

# LEVERS et COUCHERS SOLEIL - LUNE FORBACH 2025

par [www.calendriergratuit.fr](http://www.calendriergratuit.fr)

JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:25	16:46	10:05	18:12	
J 2	08:25	16:47	10:33	19:36	
V 3	08:24	16:49	10:54	20:58	
S 4	08:24	16:50	11:11	22:20	
D 5	08:24	16:51	11:26	23:41	
L 6	08:24	16:52	11:41		
M 7	08:23	16:53	11:56	01:02	
M 8	08:23	16:54	12:14	02:25	
J 9	08:23	16:56	12:38	03:51	
V 10	08:22	16:57	13:10	05:17	
S 11	08:22	16:58	13:55	06:37	
D 12	08:21	17:00	14:54	07:45	
L 13	08:20	17:01	16:07	08:36	
M 14	08:20	17:02	17:26	09:14	
M 15	08:19	17:04	18:44	09:40	
J 16	08:18	17:05	20:00	09:59	
V 17	08:18	17:07	21:12	10:14	
S 18	08:17	17:08	22:21	10:27	
D 19	08:16	17:10	23:29	10:39	
L 20	08:15	17:11		10:51	
M 21	08:14	17:13	00:37	11:04	
M 22	08:13	17:14	01:46	11:19	
J 23	08:12	17:16	02:57	11:38	
V 24	08:11	17:17	04:09	12:04	
S 25	08:10	17:19	05:21	12:39	
D 26	08:08	17:21	06:25	13:28	
L 27	08:07	17:22	07:21	14:32	
M 28	08:06	17:24	08:03	15:49	
M 29	08:05	17:25	08:34	17:13	
J 30	08:03	17:27	08:57	18:38	
V 31	08:02	17:29	09:16	20:03	
● Premier Quartier le 07 ○ Pleine Lune le 13 ● Dernier Quartier le 21 ● Nouvelle Lune le 29					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	08:01	17:30	09:32	21:27	
D 2	07:59	17:32	09:47	22:50	
L 3	07:58	17:34	10:02		
M 4	07:56	17:35	10:20	00:14	
M 5	07:55	17:37	10:41	01:40	
J 6	07:53	17:39	11:10	03:05	
V 7	07:52	17:40	11:50	04:25	
S 8	07:50	17:42	12:43	05:37	
D 9	07:49	17:44	13:50	06:32	
L 10	07:47	17:45	15:06	07:13	
M 11	07:45	17:47	16:24	07:42	
M 12	07:44	17:49	17:41	08:03	
J 13	07:42	17:50	18:55	08:20	
V 14	07:40	17:52	20:05	08:33	
S 15	07:38	17:54	21:14	08:45	
D 16	07:37	17:55	22:22	08:57	
L 17	07:35	17:57	23:31	09:10	
M 18	07:33	17:59		09:24	
M 19	07:31	18:00	00:40	09:41	
J 20	07:29	18:02	01:52	10:03	
V 21	07:27	18:04	03:03	10:32	
S 22	07:25	18:05	04:10	11:14	
D 23	07:24	18:07	05:09	12:10	
L 24	07:22	18:08	05:56	13:21	
M 25	07:20	18:10	06:32	14:42	
M 26	07:18	18:12	06:59	16:07	
J 27	07:16	18:13	07:19	17:35	
V 28	07:14	18:15	07:37	19:01	
● Premier Quartier le 05 ○ Pleine Lune le 12 ● Dernier Quartier le 20 ● Nouvelle Lune le 28					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:12	18:16	07:52	20:27	
D 2	07:10	18:18	08:07	21:54	
L 3	07:08	18:20	08:24	23:22	
M 4	07:06	18:21	08:45		
M 5	07:04	18:23	09:12	00:50	
J 6	07:02	18:24	09:48	02:15	
V 7	07:00	18:26	10:37	03:31	
S 8	06:58	18:28	11:41	04:31	
D 9	06:56	18:29	12:53	05:15	
L 10	06:53	18:31	14:10	05:47	
M 11	06:51	18:32	15:27	06:09	
M 12	06:49	18:34	16:40	06:27	
J 13	06:47	18:35	17:52	06:41	
V 14	06:45	18:37	19:01	06:53	
S 15	06:43	18:39	20:08	07:05	
D 16	06:41	18:40	21:17	07:17	
L 17	06:39	18:42	22:26	07:30	
M 18	06:37	18:43	23:38	07:46	
M 19	06:34	18:45		08:05	
J 20	06:32	18:46	00:49	08:32	
V 21	06:30	18:48	01:57	09:08	
S 22	06:28	18:49	02:59	09:57	
D 23	06:26	18:51	03:50	10:59	
L 24	06:24	18:52	04:29	12:14	
M 25	06:22	18:54	04:58	13:36	
M 26	06:20	18:55	05:21	15:01	
J 27	06:17	18:57	05:40	16:27	
V 28	06:15	18:58	05:56	17:54	
S 29	06:13	19:00	06:11	19:22	
D 30	07:11	20:02	07:28	21:52	
L 31	07:09	20:03	07:47	23:24	
● Premier Quartier le 06 ○ Pleine Lune le 14 ● Dernier Quartier le 22 ● Nouvelle Lune le 29					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:07	20:05	08:11		
M 2	07:05	20:06	08:45	00:54	
J 3	07:03	20:08	09:31	02:17	
V 4	07:01	20:09	10:31	03:25	
S 5	06:58	20:11	11:43	04:15	
D 6	06:56	20:12	13:00	04:51	
L 7	06:54	20:14	14:16	05:16	
M 8	06:52	20:15	15:31	05:35	
M 9	06:50	20:17	16:41	05:49	
J 10	06:48	20:18	17:51	06:02	
V 11	06:46	20:20	18:58	06:13	
S 12	06:44	20:21	20:06	06:25	
D 13	06:42	20:23	21:15	06:38	
L 14	06:40	20:24	22:25	06:53	
M 15	06:38	20:26	23:37	07:11	
M 16	06:36	20:27		07:35	
J 17	06:34	20:29	00:46	08:07	
V 18	06:32	20:30	01:50	08:51	
S 19	06:30	20:32	02:44	09:48	
D 20	06:28	20:33	03:27	10:57	
L 21	06:26	20:35	03:59	12:13	
M 22	06:24	20:36	04:23	13:35	
M 23	06:22	20:38	04:43	14:57	
J 24	06:21	20:39	04:59	16:21	
V 25	06:19	20:41	05:15	17:47	
S 26	06:17	20:42	05:31	19:15	
D 27	06:15	20:44	05:48	20:46	
L 28	06:13	20:45	06:10	22:20	
M 29	06:12	20:47	06:39	23:50	
M 30	06:10	20:48	07:20		
● Premier Quartier le 05 ○ Pleine Lune le 13 ● Dernier Quartier le 21 ● Nouvelle Lune le 27					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:08	20:50	08:16	01:08	
V 2	06:06	20:51	09:27	02:08	
S 3	06:05	20:53	10:44	02:50	
D 4	06:03	20:54	12:04	03:19	
L 5	06:01	20:56	13:20	03:41	
M 6	06:00	20:57	14:32	03:57	
M 7	05:58	20:59	15:42	04:10	
J 8	05:57	21:00	16:49	04:22	
V 9	05:55	21:02	17:57	04:33	
S 10	05:54	21:03	19:05	04:46	
D 11	05:52	21:04	20:15	05:00	
L 12	05:51	21:06	21:26	05:17	
M 13	05:49	21:07	22:36	05:40	
M 14	05:48	21:09	23:43	06:09	
J 15	05:47	21:10		06:49	
V 16	05:45	21:11	00:40	07:43	
S 17	05:44	21:13	01:26	08:47	
D 18	05:43	21:14	02:00	10:01	
L 19	05:41	21:15	02:26	11:19	
M 20	05:40	21:17	02:47	12:39	
M 21	05:39	21:18	03:04	13:59	
J 22	05:38	21:19	03:19	15:21	
V 23	05:37	21:20	03:34	16:44	
S 24	05:36	21:22	03:50	18:12	
D 25	05:35	21:23	04:09	19:44	
L 26	05:34	21:24	04:34	21:15	
M 27	05:33	21:25	05:09	22:41	
M 28	05:32	21:26	05:58	23:51	
J 29	05:31	21:27	07:04		
V 30	05:31	21:28	08:21	00:43	
S 31	05:30	21:29	09:43	01:18	
● Premier Quartier le 04 ○ Pleine Lune le 12 ● Dernier Quartier le 20 ● Nouvelle Lune le 27					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	05:29	21:30	11:03	01:43	
L 2	05:29	21:31	12:18	02:02	
M 3	05:28	21:32	13:30	02:16	
M 4	05:27	21:33	14:39	02:29	
J 5	05:27	21:34	15:47	02:41	
V 6	05:26	21:35	16:54	02:53	
S 7	05:26	21:36	18:04	03:07	
D 8	05:26	21:37	19:15	03:23	
L 9	05:25	21:37	20:25	03:44	
M 10	05:25	21:38	21:34	04:11	
M 11	05:25	21:39	22:34	04:48	
J 12	05:24	21:39	23:24	05:38	
V 13	05:24	21:40		06:40	
S 14	05:24	21:40	00:02	07:52	
D 15	05:24	21:41	00:30	09:09	
L 16	05:24	21:41	00:52	10:28	
M 17	05:24	21:42	01:10	11:47	
M 18	05:24	21:42	01:25	13:06	
J 19	05:24	21:42	01:40	14:26	
V 20	05:25	21:43	01:55	15:49	
S 21	05:25	21:43	02:12	17:16	
D 22	05:25	21:43	02:33	18:45	
L 23	05:25	21:43	03:03	20:13	
M 24	05:26	21:43	03:44	21:31	
M 25	05:26	21:43	04:41	22:30	
J 26	05:26	21:43	05:55	23:14	
V 27	05:27	21:43	07:17	23:43	
S 28	05:27	21:43	08:39		
D 29	05:28	21:43	09:59	00:04	
L 30	05:29	21:43	11:13	00:21	
● Premier Quartier le 03 ○ Pleine Lune le 11 ● Dernier Quartier le 18 ● Nouvelle Lune le 25					

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	05:29	21:42	12:24	00:34	
M 2	05:30	21:42	13:34	00:47	
J 3	05:31	21:42	14:41	00:59	
V 4	05:31	21:41	15:51	01:12	
S 5	05:32	21:41	17:01	01:28	
D 6	05:33	21:41	18:12	01:46	
L 7	05:34	21:40	19:22	02:11	
M 8	05:35	21:39	20:25	02:44	
M 9	05:36	21:39	21:20	03:30	
J 10	05:37	21:38	22:02	04:28	
V 11	05:37	21:37	22:33	05:39	
S 12	05:38	21:37	22:57	06:56	
D 13	05:40	21:36	23:17	08:16	
L 14	05:41	21:35	23:32	09:36	
M 15	05:42	21:34	23:47	10:55	
M 16	05:43	21:33		12:15	
J 17	05:44	21:32	00:01	13:36	
V 18	05:45	21:31	00:17	15:00	
S 19	05:46	21:30	00:36	16:26	
D 20	05:47	21:29	01:02	17:53	
L 21	05				