	21:25	16:53	03:04	
S 7	05:48	21:26	17:59	03:21	
D 8	05:47	21:26	19:06	03:41	
L 9	05:47	21:27	20:13	04:05	
M 10	05:47	21:28	21:19	04:35	
M 11	05:47	21:28	22:18	05:15	
J 12	05:46	21:29	23:09	06:05	
V 13	05:46	21:29	23:50	07:07	
S 14	05:46	21:30		08:16	
D 15	05:46	21:30	00:21	09:29	
L 16	05:46	21:31	00:47	10:44	
M 17	05:46	21:31	01:09	11:59	
M 18	05:46	21:31	01:28	13:14	
J 19	05:47	21:32	01:46	14:29	
V 20	05:47	21:32	02:05	15:49	
S 21	05:47	21:32	02:26	17:11	
D 22	05:47	21:32	02:52	18:35	
L 23	05:47	21:33	03:26	19:59	
M 24	05:47	21:33	04:10	21:15	
M 25	05:48	21:33	05:10	22:16	
J 26	05:49	21:33	06:21	23:02	
V 27	05:49	21:33	07:40	23:36	
S 28	05:49	21:33	08:58		
D 29	05:50	21:33	10:13	00:01	
L 30	05:50	21:32	11:24	00:21	
● Premier Quartier le 03 ○ Pleine Lune le 11 ● Dernier Quartier le 18 ● Nouvelle Lune le 25					

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	05:51	21:32	12:31	00:38	
M 2	05:52	21:32	13:37	00:53	
J 3	05:52	21:32	14:42	01:09	
V 4	05:53	21:31	15:47	01:26	
S 5	05:54	21:31	16:54	01:44	
D 6	05:54	21:31	18:01	02:06	
L 7	05:55	21:30	19:08	02:34	
M 8	05:56	21:30	20:10	03:11	
M 9	05:57	21:29	21:04	03:58	
J 10	05:57	21:29	21:49	04:56	
V 11	05:58	21:28	22:23	06:04	
S 12	05:59	21:28	22:57	07:18	
D 13	06:00	21:27	23:14	08:33	
L 14	06:01	21:26	23:34	09:49	
M 15	06:02	21:26	23:52	11:04	
M 16	06:03	21:25		12:19	
J 17	06:04	21:24	00:10	13:37	
V 18	06:05	21:23	00:30	14:56	
S 19	06:06	21:22	00:54	16:18	
D 20	06:07	21:21	01:23	17:40	
L 21					