

LEVERS et COUCHERS SOLEIL - LUNE COMMERCY 2025

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:28	16:54	10:09	18:20	
J 2	08:28	16:55	10:36	19:43	
V 3	08:28	16:56	10:58	21:05	
S 4	08:28	16:57	11:15	22:26	
D 5	08:28	16:58	11:31	23:46	
L 6	08:27	16:59	11:46		
M 7	08:27	17:00	12:02	01:07	
M 8	08:27	17:01	12:21	02:30	
J 9	08:26	17:03	12:45	03:55	
V 10	08:26	17:04	13:18	05:20	
S 11	08:25	17:05	14:03	06:39	
D 12	08:25	17:06	15:03	07:48	
L 13	08:24	17:08	16:15	08:39	
M 14	08:23	17:09	17:34	09:17	
M 15	08:23	17:11	18:52	09:43	
J 16	08:22	17:12	20:07	10:03	
V 17	08:21	17:13	21:18	10:19	
S 18	08:20	17:15	22:27	10:32	
D 19	08:19	17:16	23:35	10:44	
L 20	08:19	17:18		10:57	
M 21	08:18	17:19	00:41	11:10	
M 22	08:17	17:21	01:50	11:26	
J 23	08:16	17:23	03:01	11:46	
V 24	08:15	17:24	04:12	12:11	
S 25	08:13	17:26	05:23	12:47	
D 26	08:12	17:27	06:28	13:36	
L 27	08:11	17:29	07:23	14:40	
M 28	08:10	17:30	08:05	15:57	
M 29	08:09	17:32	08:37	17:20	
J 30	08:07	17:34	09:01	18:45	
V 31	08:06	17:35	09:21	20:09	
● Premier Quartier le 07					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 29					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	08:05	17:37	09:37	21:33	
D 2	08:03	17:38	09:53	22:55	
L 3	08:02	17:40	10:08		
M 4	08:00	17:42	10:26	00:18	
M 5	07:59	17:43	10:48	01:43	
J 6	07:57	17:45	11:18	03:08	
V 7	07:56	17:47	11:58	04:28	
S 8	07:54	17:48	12:51	05:39	
D 9	07:53	17:50	13:58	06:35	
L 10	07:51	17:52	15:14	07:16	
M 11	07:50	17:53	16:31	07:46	
M 12	07:48	17:55	17:48	08:07	
J 13	07:46	17:56	19:01	08:24	
V 14	07:44	17:58	20:11	08:38	
S 15	07:43	18:00	21:19	08:51	
D 16	07:41	18:01	22:26	09:03	
L 17	07:39	18:03	23:35	09:16	
M 18	07:37	18:05		09:30	
M 19	07:36	18:06	00:44	09:48	
J 20	07:34	18:08	01:55	10:10	
V 21	07:32	18:09	03:06	10:41	
S 22	07:30	18:11	04:13	11:23	
D 23	07:28	18:13	05:12	12:19	
L 24	07:26	18:14	06:59	13:29	
M 25	07:24	18:16	06:35	14:49	
M 26	07:22	18:17	07:02	16:14	
J 27	07:21	18:19	07:24	17:41	
V 28	07:19	18:21	07:41	19:07	
● Premier Quartier le 05					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 28					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:17	18:22	07:57	20:32	
D 2	07:15	18:24	08:13	21:59	
L 3	07:13	18:25	08:31	23:26	
M 4	07:11	18:27	08:52		
M 5	07:09	18:29	09:19	00:54	
J 6	07:07	18:30	09:56	02:18	
V 7	07:05	18:32	10:46	03:33	
S 8	07:03	18:33	11:49	04:33	
D 9	07:01	18:35	13:02	05:18	
L 10	06:58	18:36	14:18	05:50	
M 11	06:56	18:38	15:34	06:13	
M 12	06:54	18:39	16:47	06:31	
J 13	06:52	18:41	17:58	06:46	
V 14	06:50	18:42	19:06	06:58	
S 15	06:48	18:44	20:13	07:11	
D 16	06:46	18:45	21:22	07:23	
L 17	06:44	18:47	22:31	07:37	
M 18	06:42	18:48	23:41	07:53	
M 19	06:40	18:50		08:13	
J 20	06:38	18:51	00:52	08:39	
V 21	06:36	18:53	02:00	09:16	
S 22	06:33	18:54	03:01	10:05	
D 23	06:31	18:56	03:52	11:08	
L 24	06:29	18:57	04:32	12:22	
M 25	06:27	18:59	05:02	13:44	
M 26	06:25	19:00	05:25	15:08	
J 27	06:23	19:02	05:44	16:33	
V 28	06:21	19:03	06:01	17:59	
S 29	06:19	19:05	06:17	19:27	
D 30	06:17	20:06	07:34	21:56	
L 31	07:15	20:08	07:54	23:28	
● Premier Quartier le 06					
○ Pleine Lune le 14					
● Dernier Quartier le 22					
● Nouvelle Lune le 29					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:12	20:09	08:19		
M 2	07:10	20:11	08:53	00:57	
J 3	07:08	20:12	09:39	02:19	
V 4	07:06	20:14	10:39	03:28	
S 5	07:04	20:15	11:51	04:18	
D 6	07:02	20:17	13:08	04:54	
L 7	07:00	20:18	14:23	05:20	
M 8	06:58	20:20	15:37	05:39	
M 9	06:56	20:21	16:48	05:54	
J 10	06:54	20:23	17:56	06:07	
V 11	06:52	20:24	19:03	06:19	
S 12	06:50	20:26	20:11	06:31	
D 13	06:48	20:27	21:20	06:44	
L 14	06:46	20:29	22:29	06:59	
M 15	06:44	20:30	23:40	07:18	
M 16	06:42	20:32		07:43	
J 17	06:40	20:33	00:49	08:15	
V 18	06:38	20:35	01:53	08:59	
S 19	06:36	20:36	02:47	09:56	
D 20	06:34	20:38	03:30	11:05	
L 21	06:32	20:39	04:02	12:21	
M 22	06:31	20:41	04:27	13:42	
M 23	06:29	20:42	04:47	15:04	
J 24	06:27	20:44	05:04	16:27	
V 25	06:25	20:45	05:20	17:52	
S 26	06:23	20:47	05:36	19:20	
D 27	06:21	20:48	05:55	20:51	
L 28	06:20	20:50	06:17	22:23	
M 29	06:18	20:51	06:47	23:53	
M 30	06:16	20:52	07:29		
● Premier Quartier le 05					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 27					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:15	20:54	08:24	01:11	
V 2	06:13	20:55	09:35	02:10	
S 3	06:11	20:57	10:52	02:53	
D 4	06:10	20:58	12:11	03:23	
L 5	06:08	21:00	13:27	03:45	
M 6	06:06	21:01	14:38	04:01	
M 7	06:05	21:03	15:47	04:15	
J 8	06:03	21:04	16:54	04:27	
V 9	06:02	21:05	18:01	04:39	
S 10	06:00	21:07	19:09	04:52	
D 11	05:59	21:08	20:19	05:07	
L 12	05:57	21:10	21:30	05:25	
M 13	05:56	21:11	22:39	05:47	
M 14	05:55	21:12	23:45	06:17	
J 15	05:53	21:14		06:58	
V 16	05:52	21:15	00:42	07:51	
S 17	05:51	21:16	01:28	08:56	
D 18	05:50	21:18	02:03	10:09	
L 19	05:48	21:19	02:30	11:27	
M 20	05:47	21:20	02:51	12:45	
M 21	05:46	21:21	03:09	14:05	
J 22	05:45	21:23	03:24	15:26	
V 23	05:44	21:24	03:40	16:49	
S 24	05:43	21:25	03:56	18:16	
D 25	05:42	21:26	04:16	19:47	
L 26	05:41	21:27	04:42	21:14	
M 27	05:40	21:28	05:17	22:49	
M 28	05:39	21:30	06:07	23:54	
J 29	05:39	21:31	07:12		
V 30	05:38	21:32	08:29	00:45	
S 31	05:37	21:33	09:51	01:22	
● Premier Quartier le 04					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 27					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	05:36	21:34	11:10	01:47	
L 2	05:36	21:35	12:25	02:06	
M 3	05:35	21:36	13:36	02:21	
M 4	05:35	21:36	14:44	02:34	
J 5	05:34	21:37	15:52	02:46	
V 6	05:34	21:38	16:59	02:59	
S 7	05:33	21:39	18:08	03:13	
D 8	05:33	21:40	19:18	03:30	
L 9	05:33	21:40	20:28	03:51	
M 10	05:32	21:41	21:36	04:18	
M 11	05:32	21:42	22:37	04:56	
J 12	05:32	21:42	23:27	05:46	
V 13	05:32	21:43		06:48	
S 14	05:32	21:43	00:05	08:00	
D 15	05:32	21:44	00:34	09:17	
L 16	05:32	21:44	00:56	10:35	
M 17	05:32	21:45	01:15	11:53	
M 18	05:32	21:45	01:30	13:12	
J 19	05:32	21:45	01:45	14:31	
V 20	05:32	21:46	02:01	15:54	
S 21	05:32	21:46	02:18	17:20	
D 22	05:32	21:46	02:40	18:49	
L 23	05:33	21:46	03:10	20:16	
M 24	05:33	21:46	03:52	21:33	
M 25	05:33	21:46	04:50	22:33	
J 26	05:34	21:46	06:03	23:17	
V 27	05:34	21:46	07:24	23:47	
S 28	05:35	21:46	08:46		
D 29	05:35	21:46	10:05	00:09	
L 30	05:36	21:46	11:20	00:25	
● Premier Quartier le 03					
○ Pleine Lune le 11					
● Dernier Quartier le 18					
● Nouvelle Lune le 25					

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	05:37	21:46	12:30	00:39	
M 2	05:37	21:45	13:39	00:52	
J 3	05:38	21:45	14:46	01:05	
V 4	05:39	21:45	15:55	01:19	
S 5	05:39	21:44	17:05	01:34	
D 6	05:40	21:44	18:15	01:54	
L 7	05:41	21:43	19:25	02:18	
M 8	05:42	21:43	20:28	02:52	
M 9	05:43	21:42	21:23	03:38	
J 10	05:44	21:41	22:05	04:37	
V 11	05:45	21:41	22:37	05:47	
S 12	05:46	21:40	23:01	07:04	
D 13	05:47	21:39	23:21	08:23	
L 14	05:48	21:38	23:37	09:43	
M 15	05:49	21:38	23:52	11:01	
M 16	05:50	21:37		12:20	
J 17	05:51	21:36	00:07	13:41	