

# LEVERS et COUCHERS SOLEIL - LUNE CARCASSONNE 2025

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:20	17:27	09:57	18:57	
J 2	08:20	17:28	10:30	20:13	
V 3	08:20	17:29	10:58	21:30	
S 4	08:20	17:30	11:21	22:45	
D 5	08:20	17:31	11:42	23:59	
L 6	08:20	17:32	12:03		
M 7	08:20	17:33	12:24	01:14	
M 8	08:20	17:34	12:49	02:30	
J 9	08:20	17:35	13:20	03:49	
V 10	08:19	17:36	13:58	05:08	
S 11	08:19	17:37	14:47	06:23	
D 12	08:19	17:38	15:48	07:30	
L 13	08:18	17:39	16:57	08:23	
M 14	08:18	17:41	18:10	09:06	
M 15	08:17	17:42	19:23	09:38	
J 16	08:17	17:43	20:32	10:03	
V 17	08:16	17:44	21:38	10:23	
S 18	08:16	17:46	22:41	10:42	
D 19	08:15	17:47	23:44	10:59	
L 20	08:14	17:48		11:16	
M 21	08:14	17:49	00:46	11:34	
M 22	08:13	17:51	01:50	11:55	
J 23	08:12	17:52	02:55	12:19	
V 24	08:11	17:53	04:01	12:50	
S 25	08:10	17:54	05:07	13:31	
D 26	08:10	17:56	06:10	14:21	
L 27	08:09	17:57	07:06	15:24	
M 28	08:08	17:58	07:52	16:36	
M 29	08:07	18:00	08:29	17:54	
J 30	08:06	18:01	08:59	19:13	
V 31	08:05	18:02	09:24	20:30	
● Premier Quartier le 07					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 29					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	08:04	18:04	09:46	21:47	
D 2	08:03	18:05	10:07	23:04	
L 3	08:01	18:06	10:29		
M 4	08:00	18:08	10:53	00:21	
M 5	07:59	18:09	11:21	01:39	
J 6	07:58	18:10	11:56	02:57	
V 7	07:57	18:12	12:41	04:13	
S 8	07:55	18:13	13:37	05:21	
D 9	07:54	18:14	14:42	06:18	
L 10	07:53	18:16	15:53	07:03	
M 11	07:51	18:17	17:05	07:38	
M 12	07:50	18:18	18:15	08:05	
J 13	07:49	18:20	19:23	08:27	
V 14	07:47	18:21	20:27	08:46	
S 15	07:46	18:22	21:31	09:03	
D 16	07:44	18:24	22:33	09:20	
L 17	07:43	18:25	23:36	09:38	
M 18	07:42	18:26		09:57	
M 19	07:40	18:28	00:40	10:19	
J 20	07:39	18:29	01:46	10:47	
V 21	07:37	18:30	02:52	11:23	
S 22	07:35	18:32	03:55	12:08	
D 23	07:34	18:33	04:53	13:04	
L 24	07:33	18:34	05:43	14:11	
M 25	07:31	18:35	06:24	15:27	
M 26	07:29	18:37	06:57	16:45	
J 27	07:27	18:38	07:24	18:05	
V 28	07:26	18:39	07:48	19:24	
● Premier Quartier le 05					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 28					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:24	18:41	08:10	20:43	
D 2	07:23	18:42	08:32	22:03	
L 3	07:21	18:43	08:55	23:24	
M 4	07:19	18:44	09:23		
M 5	07:17	18:46	09:56	00:45	
J 6	07:16	18:47	10:38	02:04	
V 7	07:14	18:48	11:31	03:15	
S 8	07:12	18:49	12:33	04:15	
D 9	07:11	18:50	13:42	05:03	
L 10	07:09	18:52	14:53	05:40	
M 11	07:07	18:53	16:03	06:09	
M 12	07:05	18:54	17:11	06:32	
J 13	07:04	18:55	18:16	06:52	
V 14	07:02	18:57	19:20	07:09	
S 15	07:00	18:58	20:22	07:26	
D 16	06:58	18:59	21:25	07:43	
L 17	06:57	19:00	22:28	08:02	
M 18	06:55	19:01	23:34	08:23	
M 19	06:53	19:03		08:48	
J 20	06:51	19:04	00:39	09:20	
V 21	06:49	19:05	01:43	10:00	
S 22	06:48	19:06	02:42	10:51	
D 23	06:46	19:07	03:35	11:52	
L 24	06:44	19:08	04:18	13:02	
M 25	06:42	19:10	04:53	14:17	
M 26	06:41	19:11	05:23	15:35	
J 27	06:39	19:12	05:48	16:54	
V 28	06:37	19:13	06:10	18:14	
S 29	06:35	19:14	06:32	19:35	
D 30	07:33	20:16	07:55	21:57	
L 31	07:32	20:17	08:21	23:22	
● Premier Quartier le 06					
○ Pleine Lune le 14					
● Dernier Quartier le 22					
● Nouvelle Lune le 29					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:30	20:18	08:53		
M 2	07:28	20:19	09:33	00:45	
J 3	07:26	20:20	10:23	02:02	
V 4	07:25	20:21	11:25	03:09	
S 5	07:23	20:23	12:33	04:02	
D 6	07:21	20:24	13:45	04:42	
L 7	07:19	20:25	14:55	05:14	
M 8	07:18	20:26	16:03	05:38	
M 9	07:16	20:27	17:08	05:58	
J 10	07:14	20:28	18:11	06:16	
V 11	07:13	20:30	19:14	06:33	
S 12	07:11	20:31	20:16	06:50	
D 13	07:09	20:32	21:19	07:08	
L 14	07:08	20:33	22:24	07:28	
M 15	07:06	20:34	23:30	07:52	
M 16	07:04	20:35		08:21	
J 17	07:03	20:37	00:34	08:58	
V 18	07:01	20:38	01:35	09:45	
S 19	06:59	20:39	02:28	10:41	
D 20	06:58	20:40	03:14	11:46	
L 21	06:56	20:41	03:52	12:57	
M 22	06:55	20:42	04:22	14:12	
M 23	06:53	20:44	04:48	15:28	
J 24	06:52	20:45	05:11	16:45	
V 25	06:50	20:46	05:32	18:03	
S 26	06:49	20:47	05:54	19:25	
D 27	06:47	20:48	06:19	20:49	
L 28	06:46	20:50	06:48	22:14	
M 29	06:44	20:51	07:25	23:38	
M 30	06:43	20:52	08:11		
● Premier Quartier le 05					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 27					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:41	20:53	09:10	00:52	
V 2	06:40	20:54	10:18	01:53	
S 3	06:39	20:55	11:31	02:40	
D 4	06:37	20:56	12:44	03:15	
L 5	06:36	20:58	13:54	03:42	
M 6	06:35	20:59	15:00	04:04	
M 7	06:33	21:00	16:04	04:22	
J 8	06:32	21:01	17:06	04:40	
V 9	06:31	21:02	18:08	04:56	
S 10	06:30	21:03	19:11	05:14	
D 11	06:29	21:04	20:15	05:34	
L 12	06:27	21:05	21:21	05:56	
M 13	06:26	21:07	22:25	06:24	
M 14	06:25	21:08	23:28	06:59	
J 15	06:24	21:09		07:43	
V 16	06:23	21:10	00:24	08:36	
S 17	06:22	21:11	01:12	09:38	
D 18	06:21	21:12	01:52	10:47	
L 19	06:20	21:13	02:23	11:59	
M 20	06:19	21:14	02:50	13:12	
M 21	06:19	21:15	03:13	14:25	
J 22	06:18	21:16	03:34	15:40	
V 23	06:17	21:17	03:55	16:57	
S 24	06:16	21:18	04:18	18:18	
D 25	06:15	21:19	04:44	19:42	
L 26	06:15	21:20	05:16	21:07	
M 27	06:14	21:21	05:57	22:27	
M 28	06:13	21:22	06:51	23:36	
J 29	06:13	21:22	07:57		
V 30	06:12	21:23	09:10	00:30	
S 31	06:12	21:24	10:26	01:12	
● Premier Quartier le 04					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 27					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	06:11	21:25	11:39	01:43	
L 2	06:11	21:26	12:48	02:07	
M 3	06:10	21:26	13:54	02:27	
M 4	06:10	21:27	14:57	02:45	
J 5	06:09	21:28	16:00	03:02	
V 6	06:09	21:29	17:02	03:20	
S 7	06:09	21:29	18:06	03:39	
D 8	06:09	21:30	19:11	04:00	
L 9	06:08	21:30	20:16	04:26	
M 10	06:08	21:31	21:20	04:59	
M 11	06:08	21:32	22:18	05:40	
J 12	06:08	21:32	23:10	06:30	
V 13	06:08	21:33	23:52	07:31	
S 14	06:08	21:33		08:39	
D 15	06:08	21:34	00:26	09:50	
L 16	06:08	21:34	00:54	11:02	
M 17	06:08	21:34	01:17	12:15	
M 18	06:08	21:35	01:39	13:28	
J 19	06:08	21:35	01:59	14:41	
V 20	06:08	21:35	02:20	15:58	
S 21	06:09	21:35	02:43	17:17	
D 22	06:09	21:36	03:12	18:39	
L 23	06:09	21:36	03:48	20:01	
M 24	06:09	21:36	04:35	21:15	
M 25	06:10	21:36	05:35	22:17	
J 26	06:10	21:36	06:46	23:04	
V 27	06:11	21:36	08:02	23:40	
S 28	06:11	21:36	09:19		
D 29	06:11	21:36	10:31	00:07	
L 30	06:12	21:36	11:40	00:30	
● Premier Quartier le 03					
○ Pleine Lune le 11					
● Dernier Quartier le 18					
● Nouvelle Lune le 25					

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	06:13	21:36	12:45	00:49	
M 2	06:13	21:35	13:49	01:07	
J 3	06:14	21:35	14:51	01:24	
V 4	06:14	21:35	15:55	01:42	
S 5	06:15	21:35	16:59	02:03	
D 6	06:16	21:34	18:05	02:27	
L 7	06:16	21:34	19:09	02:57	
M 8	06:17	21:34	20:10	03:35	
M 9	06:18	21:33	21:05	04:23	
J 10	06:18	21:33	21:50	05:21	
V 11	06:19	21:32	22:27	06:27	
S 12	06:20	21:32	22:57	07:39	
D 13	06:21	21:31	23:22	08:53	
L 14	06:22	21:30	23:44	10:06	
M 15	06:23	21:30		11:19	
M 16	06:23	21:29	00:04	12:32	
J 17	06:24	21:28	00:24	13:47	