

LEVERS et COUCHERS SOLEIL - LUNE DIGNE-LES-BAINS 2025

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:08	17:09	09:45	18:37	
J 2	08:08	17:10	10:17	19:55	
V 3	08:08	17:10	10:44	21:12	
S 4	08:08	17:11	11:06	22:27	
D 5	08:08	17:12	11:27	23:43	
L 6	08:08	17:13	11:47		
M 7	08:07	17:14	12:07	00:59	
M 8	08:07	17:16	12:31	02:16	
J 9	08:07	17:17	13:01	03:36	
V 10	08:07	17:18	13:38	04:55	
S 11	08:06	17:19	14:26	06:11	
D 12	08:06	17:20	15:27	07:18	
L 13	08:05	17:21	16:36	08:12	
M 14	08:05	17:22	17:51	08:53	
M 15	08:04	17:24	19:04	09:25	
J 16	08:04	17:25	20:14	09:49	
V 17	08:03	17:26	21:21	10:09	
S 18	08:03	17:27	22:25	10:26	
D 19	08:02	17:29	23:28	10:43	
L 20	08:01	17:30		10:59	
M 21	08:01	17:31	00:31	11:17	
M 22	08:00	17:33	01:36	11:37	
J 23	07:59	17:34	02:41	12:01	
V 24	07:58	17:35	03:49	12:31	
S 25	07:57	17:37	04:55	13:10	
D 26	07:56	17:38	05:58	14:01	
L 27	07:55	17:39	06:54	15:04	
M 28	07:54	17:41	07:40	16:16	
M 29	07:53	17:42	08:16	17:35	
J 30	07:52	17:43	08:45	18:54	
V 31	07:51	17:45	09:10	20:13	
● Premier Quartier le 07 ○ Pleine Lune le 13 ● Dernier Quartier le 21 ● Nouvelle Lune le 29					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:50	17:46	09:31	21:31	
D 2	07:49	17:48	09:51	22:48	
L 3	07:48	17:49	10:12		
M 4	07:47	17:50	10:35	00:06	
M 5	07:45	17:52	11:03	01:25	
J 6	07:44	17:53	11:37	02:44	
V 7	07:43	17:54	12:20	04:01	
S 8	07:42	17:56	13:16	05:09	
D 9	07:40	17:57	14:21	06:06	
L 10	07:39	17:59	15:33	06:51	
M 11	07:38	18:00	16:46	07:25	
M 12	07:36	18:01	17:57	07:51	
J 13	07:35	18:03	19:05	08:12	
V 14	07:33	18:04	20:11	08:31	
S 15	07:32	18:05	21:15	08:47	
D 16	07:30	18:07	22:18	09:04	
L 17	07:29	18:08	23:22	09:21	
M 18	07:27	18:10		09:39	
M 19	07:26	18:11	00:26	10:01	
J 20	07:24	18:12	01:33	10:28	
V 21	07:23	18:14	02:39	11:03	
S 22	07:21	18:15	03:44	11:47	
D 23	07:19	18:16	04:41	12:43	
L 24	07:18	18:18	05:31	13:51	
M 25	07:16	18:19	06:11	15:07	
M 26	07:14	18:20	06:43	16:26	
J 27	07:13	18:22	07:10	17:47	
V 28	07:11	18:23	07:33	19:07	
● Premier Quartier le 05 ○ Pleine Lune le 12 ● Dernier Quartier le 20 ● Nouvelle Lune le 28					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:09	18:24	07:54	20:27	
D 2	07:08	18:25	08:15	21:48	
L 3	07:06	18:27	08:38	23:10	
M 4	07:04	18:28	09:04		
M 5	07:03	18:29	09:37	00:32	
J 6	07:01	18:31	10:18	01:51	
V 7	06:59	18:32	11:10	03:03	
S 8	06:57	18:33	12:12	04:04	
D 9	06:56	18:34	13:22	04:51	
L 10	06:54	18:36	14:34	05:28	
M 11	06:52	18:37	15:45	05:56	
M 12	06:50	18:38	16:53	06:18	
J 13	06:48	18:40	17:59	06:37	
V 14	06:47	18:41	19:03	06:54	
S 15	06:45	18:42	20:06	07:10	
D 16	06:43	18:43	21:10	07:27	
L 17	06:41	18:45	22:15	07:44	
M 18	06:39	18:46	23:21	08:04	
M 19	06:37	18:47		08:29	
J 20	06:36	18:48	00:26	09:00	
V 21	06:34	18:49	01:31	09:40	
S 22	06:32	18:51	02:31	10:30	
D 23	06:30	18:52	03:23	11:31	
L 24	06:28	18:53	04:06	12:41	
M 25	06:26	18:54	04:40	13:58	
M 26	06:25	18:56	05:09	15:17	
J 27	06:23	18:57	05:33	16:36	
V 28	06:21	18:58	05:55	17:57	
S 29	06:19	18:59	06:16	19:19	
D 30	07:17	20:01	07:38	21:43	
L 31	07:16	20:02	08:04	23:08	
● Premier Quartier le 06 ○ Pleine Lune le 14 ● Dernier Quartier le 22 ● Nouvelle Lune le 29					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:14	20:03	08:34		
M 2	07:12	20:04	09:13	00:32	
J 3	07:10	20:05	10:03	01:51	
V 4	07:08	20:07	11:04	02:57	
S 5	07:07	20:08	12:12	03:50	
D 6	07:05	20:09	13:25	04:30	
L 7	07:03	20:10	14:36	05:00	
M 8	07:01	20:11	15:45	05:24	
M 9	06:59	20:13	16:51	05:44	
J 10	06:58	20:14	17:55	06:01	
V 11	06:56	20:15	18:58	06:17	
S 12	06:54	20:16	20:01	06:33	
D 13	06:52	20:18	21:05	06:50	
L 14	06:51	20:19	22:10	07:10	
M 15	06:49	20:20	23:17	07:33	
M 16	06:47	20:21		08:02	
J 17	06:46	20:22	00:21	08:38	
V 18	06:44	20:24	01:23	09:24	
S 19	06:42	20:25	02:17	10:20	
D 20	06:41	20:26	03:02	11:26	
L 21	06:39	20:27	03:39	12:38	
M 22	06:38	20:29	04:09	13:53	
M 23	06:36	20:30	04:33	15:10	
J 24	06:34	20:31	04:56	16:28	
V 25	06:33	20:32	05:17	17:48	
S 26	06:31	20:33	05:38	19:09	
D 27	06:30	20:35	06:01	20:34	
L 28	06:28	20:36	06:29	22:01	
M 29	06:27	20:37	07:05	23:26	
M 30	06:25	20:38	07:51		
● Premier Quartier le 05 ○ Pleine Lune le 13 ● Dernier Quartier le 21 ● Nouvelle Lune le 27					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:24	20:39	08:49	00:40	
V 2	06:22	20:41	09:58	01:42	
S 3	06:21	20:42	11:11	02:28	
D 4	06:20	20:43	12:25	03:02	
L 5	06:18	20:44	13:36	03:29	
M 6	06:17	20:45	14:43	03:50	
M 7	06:16	20:47	15:47	04:07	
J 8	06:14	20:48	16:50	04:24	
V 9	06:13	20:49	17:53	04:40	
S 10	06:12	20:50	18:56	04:57	
D 11	06:11	20:51	20:01	05:16	
L 12	06:09	20:52	21:07	05:38	
M 13	06:08	20:53	22:13	06:05	
M 14	06:07	20:55	23:16	06:39	
J 15	06:06	20:56		07:22	
V 16	06:05	20:57	00:12	08:15	
S 17	06:04	20:58	01:00	09:18	
D 18	06:03	20:59	01:39	10:27	
L 19	06:02	21:00	02:10	11:40	
M 20	06:01	21:01	02:36	12:53	
M 21	06:00	21:02	02:58	14:08	
J 22	05:59	21:03	03:19	15:24	
V 23	05:58	21:04	03:39	16:42	
S 24	05:58	21:05	04:01	18:03	
D 25	05:57	21:06	04:26	19:28	
L 26	05:56	21:07	04:57	20:54	
M 27	05:55	21:08	05:38	22:15	
M 28	05:55	21:09	06:30	23:25	
J 29	05:54	21:10	07:36		
V 30	05:54	21:11	08:50	00:18	
S 31	05:53	21:12	10:06	00:59	
● Premier Quartier le 04 ○ Pleine Lune le 12 ● Dernier Quartier le 20 ● Nouvelle Lune le 27					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	05:52	21:12	11:21	01:30	
L 2	05:52	21:13	12:31	01:53	
M 3	05:52	21:14	13:37	02:12	
M 4	05:51	21:15	14:41	02:29	
J 5	05:51	21:16	15:44	02:46	
V 6	05:50	21:16	16:47	03:03	
S 7	05:50	21:17	17:52	03:21	
D 8	05:50	21:18	18:57	03:42	
L 9	05:50	21:18	20:03	04:07	
M 10	05:49	21:19	21:08	04:39	
M 11	05:49	21:19	22:07	05:20	
J 12	05:49	21:20	22:58	06:10	
V 13	05:49	21:20	23:40	07:11	
S 14	05:49	21:21		08:19	
D 15	05:49	21:21	00:13	09:31	
L 16	05:49	21:22	00:40	10:44	
M 17	05:49	21:22	01:03	11:57	
M 18	05:49	21:22	01:24	13:11	
J 19	05:49	21:23	01:43	14:25	
V 20	05:50	21:23	02:03	15:43	
S 21	05:50	21:23	02:26	17:03	
D 22	05:50	21:23	02:53	18:26	
L 23	05:50	21:23	03:29	19:49	
M 24	05:51	21:24	04:14	21:03	
M 25	05:51	21:24	05:14	22:05	
J 26	05:51	21:24	06:25	22:52	
V 27	05:52	21:24	07:43	23:27	
S 28	05:52	21:24	08:59	23:54	
D 29	05:53	21:24	10:13		
L 30	05:53	21:23	11:23	00:15	
● Premier Quartier le 03 ○ Pleine Lune le 11 ● Dernier Quartier le 18 ● Nouvelle Lune le 25					

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	05:54	21:23	12:28	00:33	
M 2	05:54	21:23	13:33	00:51	
J 3	05:55	21:23	14:36	01:07	
V 4	05:56	21:23	15:41	01:25	
S 5	05:56	21:22	16:46	01:45	
D 6	05:57	21:22	17:52	02:08	
L 7	05:58	21:22	18:57	02:37	
M 8	05:58	21:21	19:59	03:15	
M 9	05:59	21:21	20:53	04:02	
J 10	06:00	21:20	21:38	05:00	
V 11	06:01	21:20	22:14	06:07	
S 12	06:01	21:19	22:44	07:20	
D 13	06:02	21:18	23:08	08:34	
L 14	06:03	21:18	23:29	09:48	
M 15	06:04	21:17	23:49	11:02	
M 16	06:05	21:16		12:16	
J 17	06:06	21:16	00:08	13:31	
V 18	06:07	21:15	00:29	14:49	
S 19	06:08	21:14	00:54	16:09	
D 20	06:09	21:13	01:26	17:30	
L 21					