

# LEVERS et COUCHERS SOLEIL - LUNE ARLES 2025

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	08:13	17:16	09:50	18:46	
J 2	08:13	17:17	10:22	20:03	
V 3	08:13	17:18	10:49	21:20	
S 4	08:13	17:19	11:12	22:35	
D 5	08:13	17:20	11:33	23:50	
L 6	08:13	17:21	11:53		
M 7	08:12	17:22	12:14	01:05	
M 8	08:12	17:23	12:39	02:22	
J 9	08:12	17:24	13:09	03:41	
V 10	08:12	17:26	13:47	05:00	
S 11	08:11	17:27	14:35	06:15	
D 12	08:11	17:28	15:36	07:23	
L 13	08:11	17:29	16:45	08:16	
M 14	08:10	17:30	17:59	08:58	
M 15	08:10	17:31	19:12	09:30	
J 16	08:09	17:33	20:21	09:55	
V 17	08:08	17:34	21:28	10:15	
S 18	08:08	17:35	22:32	10:33	
D 19	08:07	17:36	23:35	10:49	
L 20	08:06	17:38		11:06	
M 21	08:06	17:39	00:37	11:24	
M 22	08:05	17:40	01:41	11:44	
J 23	08:04	17:41	02:46	12:08	
V 24	08:03	17:43	03:53	12:39	
S 25	08:03	17:44	05:00	13:19	
D 26	08:02	17:45	06:03	14:09	
L 27	08:01	17:47	06:58	15:13	
M 28	08:00	17:48	07:45	16:25	
M 29	07:59	17:49	08:21	17:43	
J 30	07:58	17:51	08:51	19:02	
V 31	07:57	17:52	09:16	20:20	
● Premier Quartier le 07					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 29					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:56	17:54	09:38	21:38	
D 2	07:54	17:55	09:58	22:54	
L 3	07:53	17:56	10:19		
M 4	07:52	17:58	10:43	00:12	
M 5	07:51	17:59	11:11	01:31	
J 6	07:50	18:00	11:45	02:49	
V 7	07:48	18:02	12:29	04:05	
S 8	07:47	18:03	13:25	05:14	
D 9	07:46	18:04	14:30	06:11	
L 10	07:45	18:06	15:42	06:55	
M 11	07:43	18:07	16:54	07:30	
M 12	07:42	18:09	18:05	07:57	
J 13	07:40	18:10	19:13	08:18	
V 14	07:39	18:11	20:18	08:37	
S 15	07:38	18:13	21:21	08:54	
D 16	07:36	18:14	22:24	09:11	
L 17	07:35	18:15	23:28	09:28	
M 18	07:33	18:17		09:47	
M 19	07:32	18:18	00:32	10:09	
J 20	07:30	18:19	01:38	10:36	
V 21	07:28	18:21	02:44	11:11	
S 22	07:27	18:22	03:48	11:56	
D 23	07:25	18:23	04:46	12:52	
L 24	07:24	18:25	05:36	14:00	
M 25	07:22	18:26	06:16	15:15	
M 26	07:20	18:27	06:49	16:34	
J 27	07:19	18:28	07:16	17:55	
V 28	07:17	18:30	07:39	19:14	
● Premier Quartier le 05					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 28					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
S 1	07:15	18:31	08:01	20:34	
D 2	07:14	18:32	08:22	21:54	
L 3	07:12	18:34	08:45	23:16	
M 4	07:10	18:35	09:12		
M 5	07:09	18:36	09:45	00:37	
J 6	07:07	18:37	10:27	01:56	
V 7	07:05	18:39	11:19	03:08	
S 8	07:03	18:40	12:21	04:08	
D 9	07:02	18:41	13:31	04:56	
L 10	07:00	18:42	14:42	05:33	
M 11	06:58	18:44	15:53	06:01	
M 12	06:56	18:45	17:01	06:23	
J 13	06:55	18:46	18:06	06:43	
V 14	06:53	18:47	19:10	07:00	
S 15	06:51	18:49	20:13	07:17	
D 16	06:49	18:50	21:16	07:34	
L 17	06:47	18:52	22:20	07:52	
M 18	06:46	18:52	23:26	08:12	
M 19	06:44	18:53		08:37	
J 20	06:42	18:55	00:31	09:09	
V 21	06:40	18:56	01:36	09:49	
S 22	06:38	18:57	02:35	10:39	
D 23	06:37	18:58	03:27	11:40	
L 24	06:35	18:59	04:10	12:50	
M 25	06:33	19:01	04:45	14:06	
M 26	06:31	19:02	05:15	15:25	
J 27	06:29	19:03	05:39	16:44	
V 28	06:28	19:04	06:01	18:04	
S 29	06:26	19:05	06:22	19:26	
D 30	07:24	20:07	07:45	21:49	
L 31	07:22	20:08	08:11	23:13	
● Premier Quartier le 06					
○ Pleine Lune le 14					
● Dernier Quartier le 22					
● Nouvelle Lune le 29					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:20	20:09	08:42		
M 2	07:19	20:10	09:22	00:37	
J 3	07:17	20:11	10:12	01:55	
V 4	07:15	20:13	11:13	03:02	
S 5	07:13	20:14	12:21	03:55	
D 6	07:12	20:15	13:33	04:35	
L 7	07:10	20:16	14:44	05:06	
M 8	07:08	20:17	15:52	05:30	
M 9	07:06	20:19	16:58	05:50	
J 10	07:05	20:20	18:01	06:07	
V 11	07:03	20:21	19:04	06:23	
S 12	07:01	20:22	20:07	06:40	
D 13	06:59	20:23	21:11	06:58	
L 14	06:58	20:25	22:16	07:18	
M 15	06:56	20:26	23:22	07:41	
M 16	06:54	20:27		08:10	
J 17	06:53	20:28	00:26	08:47	
V 18	06:51	20:29	01:27	09:33	
S 19	06:49	20:31	02:21	10:29	
D 20	06:48	20:32	03:07	11:35	
L 21	06:46	20:33	03:44	12:46	
M 22	06:45	20:34	04:14	14:01	
M 23	06:43	20:35	04:39	15:18	
J 24	06:42	20:37	05:02	16:35	
V 25	06:40	20:38	05:23	17:54	
S 26	06:39	20:39	05:45	19:16	
D 27	06:37	20:40	06:09	20:40	
L 28	06:36	20:41	06:37	22:06	
M 29	06:34	20:43	07:13	23:30	
M 30	06:33	20:44	08:00		
● Premier Quartier le 05					
○ Pleine Lune le 13					
● Dernier Quartier le 21					
● Nouvelle Lune le 27					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:31	20:45	08:58	00:45	
V 2	06:30	20:46	10:06	01:46	
S 3	06:28	20:47	11:20	02:32	
D 4	06:27	20:48	12:33	03:07	
L 5	06:26	20:50	13:43	03:34	
M 6	06:24	20:51	14:50	03:55	
M 7	06:23	20:52	15:54	04:14	
J 8	06:22	20:53	16:57	04:30	
V 9	06:21	20:54	17:59	04:47	
S 10	06:19	20:55	19:02	05:04	
D 11	06:18	20:56	20:07	05:23	
L 12	06:17	20:58	21:13	05:46	
M 13	06:16	20:59	22:18	06:13	
M 14	06:15	21:00	23:21	06:47	
J 15	06:14	21:01		07:31	
V 16	06:13	21:02	00:17	08:24	
S 17	06:12	21:03	01:05	09:27	
D 18	06:11	21:04	01:44	10:35	
L 19	06:10	21:05	02:15	11:48	
M 20	06:09	21:06	02:41	13:01	
M 21	06:08	21:07	03:04	14:15	
J 22	06:07	21:08	03:25	15:31	
V 23	06:06	21:09	03:46	16:48	
S 24	06:06	21:10	04:08	18:09	
D 25	06:05	21:11	04:33	19:34	
L 26	06:04	21:12	05:05	20:59	
M 27	06:03	21:13	05:46	22:19	
M 28	06:03	21:14	06:39	23:29	
J 29	06:02	21:15	07:45		
V 30	06:01	21:16	08:59	00:23	
S 31	06:01	21:17	10:15	01:04	
● Premier Quartier le 04					
○ Pleine Lune le 12					
● Dernier Quartier le 20					
● Nouvelle Lune le 27					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	06:00	21:17	11:29	01:35	
L 2	06:00	21:18	12:38	01:59	
M 3	05:59	21:19	13:44	02:18	
M 4	05:59	21:20	14:48	02:36	
J 5	05:59	21:20	15:51	02:53	
V 6	05:58	21:21	16:53	03:10	
S 7	05:58	21:22	17:57	03:28	
D 8	05:58	21:22	19:03	03:50	
L 9	05:58	21:23	20:08	04:15	
M 10	05:57	21:24	21:13	04:47	
M 11	05:57	21:24	22:11	05:28	
J 12	05:57	21:25	23:02	06:19	
V 13	05:57	21:25	23:45	07:20	
S 14	05:57	21:26		08:27	
D 15	05:57	21:26	00:18	09:39	
L 16	05:57	21:26	00:45	10:52	
M 17	05:57	21:27	01:09	12:05	
M 18	05:57	21:27	01:30	13:18	
J 19	05:57	21:27	01:50	14:32	
V 20	05:58	21:28	02:10	15:49	
S 21	05:58	21:28	02:33	17:09	
D 22	05:58	21:28	03:01	18:31	
L 23	05:58	21:28	03:27	19:54	
M 24	05:59	21:28	04:23	21:08	
M 25	05:59	21:28	05:23	22:09	
J 26	05:59	21:28	06:34	22:57	
V 27	06:00	21:28	07:51	23:32	
S 28	06:00	21:28	09:08	23:59	
D 29	06:01	21:28	10:20		
L 30	06:01	21:28	11:30	00:21	
● Premier Quartier le 03					
○ Pleine Lune le 11					
● Dernier Quartier le 18					
● Nouvelle Lune le 25					

JUILLET					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	06:02	21:28	12:35	00:40	
M 2	06:02	21:28	13:39	00:57	
J 3	06:03	21:28	14:42	01:14	
V 4	06:04	21:27	15:46	01:32	
S 5	06:04	21:27	16:51	01:52	
D 6	06:05	21:27	17:57	02:16	
L 7	06:06	21:26	19:02	02:46	
M 8	06:06	21:26	20:03	03:24	
M 9	06:07	21:26	20:57	04:11	
J 10	06:08	21:25	21:43	05:09	
V 11	06:09	21:25	22:19	06:16	
S 12	06:09	21:24	22:49	07:28	
D 13	06:10	21:23	23:14	08:42	
L 14	06:11	21:23	23:35	09:56	
M 15	06:12	21:22	23:55	11:09	
M 16	06:13	21:21		12:22	
J 17	06:14	21:21	00:15	13:38	