

LEVERS et COUCHERS SOLEIL - LUNE BREST 2025

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	09:07	17:35	10:48	19:04	
J 2	09:07	17:36	11:16	20:26	
V 3	09:07	17:37	11:38	21:48	
S 4	09:07	17:38	11:56	23:09	
D 5	09:06	17:40	12:11		
L 6	09:06	17:41	12:27	00:28	
M 7	09:06	17:42	12:43	01:49	
M 8	09:05	17:43	13:03	03:16	
J 9	09:05	17:44	13:28	04:36	
V 10	09:05	17:46	14:01	06:00	
S 11	09:04	17:47	14:47	07:20	
D 12	09:04	17:48	15:47	08:27	
L 13	09:03	17:49	17:00	09:19	
M 14	09:02	17:51	18:17	09:56	
M 15	09:02	17:52	19:35	10:23	
J 16	09:01	17:54	20:50	10:43	
V 17	09:00	17:55	22:01	10:59	
S 18	08:59	17:56	23:09	11:13	
D 19	08:59	17:58		11:25	
L 20	08:58	17:59	00:16	11:38	
M 21	08:57	18:01	01:23	11:52	
M 22	08:56	18:02	02:31	12:07	
J 23	08:55	18:04	03:42	12:27	
V 24	08:54	18:06	04:53	12:54	
S 25	08:53	18:07	06:03	13:31	
D 26	08:51	18:09	07:08	14:20	
L 27	08:50	18:10	08:02	15:25	
M 28	08:49	18:12	08:45	16:41	
M 29	08:48	18:13	09:17	18:04	
J 30	08:47	18:15	09:41	19:29	
V 31	08:45	18:17	10:01	20:52	
● Premier Quartier le 07					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 29					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	08:44	18:18	10:17	22:15	
D 2	08:43	18:20	10:33	23:38	
L 3	08:41	18:21	10:50		
M 4	08:40	18:23	11:08	01:00	
M 5	08:38	18:25	11:31	02:24	
J 6	08:37	18:26	12:01	03:49	
V 7	08:35	18:28	12:41	05:09	
S 8	08:34	18:29	13:36	06:19	
D 9	08:32	18:31	14:43	07:15	
L 10	08:31	18:33	15:58	07:56	
M 11	08:29	18:34	17:16	08:25	
M 12	08:27	18:36	18:31	08:47	
J 13	08:26	18:38	19:44	09:04	
V 14	08:24	18:39	20:53	09:19	
S 15	08:22	18:41	22:01	09:32	
D 16	08:21	18:42	23:08	09:44	
L 17	08:19	18:44		09:57	
M 18	08:17	18:46	00:16	10:12	
M 19	08:15	18:47	01:26	10:29	
J 20	08:13	18:49	02:36	10:53	
V 21	08:12	18:50	03:46	11:24	
S 22	08:10	18:52	04:53	12:07	
D 23	08:08	18:54	05:51	13:03	
L 24	08:06	18:55	06:38	14:13	
M 25	08:04	18:57	07:15	15:34	
M 26	08:02	18:58	07:42	16:58	
J 27	08:00	19:00	08:03	18:24	
V 28	07:58	19:01	08:21	19:50	
● Premier Quartier le 05					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 28					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:56	19:03	08:38	21:15	
D 2	07:55	19:04	08:54	22:40	
L 3	07:53	19:06	09:13		
M 4	07:51	19:08	09:34	00:08	
M 5	07:49	19:09	10:02	01:35	
J 6	07:47	19:11	10:39	02:59	
V 7	07:45	19:12	11:30	04:13	
S 8	07:43	19:14	12:33	05:13	
D 9	07:41	19:15	13:46	05:57	
L 10	07:39	19:17	15:02	06:29	
M 11	07:36	19:18	16:17	06:53	
M 12	07:34	19:20	17:30	07:11	
J 13	07:32	19:21	18:40	07:26	
V 14	07:30	19:23	19:48	07:39	
S 15	07:28	19:24	20:55	07:51	
D 16	07:26	19:26	22:03	08:04	
L 17	07:24	19:27	23:12	08:18	
M 18	07:22	19:29		08:34	
M 19	07:20	19:30	00:22	08:55	
J 20	07:18	19:32	01:32	09:23	
V 21	07:16	19:33	02:39	10:00	
S 22	07:14	19:35	03:41	10:49	
D 23	07:12	19:36	04:31	11:52	
L 24	07:10	19:38	05:11	13:06	
M 25	07:08	19:39	05:42	14:27	
M 26	07:05	19:41	06:05	15:51	
J 27	07:03	19:42	06:24	17:17	
V 28	07:01	19:44	06:41	18:42	
S 29	06:59	19:45	06:58	20:09	
D 30	06:57	20:46	08:15	22:38	
L 31	07:55	20:48	08:35		
● Premier Quartier le 06					
○ Pleine Lune le 14					
● Dernier Quartier le 22					
● Nouvelle Lune le 29					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:53	20:49	09:01	00:09	
M 2	07:51	20:51	09:36	01:38	
J 3	07:49	20:52	10:23	03:00	
V 4	07:47	20:54	11:24	04:07	
S 5	07:45	20:55	12:35	04:57	
D 6	07:43	20:57	13:52	05:33	
L 7	07:41	20:58	15:07	05:59	
M 8	07:39	21:00	16:20	06:18	
M 9	07:37	21:01	17:31	06:34	
J 10	07:35	21:03	18:38	06:47	
V 11	07:33	21:04	19:45	07:00	
S 12	07:31	21:06	20:52	07:12	
D 13	07:29	21:07	22:01	07:26	
L 14	07:27	21:08	23:10	07:41	
M 15	07:25	21:10		08:01	
M 16	07:23	21:11	00:20	08:25	
J 17	07:21	21:13	01:29	08:59	
V 18	07:19	21:14	02:32	09:44	
S 19	07:17	21:16	03:26	10:40	
D 20	07:15	21:17	04:09	11:49	
L 21	07:13	21:19	04:41	13:05	
M 22	07:12	21:20	05:07	14:25	
M 23	07:10	21:22	05:27	15:47	
J 24	07:08	21:23	05:44	17:10	
V 25	07:06	21:25	06:01	18:34	
S 26	07:04	21:26	06:17	20:02	
D 27	07:03	21:27	06:36	21:33	
L 28	07:01	21:29	06:59	23:05	
M 29	06:59	21:30	07:30		
M 30	06:57	21:32	08:12	00:33	
● Premier Quartier le 05					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 27					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:56	21:33	09:09	01:50	
V 2	06:54	21:35	10:19	02:50	
S 3	06:52	21:36	11:37	03:33	
D 4	06:51	21:38	12:55	04:02	
L 5	06:49	21:39	14:10	04:24	
M 6	06:48	21:40	15:21	04:41	
M 7	06:46	21:42	16:29	04:55	
J 8	06:45	21:43	17:37	05:08	
V 9	06:43	21:45	18:43	05:20	
S 10	06:42	21:46	19:51	05:34	
D 11	06:40	21:47	21:00	05:48	
L 12	06:39	21:49	22:10	06:06	
M 13	06:38	21:50	23:20	06:29	
M 14	06:36	21:51		07:01	
J 15	06:35	21:53	00:25	07:42	
V 16	06:34	21:54	01:22	08:35	
S 17	06:32	21:55	02:07	09:40	
D 18	06:31	21:57	02:43	10:53	
L 19	06:30	21:58	03:10	12:10	
M 20	06:29	21:59	03:31	13:29	
M 21	06:28	22:00	03:49	14:48	
J 22	06:27	22:02	04:05	16:09	
V 23	06:26	22:03	04:20	17:32	
S 24	06:25	22:04	04:37	18:58	
D 25	06:24	22:05	04:58	20:28	
L 26	06:23	22:06	05:25	22:00	
M 27	06:22	22:07	06:01	23:24	
M 28	06:21	22:08	06:51		
J 29	06:20	22:09	07:57	00:33	
V 30	06:20	22:10	09:14	01:25	
S 31	06:19	22:11	10:35	02:01	
● Premier Quartier le 04					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 27					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	06:18	22:12	11:54	02:26	
L 2	06:18	22:13	13:08	02:46	
M 3	06:17	22:14	14:18	03:01	
M 4	06:16	22:15	15:27	03:15	
J 5	06:16	22:16	16:33	03:27	
V 6	06:16	22:17	17:41	03:40	
S 7	06:15	22:18	18:49	03:55	
D 8	06:15	22:18	19:59	04:12	
L 9	06:14	22:19	21:09	04:33	
M 10	06:14	22:20	22:16	05:02	
M 11	06:14	22:20	23:16	05:40	
J 12	06:14	22:21		06:30	
V 13	06:14	22:22	00:06	07:33	
S 14	06:14	22:22	00:44	08:44	
D 15	06:13	22:23	01:14	10:00	
L 16	06:13	22:23	01:36	11:18	
M 17	06:13	22:23	01:55	12:36	
M 18	06:14	22:24	02:10	13:54	
J 19	06:14	22:24	02:26	15:14	
V 20	06:14	22:24	02:42	16:35	
S 21	06:14	22:25	03:00	18:01	
D 22	06:14	22:25	03:23	19:30	
L 23	06:15	22:25	03:53	20:56	
M 24	06:15	22:25	04:36	22:13	
M 25	06:15	22:25	05:35	23:13	
J 26	06:16	22:25	06:47	23:56	
V 27	06:16	22:25	08:08		
S 28	06:17	22:25	09:31	00:26	
D 29	06:17	22:25	10:48	00:48	
L 30	06:18	22:25	12:02	01:06	
● Premier Quartier le 10					
○ Pleine Lune le 11					
● Dernier Quartier le 18					
● Nouvelle Lune le 25					

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	06:18	22:24	13:12	01:20	
M 2	06:19	22:24	14:20	01:33	
J 3	06:20	22:24	15:28	01:46	
V 4	06:21	22:23	16:36	02:00	
S 5	06:21	22:23	17:46	02:16	
D 6	06:22	22:22	18:56	02:36	
L 7	06:23	22:22	20:05	03:01	
M 8	06:24	22:21	21:08	03:36	
M 9	06:25	22:21	22:02	04:22	
J 10	06:26	22:20	22:44	05:21	
V 11	06:27	22:20	23:16	06:31	
S 12	06:27	22:19	23:41	07:48	
D 13	06:28	22:18		09:07	
L 14	06:30	22:17	00:01	10:25	
M 15	06:31	22:16	00:17	11:44	
M 16	06:32	22:16	00:32	13:03	
J 17	06:33	22:15	00:48	14:23	