

# LEVERS et COUCHERS SOLEIL - LUNE CONDOM 2025

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| JANVIER  |        |       |       |       |  |
|--|--------|-------|-------|-------|--|
| Dates  | Soleil |       | Lune  |       |  |
|  | L      | C     | L     | C     |  |
| M 1  | 08:31  | 17:33 | 10:08 | 19:03 |  |
| J 2  | 08:31  | 17:33 | 10:41 | 20:20 |  |
| V 3  | 08:31  | 17:34 | 11:07 | 21:37 |  |
| S 4  | 08:31  | 17:35 | 11:30 | 22:52 |  |
| D 5  | 08:31  | 17:36 | 11:50 |       |  |
| L 6  | 08:31  | 17:37 | 12:10 | 00:07 |  |
| M 7  | 08:30  | 17:38 | 12:31 | 01:23 |  |
| M 8  | 08:30  | 17:39 | 12:56 | 02:40 |  |
| V 9  | 08:30  | 17:41 | 13:25 | 04:00 |  |
| V 10   | 08:30  | 17:42 | 14:03 | 05:19 |  |
| S 11   | 08:29  | 17:43 | 14:51 | 06:35 |  |
| D 12   | 08:29  | 17:44 | 15:52 | 07:42 |  |
| L 13   | 08:28  | 17:45 | 17:02 | 08:35 |  |
| M 14   | 08:28  | 17:46 | 18:15 | 09:17 |  |
| M 15   | 08:28  | 17:48 | 19:29 | 09:48 |  |
| V 16   | 08:27  | 17:49 | 20:39 | 10:12 |  |
| V 17   | 08:26  | 17:50 | 21:46 | 10:32 |  |
| S 18   | 08:26  | 17:51 | 22:50 | 10:50 |  |
| D 19   | 08:25  | 17:53 | 23:53 | 11:07 |  |
| L 20   | 08:24  | 17:54 |       | 11:23 |  |
| M 21   | 08:24  | 17:55 | 00:55 | 11:41 |  |
| M 22   | 08:23  | 17:56 | 02:00 | 12:01 |  |
| V 23   | 08:22  | 17:58 | 03:05 | 12:25 |  |
| V 24   | 08:21  | 17:59 | 04:12 | 12:55 |  |
| S 25   | 08:20  | 18:00 | 05:19 | 13:35 |  |
| D 26   | 08:19  | 18:02 | 06:22 | 14:26 |  |
| L 27   | 08:19  | 18:03 | 07:18 | 15:29 |  |
| M 28   | 08:18  | 18:04 | 08:03 | 16:41 |  |
| M 29   | 08:17  | 18:06 | 08:40 | 18:00 |  |
| J 30   | 08:15  | 18:07 | 09:09 | 19:19 |  |
| V 31   | 08:14  | 18:09 | 09:34 | 20:38 |  |
| ● Premier Quartier le 07<br>○ Pleine Lune le 13<br>● Dernier Quartier le 27<br>● Nouvelle Lune le 29 |        |       |       |       |  |

| FÉVRIER  |        |       |       |       |  |
|--|--------|-------|-------|-------|--|
| Dates  | Soleil |       | Lune  |       |  |
|  | L      | C     | L     | C     |  |
| S 1  | 08:13  | 18:10 | 09:55 | 21:55 |  |
| D 2  | 08:12  | 18:11 | 10:15 | 23:13 |  |
| L 3  | 08:11  | 18:13 | 10:36 |       |  |
| M 4  | 08:10  | 18:14 | 10:59 | 00:30 |  |
| M 5  | 08:09  | 18:15 | 11:27 | 01:50 |  |
| V 6  | 08:07  | 18:17 | 12:01 | 03:09 |  |
| V 7  | 08:06  | 18:18 | 12:45 | 04:25 |  |
| S 8  | 08:05  | 18:20 | 13:41 | 05:33 |  |
| D 9  | 08:03  | 18:21 | 14:46 | 06:30 |  |
| L 10   | 08:02  | 18:22 | 15:58 | 07:14 |  |
| M 11   | 08:01  | 18:24 | 17:11 | 07:49 |  |
| M 12   | 07:59  | 18:25 | 18:22 | 08:15 |  |
| V 13   | 07:58  | 18:26 | 19:30 | 08:36 |  |
| V 14   | 07:57  | 18:28 | 20:35 | 08:55 |  |
| S 15   | 07:55  | 18:29 | 21:39 | 09:11 |  |
| D 16   | 07:54  | 18:31 | 22:42 | 09:28 |  |
| L 17   | 07:52  | 18:32 | 23:46 | 09:45 |  |
| M 18   | 07:51  | 18:33 |       | 10:03 |  |
| M 19   | 07:49  | 18:35 | 00:51 | 10:25 |  |
| V 20   | 07:47  | 18:36 | 01:57 | 10:53 |  |
| V 21   | 07:46  | 18:37 | 03:03 | 11:28 |  |
| S 22   | 07:44  | 18:39 | 04:07 | 12:12 |  |
| D 23   | 07:43  | 18:40 | 05:05 | 13:09 |  |
| L 24   | 07:41  | 18:41 | 05:55 | 14:16 |  |
| M 25   | 07:39  | 18:43 | 06:35 | 15:32 |  |
| M 26   | 07:38  | 18:44 | 07:07 | 16:51 |  |
| J 27   | 07:36  | 18:45 | 07:34 | 18:12 |  |
| V 28   | 07:34  | 18:47 | 07:57 | 19:32 |  |
| ● Premier Quartier le 05<br>○ Pleine Lune le 12<br>● Dernier Quartier le 20<br>● Nouvelle Lune le 28 |        |       |       |       |  |

| MARS   |        |       |       |       |  |
|--|--------|-------|-------|-------|--|
| Dates  | Soleil |       | Lune  |       |  |
|  | L      | C     | L     | C     |  |
| S 1  | 07:33  | 18:48 | 08:18 | 20:52 |  |
| D 2  | 07:31  | 18:49 | 08:39 | 22:13 |  |
| L 3  | 07:29  | 18:50 | 09:02 | 23:35 |  |
| M 4  | 07:28  | 18:52 | 09:29 |       |  |
| M 5  | 07:26  | 18:53 | 10:01 | 00:56 |  |
| V 6  | 07:24  | 18:54 | 10:43 | 02:15 |  |
| V 7  | 07:22  | 18:56 | 11:36 | 03:28 |  |
| S 8  | 07:21  | 18:57 | 12:38 | 04:27 |  |
| D 9  | 07:19  | 18:58 | 13:47 | 05:15 |  |
| L 10   | 07:17  | 18:59 | 14:59 | 05:51 |  |
| M 11   | 07:15  | 19:01 | 16:10 | 06:19 |  |
| M 12   | 07:14  | 19:02 | 17:18 | 06:41 |  |
| V 13   | 07:12  | 19:03 | 18:24 | 07:01 |  |
| V 14   | 07:10  | 19:04 | 19:28 | 07:18 |  |
| S 15   | 07:08  | 19:06 | 20:31 | 07:34 |  |
| D 16   | 07:06  | 19:07 | 21:35 | 07:50 |  |
| L 17   | 07:05  | 19:08 | 22:39 | 08:08 |  |
| M 18   | 07:03  | 19:09 | 23:45 | 08:28 |  |
| M 19   | 07:01  | 19:11 |       | 08:54 |  |
| V 20   | 06:59  | 19:12 | 00:51 | 09:25 |  |
| V 21   | 06:57  | 19:13 | 01:55 | 10:05 |  |
| S 22   | 06:55  | 19:14 | 02:54 | 10:55 |  |
| D 23   | 06:54  | 19:15 | 03:47 | 11:56 |  |
| L 24   | 06:52  | 19:17 | 04:29 | 13:07 |  |
| M 25   | 06:50  | 19:18 | 05:04 | 14:23 |  |
| M 26   | 06:48  | 19:19 | 05:33 | 15:42 |  |
| J 27   | 06:46  | 19:20 | 05:57 | 17:02 |  |
| V 28   | 06:45  | 19:22 | 06:18 | 18:22 |  |
| M 29   | 06:43  | 19:23 | 06:40 | 19:44 |  |
| D 30   | 07:41  | 20:24 | 08:03 | 22:07 |  |
| L 31   | 07:39  | 20:25 | 08:28 | 23:33 |  |
| ● Premier Quartier le 06<br>○ Pleine Lune le 14<br>● Dernier Quartier le 22<br>● Nouvelle Lune le 29 |        |       |       |       |  |

| AVRIL  |        |       |       |       |  |
|--|--------|-------|-------|-------|--|
| Dates  | Soleil |       | Lune  |       |  |
|  | L      | C     | L     | C     |  |
| M 1  | 07:37  | 20:26 | 08:59 |       |  |
| M 2  | 07:35  | 20:28 | 09:38 | 00:56 |  |
| J 3  | 07:34  | 20:29 | 10:28 | 02:14 |  |
| V 4  | 07:32  | 20:30 | 11:29 | 03:21 |  |
| S 5  | 07:30  | 20:31 | 12:38 | 04:14 |  |
| D 6  | 07:28  | 20:32 | 13:50 | 04:53 |  |
| L 7  | 07:27  | 20:34 | 15:01 | 05:24 |  |
| M 8  | 07:25  | 20:35 | 16:09 | 05:48 |  |
| M 9  | 07:23  | 20:36 | 17:16 | 06:07 |  |
| V 10   | 07:21  | 20:37 | 18:19 | 06:24 |  |
| V 11   | 07:20  | 20:38 | 19:22 | 06:41 |  |
| S 12   | 07:18  | 20:40 | 20:25 | 06:57 |  |
| D 13   | 07:16  | 20:41 | 21:29 | 07:15 |  |
| L 14   | 07:14  | 20:42 | 22:34 | 07:34 |  |
| M 15   | 07:13  | 20:43 | 23:41 | 07:57 |  |
| M 16   | 07:11  | 20:45 |       | 08:26 |  |
| V 17   | 07:09  | 20:46 | 00:45 | 09:03 |  |
| V 18   | 07:08  | 20:47 | 01:47 | 09:49 |  |
| S 19   | 07:06  | 20:48 | 02:40 | 10:45 |  |
| D 20   | 07:04  | 20:49 | 03:26 | 11:51 |  |
| L 21   | 07:03  | 20:51 | 04:02 | 13:03 |  |
| M 22   | 07:01  | 20:52 | 04:32 | 14:18 |  |
| M 23   | 07:00  | 20:53 | 04:57 | 15:35 |  |
| V 24   | 06:58  | 20:54 | 05:20 | 16:53 |  |
| V 25   | 06:56  | 20:55 | 05:41 | 18:12 |  |
| S 26   | 06:55  | 20:57 | 06:02 | 19:34 |  |
| D 27   | 06:53  | 20:58 | 06:25 | 20:59 |  |
| L 28   | 06:52  | 20:59 | 06:54 | 22:25 |  |
| M 29   | 06:50  | 21:00 | 07:30 | 23:50 |  |
| M 30   | 06:49  | 21:01 | 08:16 |       |  |
| ● Premier Quartier le 05<br>○ Pleine Lune le 13<br>● Dernier Quartier le 21<br>● Nouvelle Lune le 27 |        |       |       |       |  |

| MAI  |        |       |       |       |  |
|--|--------|-------|-------|-------|--|
| Dates  | Soleil |       | Lune  |       |  |
|  | L      | C     | L     | C     |  |
| J 1  | 06:48  | 21:03 | 09:14 | 01:05 |  |
| V 2  | 06:46  | 21:04 | 10:23 | 02:05 |  |
| S 3  | 06:45  | 21:05 | 11:37 | 02:51 |  |
| D 4  | 06:43  | 21:06 | 12:50 | 03:26 |  |
| L 5  | 06:42  | 21:07 | 14:00 | 03:52 |  |
| M 6  | 06:41  | 21:09 | 15:08 | 04:13 |  |
| M 7  | 06:39  | 21:10 | 16:12 | 04:31 |  |
| V 8  | 06:38  | 21:11 | 17:15 | 04:48 |  |
| V 9  | 06:37  | 21:12 | 18:17 | 05:04 |  |
| S 10   | 06:36  | 21:13 | 19:21 | 05:21 |  |
| D 11   | 06:34  | 21:14 | 20:25 | 05:40 |  |
| L 12   | 06:33  | 21:15 | 21:32 | 06:02 |  |
| M 13   | 06:32  | 21:17 | 22:37 | 06:29 |  |
| M 14   | 06:31  | 21:18 | 23:40 | 07:03 |  |
| J 15   | 06:30  | 21:19 |       | 07:47 |  |
| V 16   | 06:29  | 21:20 | 00:36 | 08:40 |  |
| V 17   | 06:28  | 21:21 | 01:24 | 09:43 |  |
| S 18   | 06:27  | 21:22 | 02:03 | 10:52 |  |
| D 19   | 06:26  | 21:23 | 02:34 | 12:04 |  |
| L 20   | 06:25  | 21:24 | 03:00 | 13:19 |  |
| M 21   | 06:24  | 21:25 | 03:22 | 14:33 |  |
| M 22   | 06:23  | 21:26 | 03:43 | 15:49 |  |
| V 23   | 06:22  | 21:27 | 04:03 | 17:07 |  |
| V 24   | 06:22  | 21:28 | 04:25 | 18:28 |  |
| S 25   | 06:21  | 21:29 | 04:50 | 19:53 |  |
| D 26   | 06:20  | 21:30 | 05:22 | 21:18 |  |
| L 27   | 06:19  | 21:31 | 06:02 | 22:39 |  |
| M 28   | 06:19  | 21:32 | 06:55 | 23:48 |  |
| M 29   | 06:18  | 21:33 | 08:01 |       |  |
| V 30   | 06:17  | 21:34 | 09:16 | 00:42 |  |
| S 31   | 06:17  | 21:35 | 10:32 | 01:23 |  |
| ● Premier Quartier le 04<br>○ Pleine Lune le 12<br>● Dernier Quartier le 20<br>● Nouvelle Lune le 27 |        |       |       |       |  |

| JUIN   |        |       |       |       |  |
|--|--------|-------|-------|-------|--|
| Dates  | Soleil |       | Lune  |       |  |
|  | L      | C     | L     | C     |  |
| D 1  | 06:16  | 21:35 | 11:46 | 01:53 |  |
| L 2  | 06:16  | 21:36 | 12:56 | 02:16 |  |
| M 3  | 06:15  | 21:37 | 14:02 | 02:36 |  |
| M 4  | 06:15  | 21:38 | 15:06 | 02:53 |  |
| J 5  | 06:15  | 21:39 | 16:08 | 03:10 |  |
| V 6  | 06:14  | 21:39 | 17:12 | 03:27 |  |
| S 7  | 06:14  | 21:40 | 18:16 | 03:45 |  |
| D 8  | 06:14  | 21:41 | 19:22 | 04:06 |  |
| L 9  | 06:14  | 21:41 | 20:27 | 04:31 |  |
| M 10   | 06:13  | 21:42 | 21:32 | 05:03 |  |
| M 11   | 06:13  | 21:42 | 22:30 | 05:44 |  |
| V 12   | 06:13  | 21:43 | 23:22 | 06:35 |  |
| V 13   | 06:13  | 21:43 |       | 07:36 |  |
| S 14   | 06:13  | 21:44 | 00:03 | 08:44 |  |
| D 15   | 06:13  | 21:44 | 00:36 | 09:56 |  |
| L 16   | 06:13  | 21:45 | 01:04 | 11:09 |  |
| M 17   | 06:13  | 21:45 | 01:27 | 12:22 |  |
| M 18   | 06:13  | 21:45 | 01:47 | 13:36 |  |
| J 19   | 06:13  | 21:46 | 02:07 | 14:50 |  |
| V 20   | 06:13  | 21:46 | 02:27 | 16:07 |  |
| S 21   | 06:14  | 21:46 | 02:50 | 17:28 |  |
| D 22   | 06:14  | 21:46 | 03:18 | 18:51 |  |
| L 23   | 06:14  | 21:46 | 03:53 | 20:13 |  |
| M 24   | 06:15  | 21:47 | 04:39 | 21:28 |  |
| M 25   | 06:15  | 21:47 | 05:40 | 22:28 |  |
| V 26   | 06:15  | 21:47 | 06:50 | 23:16 |  |
| V 27   | 06:16  | 21:47 | 08:08 | 23:51 |  |
| S 28   | 06:16  | 21:47 | 09:25 |       |  |
| D 29   | 06:17  | 21:47 | 10:38 | 00:17 |  |
| L 30   | 06:17  | 21:46 | 11:47 | 00:39 |  |
| ● Premier Quartier le 03<br>○ Pleine Lune le 11<br>● Dernier Quartier le 18<br>● Nouvelle Lune le 25 |        |       |       |       |  |

| JUILLET |        |       |       |       |  |
|---------|--------|-------|-------|-------|--|
| Dates   | Soleil |       | Lune  |       |  |
|         | L      | C     | L     | C     |  |
| M 1     | 06:18  | 21:46 | 12:53 | 00:57 |  |
| M 2     | 06:18  | 21:46 | 13:57 | 01:15 |  |
| J 3     | 06:19  | 21:46 | 15:01 | 01:31 |  |
| V 4     | 06:19  | 21:46 | 16:05 | 01:49 |  |
| S 5     | 06:20  | 21:45 | 17:10 | 02:09 |  |
| D 6     | 06:21  | 21:45 | 18:16 | 02:32 |  |
| L 7     | 06:22  | 21:45 | 19:21 | 03:02 |  |
| M 8     | 06:22  | 21:44 | 20:22 | 03:40 |  |
| M 9     | 06:23  | 21:44 | 21:17 | 04:27 |  |
| V 10    | 06:24  | 21:43 | 22:02 | 05:26 |  |
| V 11    | 06:25  | 21:43 | 22:38 | 06:32 |  |
| S 12    | 06:25  | 21:42 | 23:07 | 07:45 |  |
| D 13    | 06:26  | 21:41 | 23:32 | 08:59 |  |
| L 14    | 06:27  | 21:41 | 23:53 | 10:13 |  |
| M 15    | 06:28  | 21:40 |       | 11:27 |  |
| M 16    | 06:29  | 21:39 | 00:12 | 12:40 |  |
| J 17    | 06:30  | 21:39 | 00:32 | 13:56 |  |
| V 18    | 06:31  | 21:38 | 00:54 | 15:14 |  |
| V 19    | 06:32  | 21:37 | 01:19 | 16:33 |  |
| S 20    | 06:33  | 21:36 | 01:50 | 17:54 |  |
| L 21    | 06:    |       |       |       |  |