

LEVERS et COUCHERS SOLEIL - LUNE CÉRET 2025

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:16	17:28	09:53	18:58	
J 2	08:17	17:29	10:26	20:14	
V 3	08:17	17:30	10:54	21:30	
S 4	08:16	17:31	11:19	22:44	
D 5	08:16	17:32	11:40	23:57	
L 6	08:16	17:33	12:01		
M 7	08:16	17:34	12:24	01:12	
M 8	08:16	17:35	12:49	02:27	
J 9	08:16	17:36	13:21	03:45	
V 10	08:16	17:37	13:59	05:03	
S 11	08:15	17:38	14:49	06:18	
D 12	08:15	17:39	15:50	07:25	
L 13	08:14	17:40	16:58	08:18	
M 14	08:14	17:41	18:11	09:01	
M 15	08:14	17:42	19:23	09:34	
J 16	08:13	17:44	20:31	10:00	
V 17	08:13	17:45	21:37	10:21	
S 18	08:12	17:46	22:40	10:40	
D 19	08:11	17:47	23:42	10:57	
L 20	08:11	17:48		11:15	
M 21	08:10	17:50	00:43	11:34	
M 22	08:09	17:51	01:46	11:55	
J 23	08:09	17:52	02:51	12:20	
V 24	08:08	17:53	03:57	12:52	
S 25	08:07	17:55	05:02	13:32	
D 26	08:06	17:56	06:05	14:23	
L 27	08:05	17:57	07:00	15:26	
M 28	08:04	17:59	07:47	16:37	
M 29	08:03	18:00	08:25	17:54	
J 30	08:02	18:01	08:55	19:12	
V 31	08:01	18:02	09:21	20:29	
● Premier Quartier le 07					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 29					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	08:00	18:04	09:44	21:46	
D 2	07:59	18:05	10:06	23:01	
L 3	07:58	18:06	10:28		
M 4	07:57	18:08	10:53	00:18	
M 5	07:56	18:09	11:22	01:36	
J 6	07:55	18:10	11:58	02:53	
V 7	07:54	18:12	12:43	04:08	
S 8	07:52	18:13	13:39	05:16	
D 9	07:51	18:14	14:43	06:13	
L 10	07:50	18:16	15:54	06:58	
M 11	07:49	18:17	17:06	07:34	
M 12	07:47	18:18	18:15	08:01	
J 13	07:46	18:19	19:22	08:24	
V 14	07:45	18:21	20:26	08:44	
S 15	07:43	18:22	21:29	09:02	
D 16	07:42	18:23	22:30	09:19	
L 17	07:40	18:25	23:33	09:37	
M 18	07:39	18:26		09:57	
M 19	07:37	18:27	00:37	10:20	
J 20	07:36	18:28	01:42	10:48	
V 21	07:34	18:30	02:47	11:24	
S 22	07:33	18:31	03:50	12:09	
D 23	07:31	18:32	04:48	13:06	
L 24	07:30	18:33	05:38	14:13	
M 25	07:28	18:35	06:19	15:28	
M 26	07:27	18:36	06:53	16:45	
J 27	07:25	18:37	07:21	18:04	
V 28	07:24	18:38	07:46	19:23	
● Premier Quartier le 05					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 28					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:22	18:40	08:08	20:41	
D 2	07:20	18:41	08:31	22:00	
L 3	07:19	18:42	08:55	23:21	
M 4	07:17	18:43	09:23		
M 5	07:15	18:44	09:57	00:41	
J 6	07:14	18:46	10:40	01:59	
V 7	07:12	18:47	11:33	03:10	
S 8	07:10	18:48	12:35	04:10	
D 9	07:09	18:49	13:44	04:58	
L 10	07:07	18:50	14:54	05:36	
M 11	07:05	18:52	16:04	06:05	
M 12	07:04	18:53	17:11	06:29	
J 13	07:02	18:54	18:15	06:49	
V 14	07:00	18:55	19:18	07:07	
S 15	06:58	18:56	20:20	07:25	
D 16	06:57	18:57	21:22	07:43	
L 17	06:55	18:59	22:25	08:01	
M 18	06:53	19:00	23:30	08:23	
M 19	06:51	19:01		08:49	
J 20	06:50	19:02	00:34	09:22	
V 21	06:48	19:03	01:38	10:02	
S 22	06:46	19:04	02:37	10:53	
D 23	06:44	19:05	03:30	11:54	
L 24	06:43	19:07	04:13	13:03	
M 25	06:41	19:08	04:49	14:18	
M 26	06:39	19:09	05:19	15:35	
J 27	06:38	19:10	05:45	16:53	
V 28	06:36	19:11	06:08	18:12	
S 29	06:34	19:12	06:31	19:32	
D 30	07:32	20:13	07:55	21:54	
L 31	07:31	20:15	08:21	23:18	
● Premier Quartier le 06					
○ Pleine Lune le 14					
● Dernier Quartier le 22					
● Nouvelle Lune le 29					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:29	20:16	08:54		
M 2	07:27	20:17	09:35	00:40	
J 3	07:25	20:18	10:25	01:57	
V 4	07:24	20:19	11:27	03:04	
S 5	07:22	20:20	12:34	03:57	
D 6	07:20	20:21	13:46	04:38	
L 7	07:19	20:23	14:55	05:10	
M 8	07:17	20:24	16:02	05:35	
M 9	07:15	20:25	17:07	05:56	
J 10	07:14	20:26	18:10	06:14	
V 11	07:12	20:27	19:11	06:31	
S 12	07:10	20:28	20:13	06:49	
D 13	07:09	20:29	21:16	07:07	
L 14	07:07	20:30	22:20	07:28	
M 15	07:05	20:32	23:25	07:53	
M 16	07:04	20:33		08:22	
J 17	07:02	20:34	00:29	09:00	
V 18	07:01	20:35	01:30	09:47	
S 19	06:59	20:36	02:33	10:43	
D 20	06:57	20:37	03:29	11:48	
L 21	06:56	20:38	03:47	12:58	
M 22	06:54	20:40	04:18	14:12	
M 23	06:53	20:41	04:44	15:28	
J 24	06:51	20:42	05:08	16:43	
V 25	06:50	20:43	05:31	18:01	
S 26	06:48	20:44	05:53	19:22	
D 27	06:47	20:45	06:18	20:45	
L 28	06:46	20:46	06:48	22:10	
M 29	06:44	20:48	07:26	23:33	
M 30	06:43	20:49	08:13		
● Premier Quartier le 05					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 27					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:41	20:50	09:12	00:47	
V 2	06:40	20:51	10:20	01:48	
S 3	06:39	20:52	11:33	02:35	
D 4	06:37	20:53	12:44	03:11	
L 5	06:36	20:54	13:54	03:39	
M 6	06:35	20:55	14:59	04:01	
M 7	06:34	20:56	16:03	04:20	
J 8	06:32	20:58	17:04	04:38	
V 9	06:31	20:59	18:06	04:55	
S 10	06:30	21:00	19:08	05:14	
D 11	06:29	21:01	20:11	05:34	
L 12	06:28	21:02	21:16	05:57	
M 13	06:27	21:03	22:20	06:25	
M 14	06:26	21:04	23:23	07:00	
J 15	06:25	21:05		07:44	
V 16	06:24	21:06	00:19	08:37	
S 17	06:23	21:07	01:07	09:40	
D 18	06:22	21:08	01:47	10:48	
L 19	06:21	21:09	02:19	11:59	
M 20	06:20	21:10	02:46	13:11	
M 21	06:19	21:11	03:10	14:24	
J 22	06:18	21:12	03:32	15:39	
V 23	06:18	21:13	03:54	16:55	
S 24	06:17	21:14	04:17	18:15	
D 25	06:16	21:15	04:44	19:38	
L 26	06:15	21:16	05:17	21:02	
M 27	06:15	21:17	05:59	22:22	
M 28	06:14	21:18	06:53	23:31	
J 29	06:14	21:19	07:59		
V 30	06:13	21:19	09:12	00:26	
S 31	06:12	21:20	10:27	01:07	
● Premier Quartier le 04					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 27					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	06:12	21:21	11:40	01:39	
L 2	06:12	21:22	12:48	02:04	
M 3	06:11	21:22	13:53	02:25	
M 4	06:11	21:23	14:56	02:43	
J 5	06:10	21:24	15:57	03:01	
V 6	06:10	21:24	16:59	03:19	
S 7	06:10	21:25	18:02	03:38	
D 8	06:10	21:26	19:07	04:00	
L 9	06:09	21:26	20:11	04:27	
M 10	06:09	21:27	21:15	05:00	
M 11	06:09	21:27	22:13	05:42	
J 12	06:09	21:28	23:05	06:32	
V 13	06:09	21:28	23:47	07:33	
S 14	06:09	21:29		08:40	
D 15	06:09	21:29	00:22	09:51	
L 16	06:09	21:30	00:50	11:02	
M 17	06:09	21:30	01:15	12:14	
M 18	06:09	21:30	01:36	13:26	
J 19	06:09	21:31	01:57	14:39	
V 20	06:10	21:31	02:19	15:55	
S 21	06:10	21:31	02:43	17:14	
D 22	06:10	21:31	03:13	18:35	
L 23	06:10	21:31	03:49	19:56	
M 24	06:11	21:31	04:31	21:10	
M 25	06:11	21:32	05:37	22:12	
J 26	06:11	21:32	06:47	23:00	
V 27	06:12	21:32	08:03	23:36	
S 28	06:12	21:32	09:19		
D 29	06:13	21:32	10:31	00:04	
L 30	06:13	21:31	11:39	00:27	
● Premier Quartier le 03					
○ Pleine Lune le 11					
● Dernier Quartier le 18					
● Nouvelle Lune le 25					

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	06:14	21:31	12:43	00:47	
M 2	06:14	21:31	13:47	01:05	
J 3	06:15	21:31	14:48	01:23	
V 4	06:15	21:31	15:52	01:42	
S 5	06:16	21:30	16:55	02:03	
D 6	06:17	21:30	18:00	02:28	
L 7	06:17	21:30	19:04	02:58	
M 8	06:18	21:29	20:05	03:37	
M 9	06:19	21:29	20:59	04:24	
J 10	06:19	21:29	21:46	05:23	
V 11	06:20	21:28	22:23	06:29	
S 12	06:21	21:27	22:53	07:40	
D 13	06:22	21:27	23:19	08:53	
L 14	06:23	21:26	23:42	10:05	
M 15	06:23	21:26		11:18	
M 16	06:24	21:25	00:02	12:30	
J 17	06:25	21:24	00:23	13:44	